

**Care Alliance Ireland**  
**A Company Limited by Guarantee**  
**and not having a Share Capital**  
**Directors' Report and Financial Statements**  
**for the year ended 31 December 2021**

**Registered Company Number: 461315**  
**CHY Number: 14644**  
**Charity Registration No.: 20048303**

**84 Northumberland Road**  
**Ballsbridge**  
**Dublin 4**

**Duignan Carthy O'Neill Limited**  
**Chartered Accountants**  
**Registered Auditors**

## **Care Alliance Ireland**

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# Legal and Administration Details

The Directors who served during the year were as follows:

Donal McKenna

Moira Knowles (appointed as Alternate Director on 29 April 2021, resigned as Director 29 September 2021)

Fergus O'Rourke (appointed as Alternate Director on 1 February 2022)

Erika Ring (resigned 14 December 2021)

Laura O'Philbin (appointed 8 February 2022)

Mary Shovlin

Phil Dunne

Hazel Mulligan

Barbara Barrett

Martin Ryan

Laura Reid

Talent Nyamakope (resigned 5 April 2022)

**COMPANY SECRETARY** Barbara Barrett

**REGISTERED OFFICE** Care Alliance Ireland  
Coleraine House  
Coleraine Street  
Dublin 7  
D07 E8XF

**EXECUTIVE DIRECTOR**    Liam O’Sullivan

**BOARD COMMITTEES**

Martin Ryan (Chair, resigned 8 February 2022, Audit and Risk Committee)

Donal McKenna (Audit and Risk Committee)

Hazel Mulligan (Audit and Risk Committee)

Fergus O’ Rourke (Chair, appointed 8 February 2022, Audit and Risk Committee)

Phil Dunne (Research Committee, Chair)

Laura Reid (Research Committee)

Laura O'Philbin (Research Committee, appointed 5 April 2022)

**REGISTERED COMPANY NUMBER**    461315

**CHY NUMBER**    14644

**CHARITY REGISTRATION NO**    20048303

**INDEPENDENT AUDITORS** Duignan Carthy O’ Neill Ltd Chartered Accountants  
Registered Auditors  
84 Northumberland Road  
Dublin 4

**PRINCIPAL BANKERS**    Allied Irish Bank  
Capel Street  
Dublin 1

**SOLICITORS**    None Appointed

# Chairperson's Statement

On behalf of the Board of Directors it gives me great pleasure to present this Chairperson's Statement.

During the year we welcomed five new staff members to Care Alliance. It is great



to have them join us to support our work in the Return Ready Project, which helps carers to upskill in information and communications technology, and our Kaleidoscope Project, which guides family carers back to paid employment. Both projects are supported by Pobal and the Department of Social Protection.

During 2021 Care Alliance Ireland continued the development of its activities. With significant ongoing financial support from the HSE we continue to support family carers online and are honoured to continue to support the organisations around the country who assist Ireland's 499,000 family carers.

Through financial support from the Department of Rural and Community Development we delivered regular high-quality submissions, newsletters, research and briefing papers.

Throughout the year we had significant milestones in the support of family carers. We began in January building on our 2020 projects to deliver our online activities. In February we published a new resource in introductory research guidelines for small volunteer and not-for-profit organisations. This was in partnership with Ignite@ UL (University of Limerick). March saw the first anniversary of our online support group, which by year end had over 2,500 actively engaging family carers (to date, June 2022, we have 3,456 members).

March also marked the beginning of the Kaleidoscope Project supporting the progression of family carers back to employment. In April we were invited to present to the Citizens' Assembly on Gender Equality. Our topic was gender and family care.

Once again, Carers Week was a virtual series of events in June and hampers replaced face-to-face meals out with our peers. We still managed to have a full

week of events in conjunction with our wonderful partners and family carers. You can catch up on the events on [www.facebook.com/nationalcarersweek](https://www.facebook.com/nationalcarersweek).

We also continue to support researchers, students, the media and the general public through our resource booklets and thought-provoking publications on family caring. In 2021 we made submissions to a range of relevant bodies and continued to drive a progressive research and policy agenda in collaboration with other organisations. Our websites continue to be a source of information for those involved in caring or in supporting carers.

We continue to operate to a very high governance standard and are compliant with the Charities Regulator's Governance Code. It is part of our role to support our member organisations in their own compliance journey. We again took part in the Good Governance Awards. The comments and support that come with the awards are a valuable resource for us in maintaining our high standard of governance.

During 2021, Covid-19 continued to be an issue for all sections of our society. As the year progressed we saw fewer restrictions, but still some important facilities, such as day services, did not return for many, which added to frustration as we watched other sections of society return to normal.

Thanks to a professional staff team, strong leadership, greater security of funding and a clear focus on our aims and objectives, I am confident that the positive impact of our activities will continue into 2022 and beyond. We are moving beyond Covid-19 and have learnt from it. We will need to do better at engaging with key member organisations and to secure new board members, including a new Chairperson. We will continue to seek to deliver high levels of governance by timely and appropriate organisational oversight and review of policies.

Finally, I would like to thank my wonderful fellow board members and the brilliant staff of Care Alliance for their all-round professionalism and dedication. Everything that the organisation is about is down to you all and I look forward to our continued collaboration in supporting family carers in the role they carry out.

Many thanks to all

Donal McKenna, Chairperson

# Directors' Report

The Directors present their annual report together with the audited financial statements of Care Alliance Ireland for the year ended 31st December 2021. The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2014 and FRS 102. Although not obliged to comply with the Charities SORP, the charity has implemented its recommendations where relevant in these accounts. The main activities of the charity are charitable.

