

Having An Impact– Supporting High Quality Family Carer Training

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Background

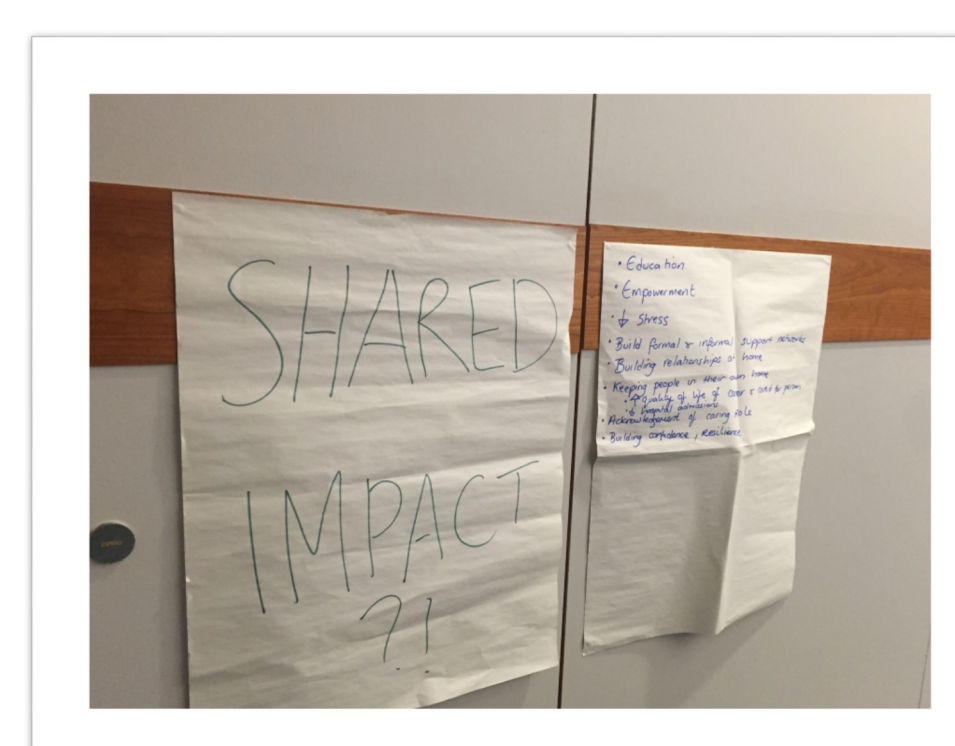
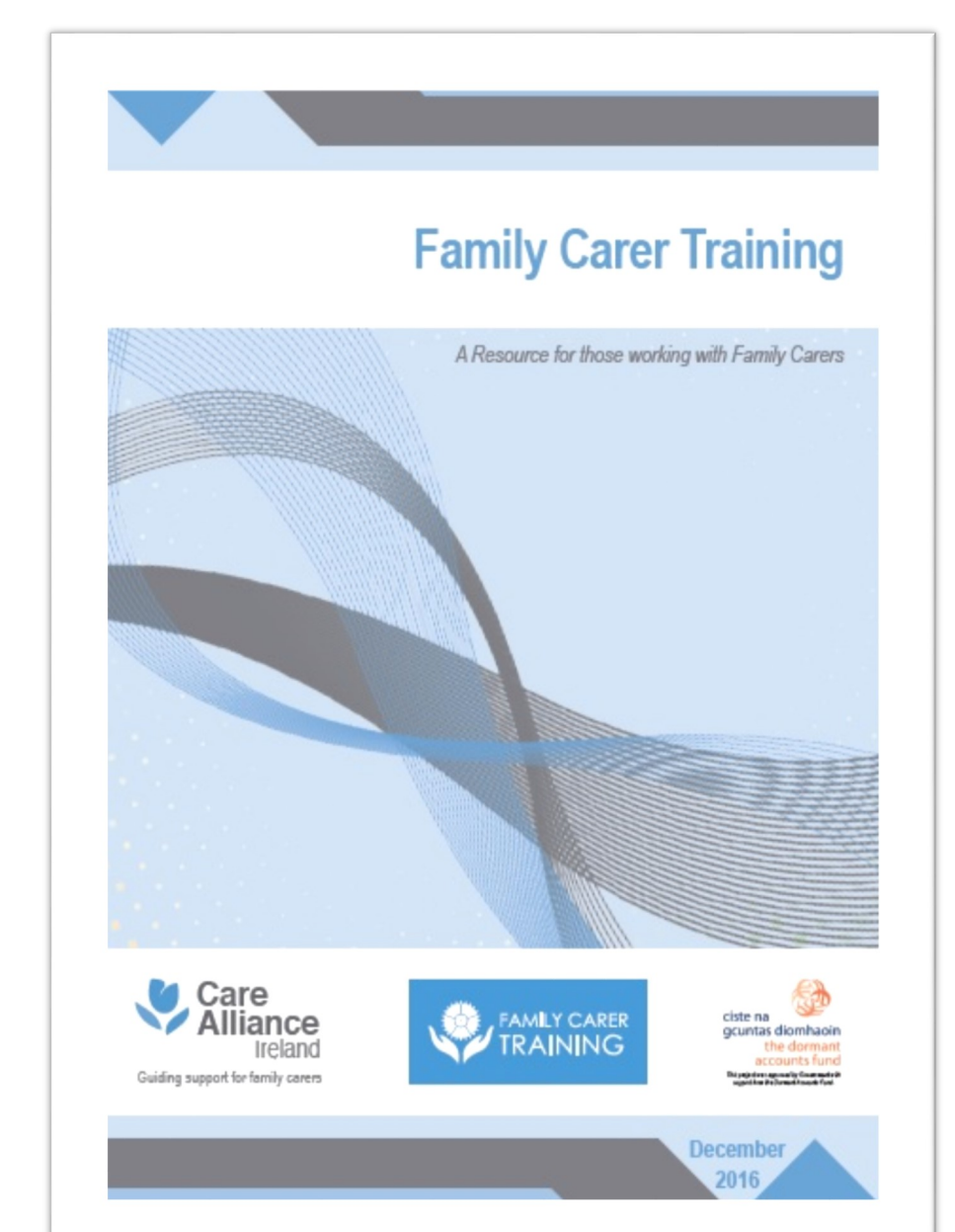
- . Dormant Accounts Funds ("DAF"- National Funding Programme) available to projects to "provide training, information and related support services" to Family Carers (2015-2016)
- . CAI submitted successful proposal to add value to supports & training provided by our members (and other organisations)
- . Our bid proposed to support direct providers of training to bring more focus on.
- . Focus on outcomes/ innovative projects/ capacity building within the sector

