

RESOURCES

Rest Assured: A study of unpaid carers' experience of short breaks (2012)	Institute for Research and Innovation in Social Services for Shared Care Scotland	Research www.sharedcarescotland.org.uk/resources/publications.html
Rest Assured: Questions to guide local discussions on how to improve short break provision (2012)	Shared Care Scotland	Tool https://www.sharedcarescotland.org.uk/resources/research/rest-assured/
It's About Time: An overview of short breaks planning and provision in Scotland (2010)	Reid Howie Associates for Shared Care Scotland	Research https://www.sharedcarescotland.org.uk/wp-content/uploads/2015/01/Its-About-Time-Report-Nov-2010.pdf
Evaluation Report of Time to Live (micro grant) Programme - October 2012 to September 2013 (2014)	Shared Care Scotland / Short Breaks Fund	Evaluation https://www.sharedcarescotland.org.uk/wp-content/uploads/2015/01/02292-Short-Breaks-Fund-evaluation-report-on-Time-to-live.pdf
Short Break Planner: one-stop-shop with information and support to help plan a short break	Shared Care Scotland	Web-based resource https://www.sharedcarescotland.org.uk/resources/short-break-planner/
Short Breaks Stories – creative examples that illustrate personalised breaks (2016)	Shared Care Scotland	Publication https://www.sharedcarescotland.org.uk/wp-content/uploads/2015/11/Short-Break-Stories-A41.pdf
National Short Breaks Directory	Shared Care Scotland	Web-based service directory https://www.sharedcarescotland.org.uk/directory/?action=search
Short Break Stories - Short Breaks Fund Reports	Shared Care Scotland/Short Breaks Fund	Website https://shortbreakstories.org.uk/

Digital Case Studies	Shared Care Scotland	Video https://www.sharedcarescotland.org.uk/resources/short-break-planner/case-studies/
Easy Consultation Toolkit: a toolkit to help short break providers with consultation (2014)	Shared Care Scotland / Short Breaks Fund	Publication https://www.sharedcarescotland.org.uk/resources/tools/consultation-toolkit/
Easy Evaluation Toolkit: a toolkit to help short break providers to evaluate the outcomes of short breaks in any setting (2013)	Shared Care Scotland / Short Breaks Fund	Publication https://www.sharedcarescotland.org.uk/resources/tools/evaluation-toolkit/
Short Breaks for the Long Term: Sustainability Guide (2016)	Shared Care Scotland / Short Breaks Fund	Publication https://www.sharedcarescotland.org.uk/resources/tools/the-sustainability-guide/
Good Practice Guide to Developing a Short Break Bureau (2008)	Shared Care Scotland	Report https://www.sharedcarescotland.org.uk/wp-content/uploads/2015/01/SBBFINAL.pdf
Short Breaks Unit Costing Tool	Shared Care Scotland	Tool https://www.sharedcarescotland.org.uk/resources/tools/unit-costs/
Making a Statement: Guide to developing a local Short Breaks Services Statement (2018)	Shared Care Scotland	Publication https://www.sharedcarescotland.org.uk/resources/carers-act-overview/making-a-statement-guide-to-developing-a-short-break-services-statement/
Carers (Scotland) Act 2016 Summary of key provision	Shared Care Scotland	Policy briefing https://www.sharedcarescotland.org.uk/resources/carers-act-overview/carers-scotland-act-2016-main-provisions/
Caring in Scotland Report 2015	Scottish Government	Research https://www2.gov.scot/Topics/Statistics/Browse/Health/Data/Carers



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