The content of the Directors' Report is set out under the following headings:

- Our Origins
- Our Stakeholders and Service Users
- The Context for Family Carers in Ireland in 2021
- Why We Exist (Our Purpose)
- Year in Review – Goals and Achievements
- Our Covid-19 Response
- Our Objectives, With Reference to the Five Priorities Outlined in Our Strategic Plan 2019–2024
- Our Staff
- Future Developments and Plans for the Future
- Financial Review
- Structure, Governance and Management

## Our Origins

Care Alliance Ireland was set up in 1995 by a small number of organisations which felt that the voice of the family carer was insufficiently articulated by existing condition-specific organisations. Over the years we have carved out our niche, increased our membership, and pioneered a number of initiatives in the areas of research, policy, carer awareness, online carer support, and most recently, return-to-employment projects. We continue to be a go-to organisation for many government departments, researchers and not-for-profit organisations interested in family carer issues.

## **Our Stakeholders and Service Users**

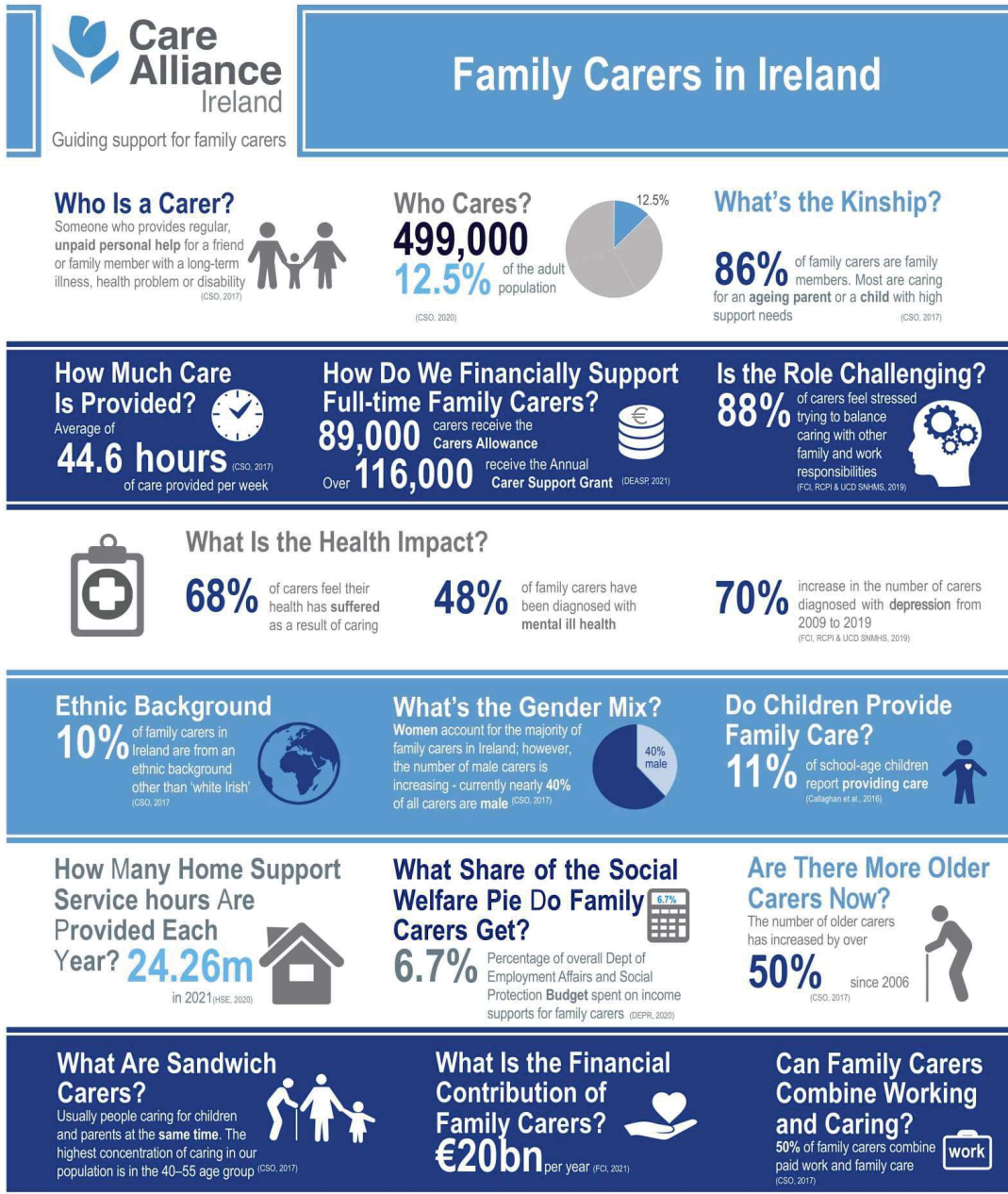
Our primary stakeholders are our 95 member organisations. In addition, we seek to inform and influence researchers, policy makers and the general public.

Success for us is:

- when our member organisations excel at supporting family carers
- when statutory health and social care agencies do the same
- when carer support interventions are accessible, reach large numbers, and are of high quality and impactful
- when carer support practice is informed by a critical eye and robust research evidence
- when family carers are adequately supported financially and otherwise as partners in care.



# The Context for Family Carers in Ireland in 2021



### Sources of Information

- Care Alliance Ireland (2017) Trends in Family Caring in Ireland in 2017: Review of Awareness, Self-Identification, Official Surveys and Income Supports.
- Department of Employment Affairs and Social Protection (2021) Annual Report 2020.
- Callaghan, M., Keane, E. & Molcho, M. (2016) Short Report – HBSC Ireland: Young Carers in the 2014 HBSC Study.
- Central Statistics Office (2020) Irish Health Survey- Carers Module
- Central Statistics Office (2017) Census 2016 Chapter 9: Health, Disability and Caring.
- Department of Public Expenditure and Reform (2020) Budget 2021 Expenditure Report. (Excl. Covid-related payments)
- Family Carers Ireland, College of Psychiatrists of Ireland & University College Dublin School of Nursing, Midwifery & Health Systems (2019). Paying the Price - The Physical, Mental and Psychological Impact of Caring.
- Central Statistics Office (2016a) Irish Health Survey 2015.
- Family Carers Ireland (2021) 2022 Pre-Budget Submission.
- Health Service Executive (2020) National Service Plan 2021.



