

# THE ALZHEIMER SOCIETY of IRELAND

## Dementia Carers Campaign Network (DCCN)







## Objectives of Presentation

Engaging Dementia Carers in Research- Dos & Don'ts

Challenges for Carers Engaging in Research

Benefits of Engaging Carers in Research



#### Engaging Dementia Carers in Research

Share clear participation criteria

Involve carers from the start

Provide accessible and timely information

Explain the context and purpose

Circulate notes and documents in advance

Where possible, allow carers to review their contribution



### Engaging Dementia Carers in Research

Keep an open mind

Keep meetings/discussions focused

Involve carers with different experiences

Remember the person we care/cared for

Share your results!



## Challenges for Carers Engaging in Research

Time and focus

Location

Language and jargon

Health needs of carers

Changes in the caring role



## Benefits of Engaging Carers in Research

## **Family Carers**

- Valuable contribution
- Address isolation
- Increase knowledge



## Benefits of Engaging Carers in Research

## Research Team

- Value of the lived experience
- Ensure research is relevant
- Prioritising within the research agenda



#### **Get in Touch!**

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