The Project

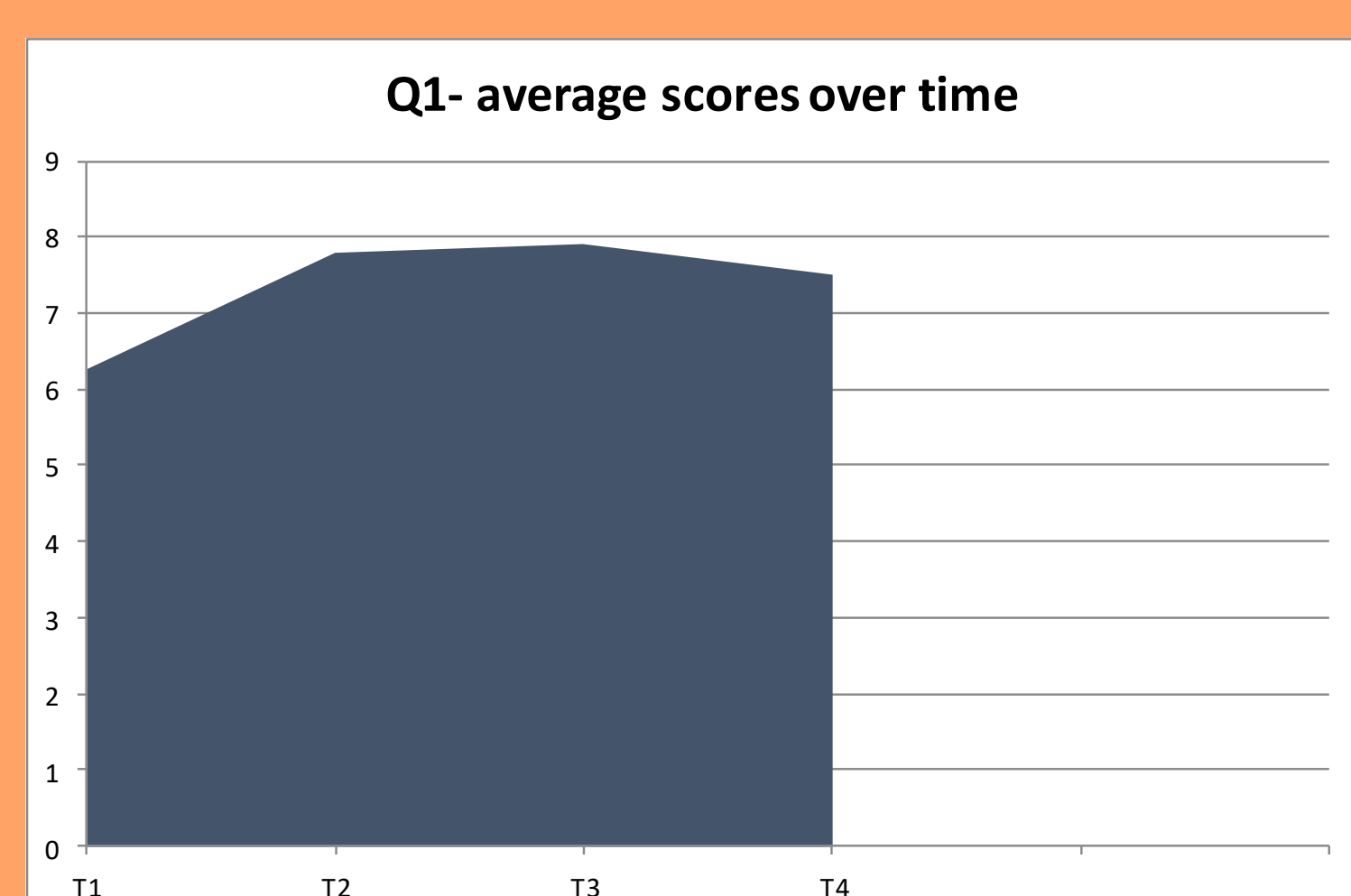
- 1) Seminar series (for professionals across multiple sectors (disability, community, Family Care, ageing etc.) – 87 participants 3 seminars over 4 days. National & International expertise and experience included
- 2) Booklet of resources & learning developed from seminar series (aimed at professionals)
- 3) Website (www.familycarertraining.ie) housing information for organisations (outcome measurements, examples of good practice etc.) and for Family Carers (searchable database of training online and face-to-face)

Methods

- . Questionnaire developed prior to first seminar (Likert scale 1-10)
- . Administered at 4 time points:
 - T1**- Prior to participation at Seminar 1 (February 2016)
 - T2**- Post participation at Seminar 1 (February 2016)
 - T3**- Post participation at Seminar 2 (May 2016)
 - T4**- Post participation at Seminar 3 (November 2016)
- . Comparison of scores across time points to track development of confidence, knowledge of training and supports for Family Carers and ability to plan for and assess outcomes