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## Why We Exist (Our Purpose)

**Vision:** That the role of family carers is fully recognised and valued by society in Ireland.

**Mission Statement:** Care Alliance Ireland exists to enhance the quality of life for family carers. We achieve this by supporting our member organisations in their direct work with family carers through the provision of information, developing research and policy, sharing resources, and instigating opportunities for collaboration.

**Values:** Professionalism, transparency, collaboration and integrity.

## Year in Review – Goals and Achievements

In 2021 we continued our dynamic response to the challenges presented by Covid-19 and began two new projects aimed at helping carers to be 'employment ready'.

Traditionally our annual goals are informed by a few key considerations – most significantly, the level of resources available and our Strategic Plan. In 2021, additional resourcing became available during the year which enabled us to grow in reach and impact.

Our 2021 KPIs and outputs focussed on delivering a number of high-quality publications, submissions and newsletters, together with ongoing and new projects (see Table 1).

In 2022 we will devise multi-year performance targets. These will be informed by our resourcing, our mid-term review of our Strategic Plan, and stakeholder and staff feedback.

**Table 1: Key outputs – per original 2021 Work Plan**

<b>Area of Work</b>	<b>Key Actions</b>	<b>Outputs</b>	<b>Target</b>	<b>Delivered</b>	<b>Explanation</b>
<b>Advocacy</b>	Coordinate National Carers Week in June 2021	Events for family carers	80	60	Covid-19 again necessitated exclusively online delivery
		Partners for the Week	9	9	
		National print/radio/ TV articles/ stories	10	>8 (Data difficult to track)	
		Distribute merchandise	500	c. 500	
<b>Advocacy</b>	Represent the sector at relevant fora	Fora	4	4	
		Attendance at meetings	90%	90%	
<b>Compliance</b>	Continue to demonstrate good example in the area of governance	Continue to be fully compliant with Charities Regulator Governance	1	1	
		Be on Good Governance Award Shortlist	1	0	Higher standard among applicants
<b>Research and Policy Development</b>	Produce relevant, evidence-informed and analytically rigorous discussion and briefing papers	Publications	2	3	We delivered three equivalent outputs – Report on National Carers Strategy, an updated Infographic on Family Caring in Ireland, and <i>A Guide for Not-for-Profit and</i>

					<i>Community Groups New to Research</i>
<b>Research and Policy Development</b>	Make considered and comprehensive submissions to various government departments and statutory agencies involving member inputs		8	11	
<b>Networking</b>	Coordinate Family Carer Research Group	Meetings	3	2	The group decided to have 2 full meetings rather than 3 as it returned to full functioning following the Covid-19 hiatus. Increased email communication took the place of a third meeting.
		Participants	20	25	
		New participants	5	8	
		Presentations per meeting	1	1	
<b>Networking</b>	Membership	New members	3	2	Managing organisational expansion made networking less of a priority
		Retention	90%	>90%	
<b>Specialist Supports</b>	Provision of expert advice to member organisations and others,	Consultations	8	>25	

	including state bodies				
<b>Information Provision</b>	Produce and disseminate appealing newsletters (Care Alliance Exchange)	Editions	3	3	
		Recipients	725	649	Difficult to replace the contacts left with new contacts in sufficient numbers
		Open rate	20%	13%	Increasingly difficult to reach this target – with increasing and competing models of information delivery
<b>Direct Family Carer Supports</b>	Online Family Carer Support Group	Number of family carers actively involved in the project (over 90 day period)	2,000	2,049	
		Detailed engagement levels (over 90 day period)	472 posts, 12,387 comments, 31,752 reactions	379 posts, 11,967 comments, 31,683 comments	Ambitious targets. Greater focus on quality of activities.
		New projects/initiatives	2	2	
		Retention	>80%	96%	
	Kaleidoscope	Deliver high-quality course to participants	40	37	Decision made to start cohort 1 with smaller numbers to focus on quality.
		Agree robust evaluation framework	1	1	

	Return Ready	Begin project	1	1	
		Deliver course to first cohort	1	1	

**Table 2: Additional outputs – not in original 2021 Work Plan**

Area of Work	Key Actions	Outputs
Communication	Seminar	Seminar on Carers Strategy Research

We report a surplus of €27,405 in 2021 (deficit €478 in 2020).

As new income sources appeared and were confirmed as 2021 progressed, a number of revised budgets were approved by the Board of Directors throughout the year.

As we have articulated in previous annual reports, the accumulation of significant reserves is difficult for an organisation that does not seek public donations. However, thanks to certain donations and receipt of unrestricted funds we were able to significantly increase our reserves in 2021 (unrestricted funds are those with no terms and conditions attached).

In 2022, we will continue to support large numbers of family carers through our online mediums. We will also finalise the delivery of two projects to support family carers who are considering returning to the paid workforce. We look forward to responding to opportunities afforded us to influence the development of carer-relevant policies and to progress our agenda through submissions, discussion papers and new collaborations.

## **Our Ongoing Covid-19 Response**

Our initial Covid-19 response is well documented in our 2020 Directors' Report. Key to this response was the establishment of a moderated Online Family Carer Support Group, which in 2021 evolved into a well-funded, expansive project with dedicated staff and project resourcing to maximise impact and reach.



***Image 1: Logo of Online Family Carer Support Group***

By year end the project was supporting almost 3,000 family carers, from every large town in Ireland. Its scope evolved further and as the year progressed it became a core part of our organisational activities. Activities are detailed in the infographic below (Image 3).

Ongoing primary doctoral research about the group affirms its value to a large number of family carers.

Twelve-month retention figures of over 95% demonstrate its ongoing relevance.

