



CARE ALLIANCE IRELAND

What You Need to Know:

Co-creating information for Health & Social Care Professionals Working with Ukrainian family carers in Ireland

PPI Summer School 2023

WORKSHOP OUTLINE

MAIN TOPICS

Introductions: Meet the Project Team
Care Alliance & How We Work
Context for the Project: Ukraine and Ireland
The Idea
The Booklet
The Challenges
Developing Something Similar!



MEET THE TEAM

Eugene Kavun

Liam O'Sullivan

Tetyana Krevets

Zoe Hughes



Care Alliance Ireland

A little bit about how we work

Umbrella Organisation

- 98 Member Organisations
- Across the health & social care sectors
- Disability & Condition Specific
- Family carer support often a secondary issue

Family Carer Supports

- Covid-19: Created Online Support Group
- Now 5k+ members
- Also deliver online education and back-to-employment supports
- National Carers Week

Organisational Supports

- Research
 - Research group
 - Publications
 - Collaborative
- Policy
 - Submissions
 - Discussion with policy makers
- "Macro-Advocacy"

We Support Organisations to Support Family Carers

- Discussion Papers
 - Defining Carers
 - Family carers and being a 'hero'
 - Family Caring and Minority Populations
- Infographics
 - Statistics, key topics to be aware of, etc
- Specific Guides
 - PPI - A Guide for Not-For-Profit and Community Groups New to Research
- General Supports for Member Organisations
 - Email, phone, etc.
 - I'm always available for a chat!

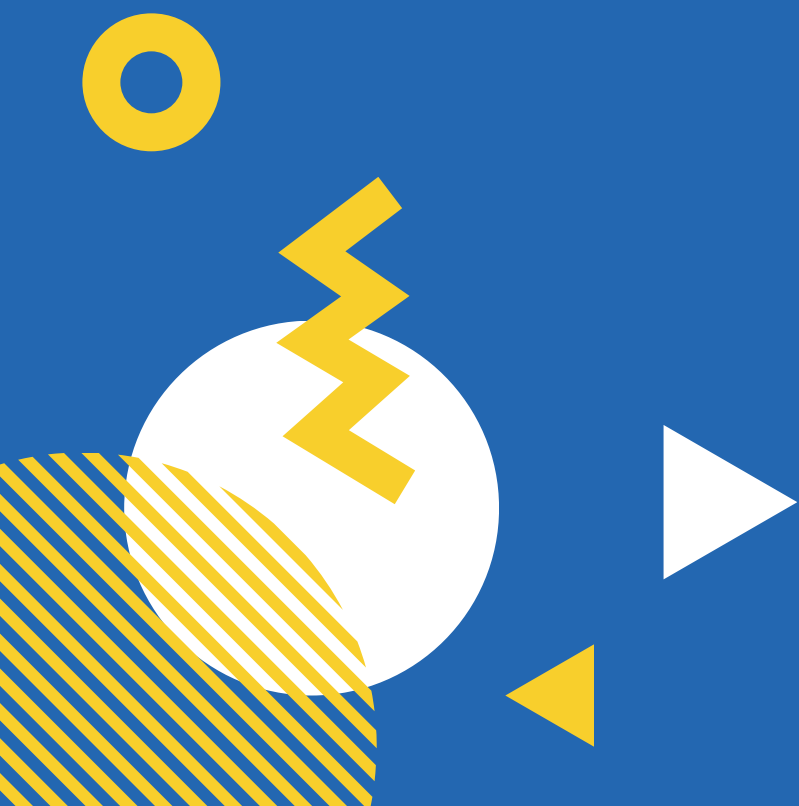
Context: Ukraine

- Ukraine is a country in Europe, which declared independence on August 24 1991
- The country was declared an independent nation following the All-Ukrainian Referendum on December 1 1991
- 1995: Ukraine became a member of the Council of Europe
- 1996: National currency, the hryvnia, introduced
- 2014: The Russo - Ukrainian War began
- 2022: A major escalation of the War with Russia occupying large sections of the country



UKRAINE & IRELAND

ROUGH TIMELINE



24 FEBRUARY 2022

Russian troops ordered to
occupy parts of Ukraine

WITHIN DAYS

Million's of Ukrainians flee the
country because of the war

2ND MARCH 2022

First displaced Ukrainians arrive
in Ireland

END MARCH 2023

76,175 Ukrainians living in Ireland

Key challenges for Ukrainians in Ireland



EVERYTHING IS NEW

The health, social, education and other systems are very different from what they are used to



LANGUAGE

Many of those coming to Ireland do not speak English, or if they do it's very basic, so communication is difficult



EVEN MORE DIFFICULT FOR SICK OR DISABLED PEOPLE

The systems are very complicated, even if you are used to them and speak perfect English!