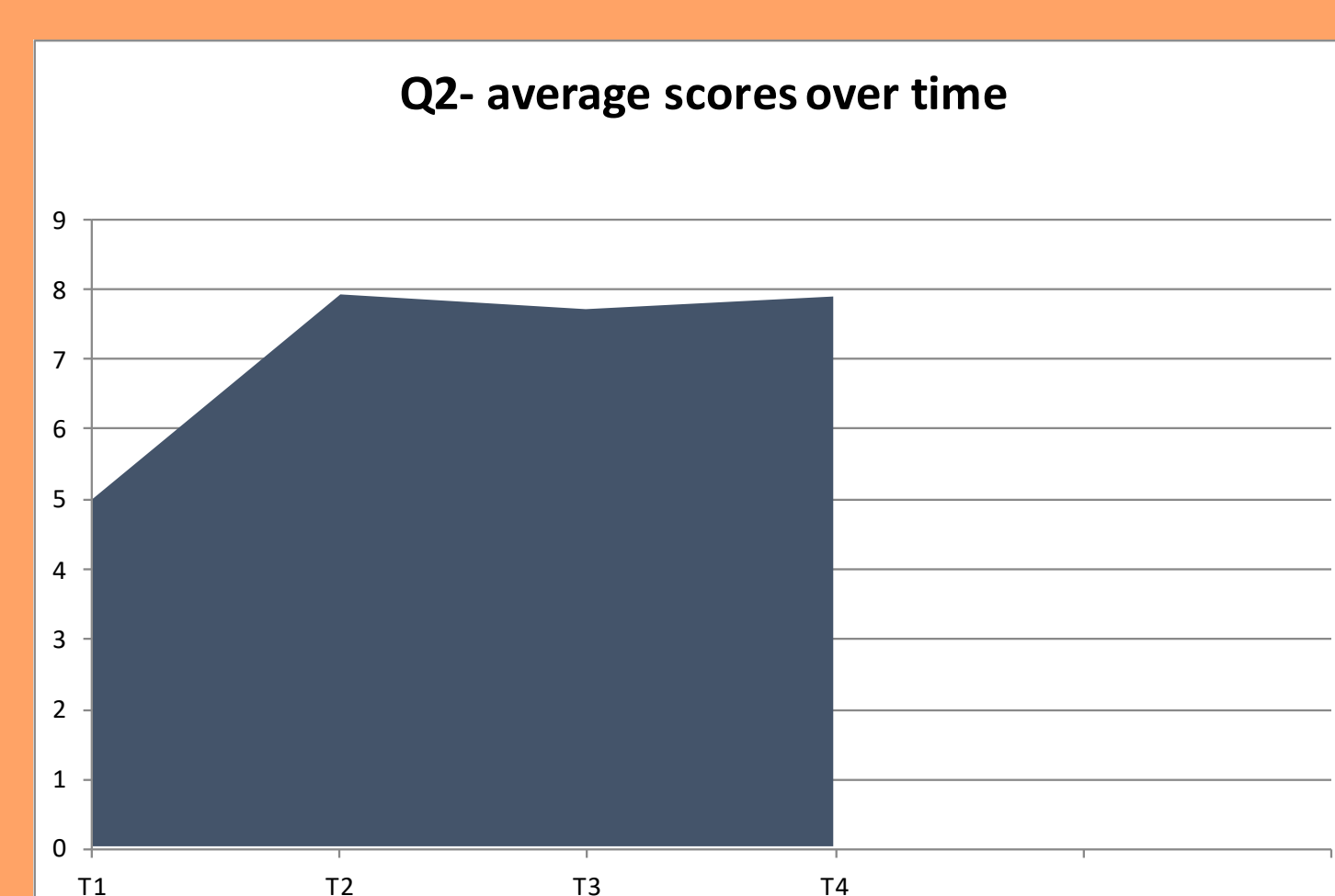


Q1: How would you rate your current confidence in providing high quality training and supports for Family Carers?