#### Unsolicited Qualitative Feedback

*"It's just soul lifting when someone from Family Carer Support Group knows just what you need, feels like a hug x."* RJ

*"Personally I can never thank the main group for what it has done for me over the last 18 months or so .... Ye are an amazing group of people who have shone a light on what was a very dark and scary time... long may it last... tks a mil... xx."* LB

*"Thanks a mill to you and all the Family Carers Group gang for the lovely surprise chocolates in the post, it really is the thought that counts. Much appreciated x"*  
OP

*"Thank you so much Tara for organising the book club. I got my book and treat this morning. I am so happy to have discovered your support group. Thank you so much. Hope you have a lovely weekend 🍪"* MB

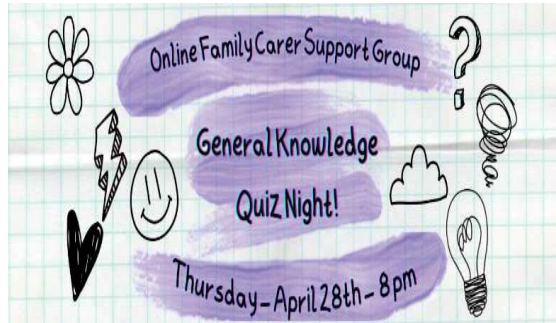
*"Tara, it's not often I'm left speechless but I was when I took in the post just now. I cannot express what your thoughtfulness means to me. I sat staring at the card and box with tears of gratitude in my eyes. Joining The Carers group is one of the best things I've ever done for myself. In a time of unprecedented isolation it gave me company and even better, new friends. Tara you make such a difference to so many people's lives. We are so lucky to know you. ❤️"* AS

*"Caring is stressful for sure Tara but the group does help in making me not feel so alone so it's great. Thanks very much."* LM

*"Hi everyone, I just joined this group in the last few months, it's such a wonderful community of support and advice, really appreciate it, thank you 😊"* BD



Goodmorning everyone. Hope your day will be as lovely as you all are enjoy and take care



Thank you all so much. This arrived this morning... thank you all again x the quiz really cheered me up on Thursday night..needed the distraction..my brother who I care for was Covid positive on Friday after us on Thursday so at least it made job easier cos I could care fully for him. TG he not too bad..just like a bad cold but improving...I'm still coughing and little short of breath..wrecked but look once he's ok and recovering I'll be fine..four of us down with it here 😊 thanks again to Tara, Zoe and all staff and to all the wonderful group members..ye all do more for people than ye realise..God bless all xxx



Thanks for adding me to this group. I'm sure I will get lots of information and support here. Happy to offer support also.



Goodmorning everyone hope your day will be filled with love and kindness take some time out for that cup of tea/ coffee your all doing a great job be kind to yourself and take care

[View insights](#)

731 post reach >

67

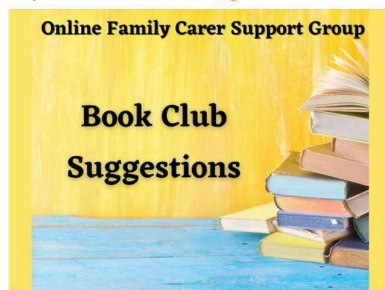
58 comments



Have you found a product that you found useful in your caring role?

Share it here!

Next week I will be posting the book selection for our next book club - here is your chance to influence it!! Comment here with any particular book or genre of book that you would like to see in the next book club 📖



[View insights](#)

770 post reach >

31

48 comments

***Figure 1: Selected posts and comments on the Online Family Carer Support Group***

Our volunteers on this project, most of whom are also family carers, continue to play a key role. We welcomed some new volunteers, and these were supported by our project coordinator and external bespoke training.

In 2021 we introduced anonymous posting, which provided an enhanced level of privacy for members and those they care for.

## Family Carer Online Support Project - May 2022



### Links

#### Group Link URL

<https://www.facebook.com/groups/FamilyCarerOnlineSupportGroupIreland/>

#### Video explaining how to join Facebook and join the group

<https://youtu.be/mEAg-xJORAY>

#### Promotional video

<https://youtu.be/mEAg-xJORAY>

### Safeguarding

1. Consult team
2. PM/Phone call/Zoom to family carer
3. Consult local Mental Health Service
4. Contact Gardaí

### Objectives

Mitigate the possible negative impact of family caring, reducing the risk of:

- Isolation
- Anxiety
- Reduced quality of life & wellbeing

This is achieved through a professionally moderated online platform, using peer support and a variety of online activities.

### Application

Inclusion / Participation criteria:

- Must be willing to use Facebook
- Live in the ROI & aged 18+
- Provide unpaid care to family / friend or neighbour
- Agree to rules of group (NB - respect privacy of caree)

#### Participant Recruitment (Family Carers)

- Facebook
- 95 NGO member orgs of Care Alliance
- Word of mouth (v. important)

#### Application Process

1. Apply to join the group through Facebook (private group)
2. Answer 3 screening questions (per inclusion criteria above)
3. Application considered by CAI staff / volunteers
4. Request approved or refused - If questions are not answered in full, applicant is private messaged, asking to resubmit the request to join and answer all questions

### Members of Group

(3,249 > 96% active)

### Volunteers and Moderators

- Private FB online 'Mods/Vols' group
- Peer support for volunteers
- Monthly zoom meeting for volunteers
- Discuss practice issues/dilemmas
- Discuss group posts/engagement
- Information/policy updates
- Moderation training