FOR FAMILY CARERS

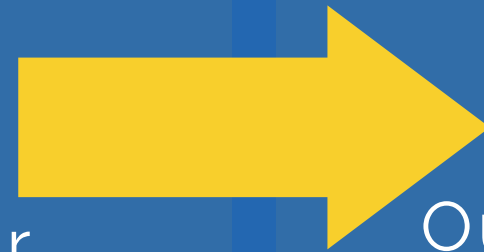
Hard to know where to go, who to talk to, or what supports you are entitled to



Developing The Project

PPI Ignite w/UL

Development of "PPI: A Guide for Not-for-Profit and Community Groups New to Research"



CEO Volunteering

Our CEO volunteered with Ukrainian groups in his local area & saw a need for a resource around Ukrainian family carers



Contacting PPI Partners

Eugene & Tetyana



Funding

Community Foundation "Ireland for Ukraine" scheme



Supporting Ukrainian Family carers in Ireland

Project details

Strand 1: Carers Week Packages

- 50 tailored Carers Week merchandise packs sent to Ukrainian family carers

Strand 2: Guidebook for Organisations

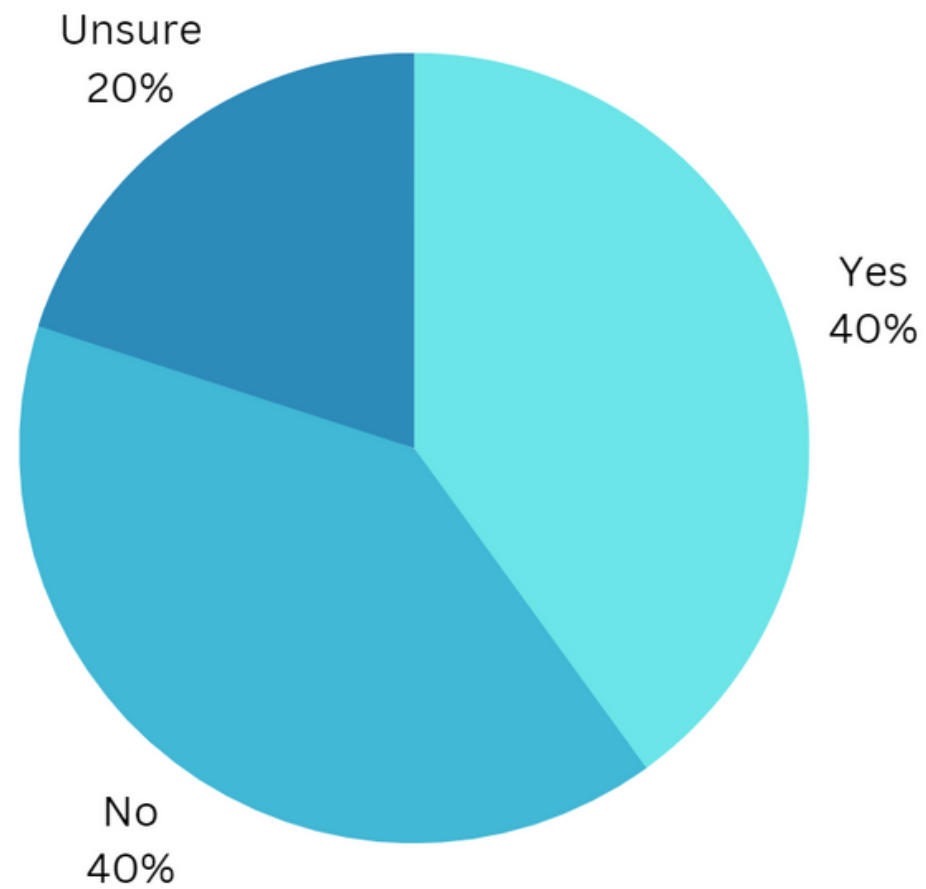
- Co-created with Ukrainian family carers/ Ukrainian nationals in Ireland
- Audience is health & social care professionals working with family carers