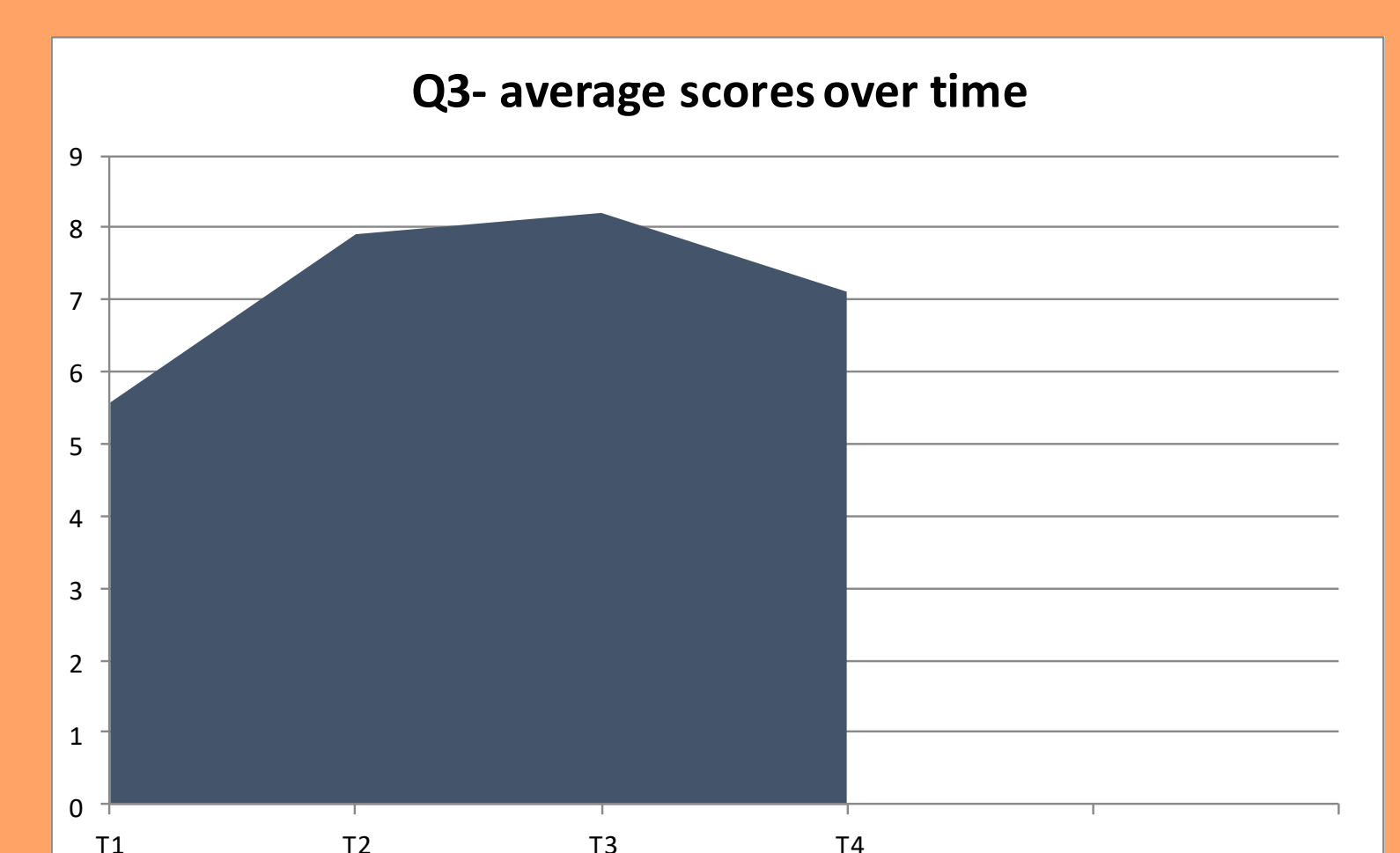
Change T1-T4: +1.23

Q2: How would you rate your current awareness of training and similar supports to family carers outside of those provided by your organisation?



Change T1-T4: +2.89

Q3: How would you rate your current knowledge of planning for, and assessing, outcomes?



Change T1-T4: +1.54

Conclusions

- 1) Creating space for cross-sectoral work creates greater knowledge of supports available outside own sector– positive impact for Family Carers expected (referrals etc.)
- 2) Directed training increases knowledge and confidence of outcomes-based work (rather than simply on *outputs*)
- 3) Further work needed to discover if impacts were felt by those in receipt of supports from organisations who attended



This project was approved by Government with support from the Dormant Accounts Fund

For more information check out the project website:
www.familycarertraining.ie



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