### Activities

- **Posting messages** (Core Activity) c 5 p/d:
  - Comments / discussion (c 143 per day, c 368 reactions) - anonymous posts facilitated, NB / GDPR
  - Peer support - 'I am not alone'
  - Information
  - Dilemmas
  - Top Tips
  - Positivity Posts
  - Cooking Posts
- **Pinned posts / threads:**
  - Remembrance
  - Petitions
  - Research
  - Humorous
- **1-2-1 Input/Casework core activity c125 clients:**
  - PM's / phone calls / e-mails - variable levels of engagement
  - Refer to carer support orgs / SW Mental Health Services
- **Educative Inputs**
  - Video pre-records
  - 'Subject matter Expert'
  - Live Q&A's
- **Zoom Quizzes**
  - Monthly-Infomail/Fun
- **Book Club**
  - Bi-monthly
  - Distribute Books
  - Break Out Rooms

- Weekly Online Drop In
- Informal Competitions
- Regular Books/Gifts/Care Packages
- Gardening Club - 'Carers In Bloom'
- Chair Yoga
- 'Crafty Carers' Group

### Resourcing

- Volunteers (14) & Staff (1)
- Current and former family carers (11)
- Health and Social Care professionals (8) (Some identify in more than one group)
- 7 day and on-call rota

#### Roles Of Staff / Volunteers:

- Screen membership applications
- Share informational documents within group
- Approve / reject suggested posts
- Welcome new members
- Monitor / moderate posts / comments
- Communicate / reiterate / values
- Share other NGO's relevant posts
- Consider new activities
- Protocols - regularly updated document
- Ensure sustainability / finances

### Engagement Data

- May 4th 2021 to May 3rd 2022
- 1,772 posts
- 52,284 comments
- 134,441 reactions
- 1 complaint: resolved to both parties satisfaction
- 100's of positive comments and feedback

### Feedback / Efficacy

- Extensive positive qualitative feedback
- 96% member retention over 12 months
- Key impacts / processes emerging - peer support - possible improvement in QOL / anxiety / isolation
- Long-term efficacy / meaning University of Limerick PhD
- Consultation via School of SW, Indiana University (Dr D. Wilkerson)

### Reflections

- Volunteer strength
- Tight moderation
- Peer support
- Evolution of group purpose - A very social Social Media
- Other NGO's responses emerging
- Managing risks of GDPR breaches
- Project evolving post Covid19



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### ***Image 3: Operations of the Online Family Carer Support Project***

## **Our Objectives, With Reference to the Five Priorities Outlined in Our Strategic Plan 2019–2024**

We now report in greater detail on how we achieved our objectives, with reference to the five priorities outlined in our Strategic Plan 2019–2024.

### **1. Work with member organisations and other stakeholders**

In 2021 we welcomed Children in Hospital Ireland as a member.



In 2022 we will spend more time engaging with potential member organisations and will seek to bring our membership over the 100 mark.

We made particular efforts to engage with our members in 2021, for example, in preparing our Pre-Budget Statement and in work related to the Citizens' Assembly on Gender Equality. We continued to collaborate with a range of organisations who operate in the not-for-profit and/or statutory world of health and social care, and family carer support more specifically. Collaboration can take many forms and is most visible in joint projects, for example, Carers Week and the Home Care Coalition. Collaboration can also be more nebulous in nature, but no less impactful. It can be simply a phone conversation with a colleague who shares the same objectives around advancing the cause of family carers.

In 2021 we were less active internationally than in previous years. We took part in virtual meetings of Eurocarers (in particular their research and policy

subgroups), and in discussion and consultation with Irish MEPs who demonstrate a real commitment to advancing the cause of family carers at EU institution level.

The second European Carers Day took place on 6th October 2021. The initiative is coordinated by Eurocarers, and brought together the leading carer advocacy organisations across Europe. Care Alliance engaged in a social media campaign where the focus was on the essential role played by family carers.

In 2022, by utilising our growing staff compliment, we will provide relevant opportunities for our newer staff to actively engage at the international level.

## 2. Bring cohesion to the family carer sector

There were few new national policy documents published in 2021. Little if any progress was made in developing a new National Carers Strategy, in spite of it being a clear commitment in the new Programme for Government. We commissioned primary research seeking the views of family carers and other key stakeholders on the current relevance of the existing 42 actions from the 2012 Carer Strategy.

While family carers reported feeling left behind and forgotten during Covid-19, we are heartened by the high level of public coverage that carer stories continue to receive across the media. We play a modest role in this by encouraging and supporting a number of articulate carer advocates to voice their experiences in the media and at other fora. We are grateful for the effort and time they, as volunteers, put into this important work.

We continued to deliver on our representative function in a number of ways in 2021, most significantly through pre-budget submissions to government, participation in a number of representative fora (for example, the HSE Patient Forum and the Annual Carers Forum), and policy-related submissions (for example, to the Pension Commission, the Madrid International Plan of Action on Ageing Review, and a Wellbeing Framework for Ireland).

Active engagement by our members on our submissions and policy documents has improved but there remains work to be done. Funders are extremely reluctant to resource policy and research personnel, preferring to fund direct services to

clients. This can often mean that the resources our member organisations have to meaningfully engage with us on these issues can be limited.



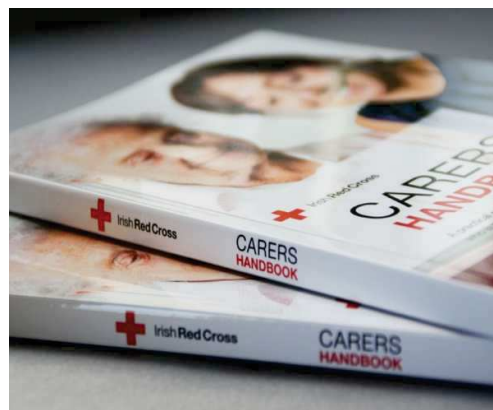
***Image 6: Carers Week 2021 partners***

The 15th National Carers Week (2021) took place from 7th to 13th June and, notwithstanding Covid-19, scores of online events were delivered. Complimentary merchandise was distributed to hundreds of family carers across Ireland. There were high levels of social media engagement and modest levels of national and local print media coverage.