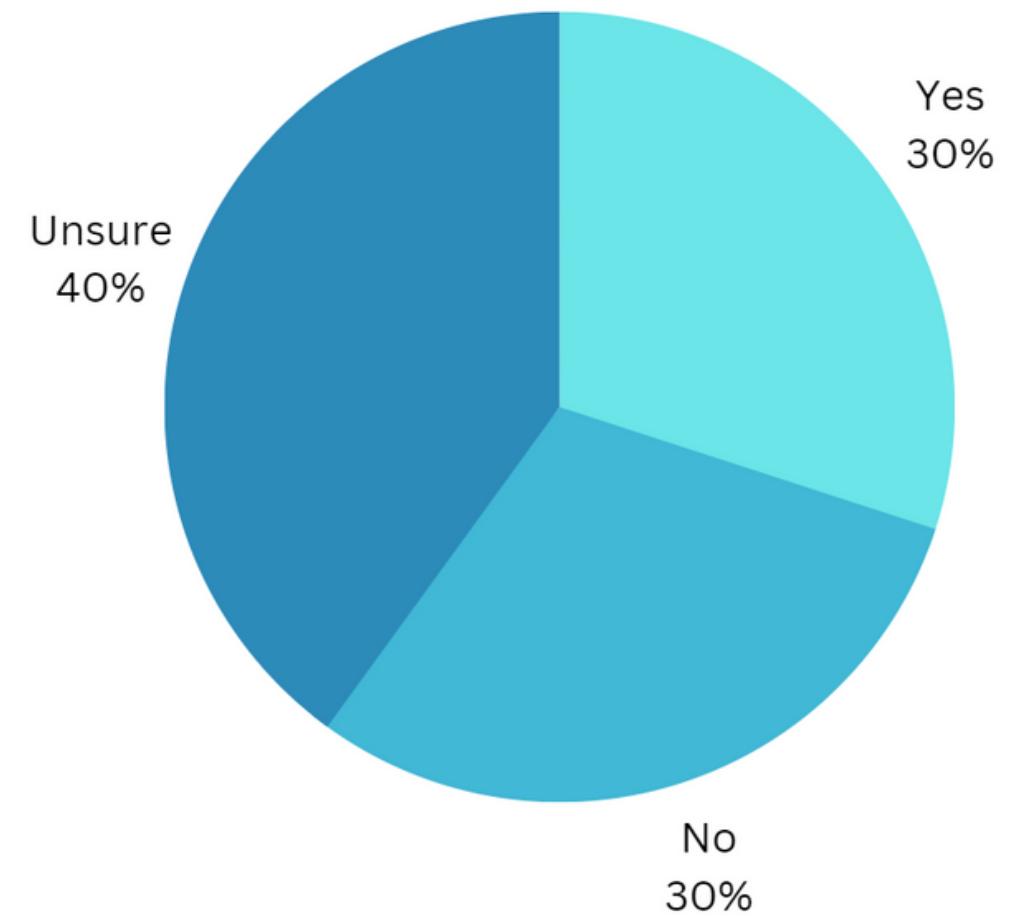
Total awarded: €10,000

Care Alliance Member Survey

Has your organisation been approached by Ukrainian family carers, or by any local volunteer organisations, for information on supporting family carers from Ukraine, or those they care for?