Approximately €11,500 was spent on merchandise, with masks and hand-sanitisers being new additions this year. These were augmented by battery power banks, 3-in-1 USB cable chargers and pens. Small numbers of the Irish Red Cross *Helping You Care* books were also distributed by post.



***NCW Goodie bag – sent to approximately 225 Family carers***



***Irish Red Cross Helping You Care booklet – sent to 75 family carers during the week.***

Many partners held online events for the families they work with. Care Alliance delivered an input to staff at the Department of Justice during the week. The Health Research Board (HRB) promoted their work as part of the week. One university used the week as an opportunity to promote recruitment for a family carer-related research project. Family Carers Ireland used the week as an opportunity to launch a new online forum.

We in Care Alliance delivered a number of online events including five Q&A sessions with partner organisations. In addition, we held a session about the Online Carer Support Group, a Q&A with a book author and former family carer, as well as an online quiz, gardening session and photography session.


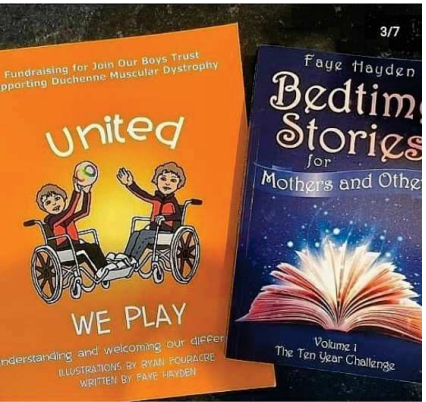


The majority (71% (67% in 2020)) of respondents rated the quality of the events for Carers Week as either 'good', 'very good' or 'excellent'. The rest rated the quality of events as 'fair/poor'. Participation was rated as 'good' by 82%. The notice given to participants was rated by 71% respondents as 'v good/excellent' but with 29% reporting it as 'fair'.

A comprehensive report on the week is prepared annually, and in 2021 was based on data from a number of sources, including event organisers:

- media coverage captured by Google News alerts and Care Alliance Ireland;



- verbal and email feedback from a selection of event organisers, partners and other stakeholders;
- reflection from the project organisers and from eight evaluation questionnaires from event organisers/health centres etc.;
- 90 survey responses from family carers;
- direct feedback via separate comments on the NCW (NationalCarersWeek) Facebook Page.

 <p><b>The Alzheimer Society of Ireland</b> 17 h · 🌐</p> <p>Today is the last day of <a href="#">National Carers Week</a> and we would like to share our new Factsheet that has just been published - 'Carers looking after yourself'.</p> <p>The factsheet provides tips and advice on how to look after yourself as a carer.</p> <p>It is available to download on our website here: <a href="https://alzheimier.ie/get-support/resources-and-factsheets/">https://alzheimier.ie/get-support/resources-and-factsheets/</a></p> <p>#MakingCaringVisible #CarersWeek #DementiaSupports</p>	 <p>6,086 People reached 381 Engagements <a href="#">Boost post</a></p> <p>👍❤️ You and 59 others 42 comments 13 shares</p>
 <p><b>National Carers Week</b> was live. Published by ZOOM · 2 d · 🌐</p> <p>In this session for National Carers Week we're speaking with Rebecca Lloyd from the Irish Hospice Foundation about Planning Ahead - please pop any questions or comments into the chat.</p> <p>1,221 People reached 203 Engagements <a href="#">Boost post</a></p> <p>👍❤️ 26 21 comments 4 shares</p>	 <p>us with your addresses) As the 15th National Carers Week comes to an end, thanks to Lilyobriens, we have some Chocolate Hampers to give to #FamilyCarers. To be in with a chance to win one of several hampers, just comment here by Sunday June 13th @ 10pm telling us the best things about the week for you. Please only enter if you are a Family Carer and have not won a prize. ... See more</p> <p>20,860 People reached 3,145 Engagements <a href="#">Boost post</a></p> <p>👍❤️ 255 295 comments 23 shares</p>



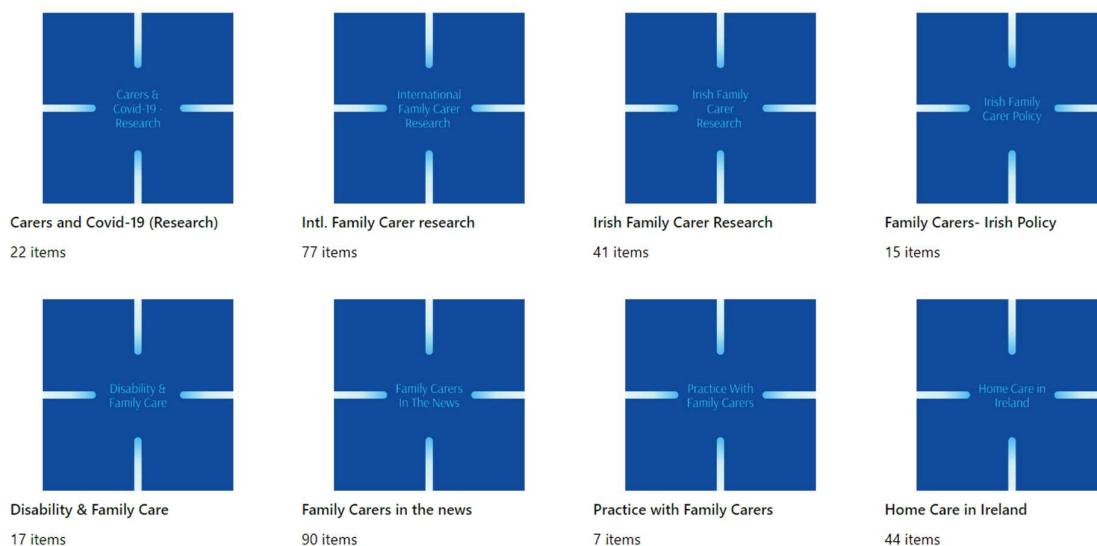
***Image 8: Carers Week 2021 on Facebook***

By late June 2021 we had surpassed 23,000 followers on the NationalCarersWeek Facebook Page, gaining approximately 1,000 new followers in the build up to the week. Over the 28-day period of mid-May to mid-June, the page had over 37,500 engagements (more than double compared to the previous year), and a reach of over 151,000 (down one third year-on-year, due to less intense use of paid posts).

In 2022 we will continue to lead on National Carers Week and will seek to materially increase partner fees to support the financial security of the project.

### 3. Provide up-to-date relevant information

We continued to update our research depository through the Wakelet platform, which now has over 315 items: <https://wakelet.com/@careallianceireland>



### ***Image 12: Wakelet Care Alliance Ireland Repository***

In 2021, our Policy & Research Officer worked alongside Dr Ronan Foley in Maynooth University on an academic paper titled 'The value of data visualisation: tracking geographies of informal care in Ireland, 2002–16'. This paper was accepted by peer review and published in pre-print in December 2021 in the *International Journal of Care and Caring*.

We notice that our organisation's publications are being increasingly referenced. We are also increasingly being invited to consult on various policy initiatives and reviews.

The number of downloads from our websites remained high in 2021.

We have an active Twitter account (@CareAllianceIrl); we have tweeted over 6,600 times, and have over 3,400 followers. The account continues to be a useful way to engage internationally with academics and others with an interest in improving the delivery of supports for family carers.

In 2022, we will review the variety of communication mediums we currently use, and seek to objectively quantify their overall reach and impact. This may include reducing the number of communication mediums.

#### 4. Drive the research agenda on family caring

##### **CarerEngage with ISS21 (UCC)**



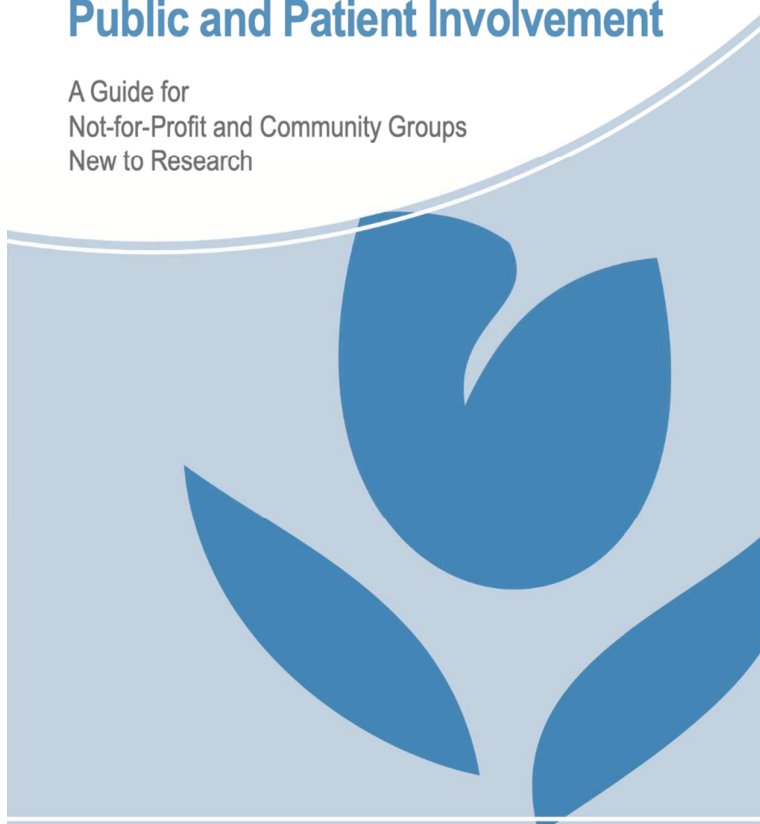
This project continued into 2021, with primary research into the current National Carers Strategy. Over 700 responses allowed us to understand some of the changes that family carers and other stakeholders would like to see as part of the next Strategy. This research was the focus of one of the final two roundtable events; the final event took place in September on the topic of Family Carer Experiences of Inclusion and Exclusion.

##### **PPI Ignite @ UL**

We continued our partnership with UL in the area of Patient and Public Involvement (PPI) in research. As part of this project, we published a guide for small charities and community groups who may be approached by researchers to take part in research projects. This guide (*Public and Patient Involvement – A Guide for Not-for-Profit and Community Groups New to Research*) focusses on what research is, how it should be conducted, and how even the smallest community and/or patient groups can contribute significantly.

## Public and Patient Involvement

A Guide for  
Not-for-Profit and Community Groups  
New to Research



February 2021

Our collaboration with UL continued from mid-2021 as part of the second round of the PPI Ignite funding from the HRB. We are looking forward to seeing what this partnership continues to bring, and to work with universities and patient groups all over the country.

We continue to assist researchers, students, the media and the general public with queries in relation to family carers, both by email and telephone. We receive occasional calls from individual family carers and we advise and redirect as appropriate. All member organisations and over 650 other organisations and individuals involved in supporting family carers received regular communications

from us, primarily in electronic format, on issues relating to support, practice, policy and research.

Our Senior Policy and Research Officer continued to be active in a range of areas. As always, requests from students for advice and support on family carer-related research topics at both undergrad and postgrad level continued throughout the year.

Our organisation is also represented on the Social Policy Network – a group of non-governmental organisations (NGOs) that meets quarterly. The Family Carer Research Group met twice in 2021.

Care Alliance continues to be a leader in the sector in considering and addressing research gaps. We have ongoing contact with senior academics across a number of third-level institutions regarding their family carer research proposals and projects. During 2021 we undertook regular reviews of new family carer research, policy and practice resources internationally and disseminated these as appropriate.

Within a few days of Budget Day we undertook a thorough analysis of Budget 2022 regarding the developments affecting family carers. This was shared widely.