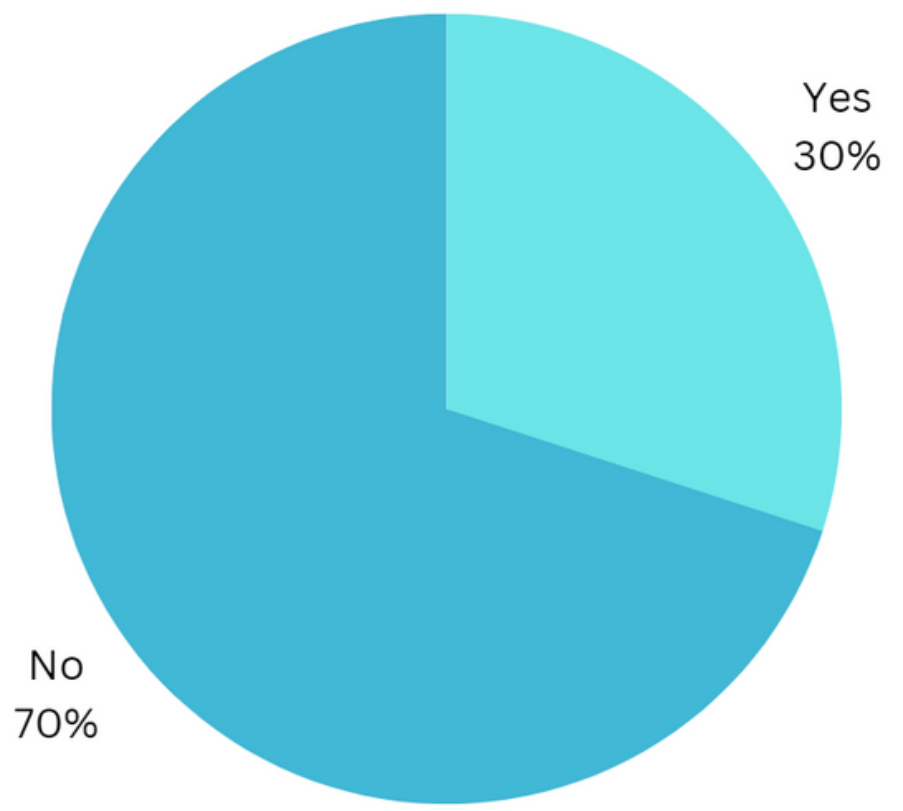


Do you feel that your organisation is equipped to provide information or support to Ukrainian family carers at the current time?

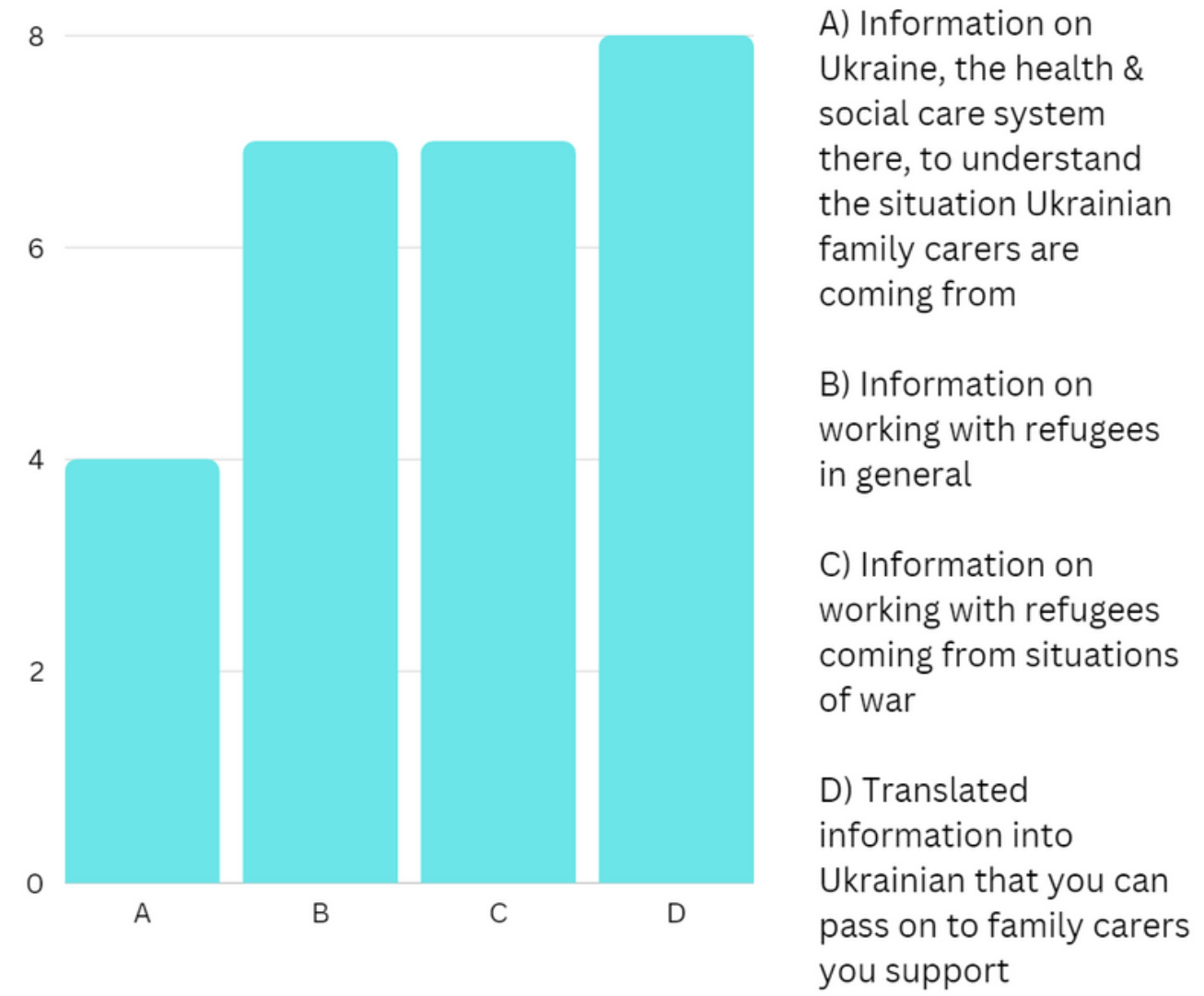


Care Alliance Member Survey (2)

Are you currently supporting Ukrainian family carers in your organisation?



What would assist your organisation to be in a position to better support Ukrainian family carers in your community?



Booklet Outline

- Introduction
 - Background to CAI
 - Team introduction
 - Background on the project/
explaining focus on H&SC
professionals
- Ukraine - An Overview
 - History
 - Culture
 - The Health System
- Main Challenges for Ukrainian Family Carers in Ireland
 - Language
 - Access to Healthcare
 - Access to Social Care
 - Access to Social Welfare
- A Note on **Being** with Trauma
- Supports for Ukrainian Family Carers in Ireland (Signposting)
 - Family carer organisations
 - Condition specific organisations
 - Local Ukrainian groups
 - Etc.

Project Challenges



COMMUNICATION &
ORGANISATION



LANGUAGE



COMMUNITY
DEVELOPMENT



HELPING EACH
OTHER



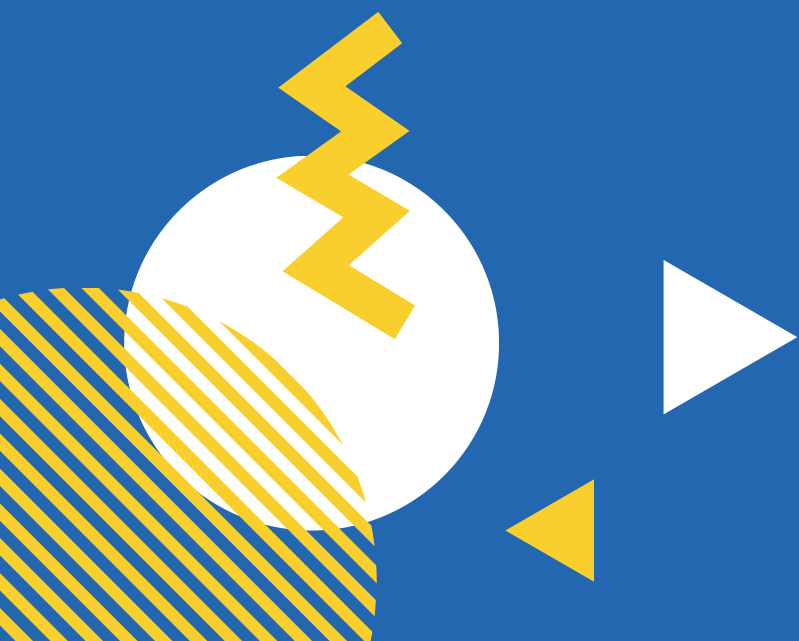


TIME FOR A BREAK!

EXERCISE

GROUPS
OF 5/6

PEOPLE



Identify a Topic

Could be very specific or very broad

Who?

Doctors? Nurses? Social Workers? Volunteers? Is it cross-cutting?

Why?

Why is there a problem?

Why is more information needed?

What?

What are the challenges to working this way?

What can you do to address them?

How?

How can you involve patients/carers/public?

How can you get the information into professionals hands?

How can you get funding?



FEEDBACK