We engaged in ongoing collaborative work with a range of not-for-profit federations and alliances, including the HomeCareCoalition, Carmichael Ireland, the Disability Federation of Ireland and the Wheel. We also collaborated with a number of HSE personnel from a range of departments/areas.

The University of Limerick has also appointed a PhD student to work with us on evaluating online carer support groups.

In 2022, led by our Senior Policy and Research Officer, we will explore additional primary research opportunities; most specifically those that provide the best opportunity for full cost recovery.

## 5. Resourcing and governance

The Scheme to Support National Organisations 2019–2022 provides three-year core funding and is key to our operations. Multi-annual funding enables us to plan,

to offer a level of security to staff and to be ambitious in our activities. Thanks to our successful roll-out of the Online Family Carer Support Project, funding from the HSE increased by €100,000 in 2021. As 2021 progressed we successfully secured once-off €180,000 additional funding from under the 2021 Dormant Accounts Funds – Carers Measure. These funds will result in a further 35% increase in our income for 2022. Additional project staff have been appointed on fixed-term contracts.

We continue to operate to demanding governance standards. Our goal of reviewing each policy every two years was not achieved in 2021 and it may be that a three-year review will be sufficient into the future. A number of policies were updated in 2021 including the social media and communications policy, business continuity policy, recruitment policy, and apportionment policy. Our *Corporate Governance Handbook* is central to our governance and was updated in June 2021. We hope to declare continued full compliance with the Charities Regulator's Governance Code in June 2022. We were disappointed not to be shortlisted for the small charity category of the Good Governance Awards, having won the award in 2016, 2017 and 2018. This is a testament to the higher governance standards being implemented by other small charities.

We thank Erika Ring (Irish Hospice Foundation) for her service on the Board. We welcomed some new board members in early 2022.

Regulatory and funder requirements place demands on our organisation, but not at a level that we believe to be overly burdensome. We make regular reports to funders on lobbying activities and complaints, as well as activity reports.

In 2022, after more than a doubling of income since 2019, we will be prepared for the real possibility that our level of funding will reduce materially in 2023 and beyond. Once off projects ending in 2022 may not be replaced by other once off projects. Fixed term contracts and a conservative approach to expenditure will support in this regard.



## Our Staff



Liam O'Sullivan - Executive Director



Zoe Hughes - Senior Policy & Research Officer



Tara O'Connor - Project Coordinator Online Family Carer Support Group



Lisa Dunne - Project Coordinator Kaleidoscope Project



Sara Prodoni - Project Assistant Return Ready



Amy Lavelle - Project Worker Return Ready



Caroline Lawless - Project Assistant Kaleidoscope Project

Staff and board members availed of appropriate training opportunities that arose during the year. Specifically, our Senior Policy and Research Officer progressed with her Doctorate in Social Science (UCC). Our Executive Director completed a Social Return on Investment training course. A number of Directors took part in specific governance training. In addition to our Board of Directors, all of whom are volunteers, Care Alliance was supported by other volunteers, including current and former family carers. These volunteers support our work through their participation in our Online Family Carer Support Group, occasional working groups, publicity events and other fora.

Our staff are highly qualified and skilled at delivering on our objectives. Their skills include project management, analysis, communication, report writing, online moderation, mentoring and the facilitation of collaboration. Several have extensive and ongoing family caring experience. Two of our staff have professional qualifications in Social Work. Other qualifications within the team include Social Science, Science, Coaching, Counselling, Community Development, Social Research, Implementation Science and Social Policy. All staff positions, roles and biographies are published on our website. Collectively our staff have demonstrated an ongoing openness to learning and continued professional development. A culture of sharing and mentoring is encouraged by the leadership of the



organisation. This is even more important as our team continues to grow, with 7 staff by mid-2022 (5.6 whole time equivalent).

All staff undertake performance appraisals and are provided with regular staff support and supervision. Salary increments are not part of any staff employment contracts and changes to remuneration are based on funds available, performance and sectoral norms.

## **Future Developments and Plans for the Future**

Our Strategic Plan 2019–2024 was developed following extensive consultation with key stakeholders. The resources available for its implementation have and will directly influence the scope, reach and likely impact of the plan. Specific collaborative research projects will continue; our focus on maximising the use of information and communications technology (ICT) and social media will also remain. We will do better in engaging with our members. We will continue to produce evidence-informed and analytically rigorous policy and research briefings, discussion documents and overview reports. We will also continue to create opportunities for successful collaboration and engagement in research across the academic, statutory and not-for-profit sectors, both nationally and internationally. The new Strategic Plan is also clearer on how we will know we are making progress in our key strategic priorities. We will put more effort into capturing outcomes.

Thanks to new funding streams, including the HSE (Carers Guarantee) and Dormant Accounts Funds, we are delivering more direct online services and supports to family carers. This includes our successful Online Family Carer Support Project and our two employment-focussed projects. This is a change to previous years when the majority of our work focussed on indirect support to family carers. In 2022 our Board will give further consideration to this change and will continue

to consult with our member organisations and other stakeholders about this change in our operations.

### **Events Since the End of the Year**

Activities from January to June 2022 advanced the targets established in our 2022 Work Plan and we are confident of meeting the majority of our goals.

In the context of the resources available, we are continuing to implement the Strategic Plan 2019–2024. Details of all our activities and projects continue to be communicated through our website/newsletter/social media channels, and reported to our funders at required intervals.

It is now well over two years since the emergence of Covid-19. We know that this pandemic has been particularly hard for family carers as they sought to protect those they care for from exposure to this potentially deadly virus. As is evident from our expected income in 2022, Care Alliance Ireland has emerged strongly from Covid-19. Our reserves are less than we would like, but based on multi-year and annual rolling-funding agreements, as well as successful securing of new project funds over the past two years, the Board is of the view that the organisation will continue to be able to operate into the coming years. No financial impairments emerged in 2021 in light of Covid-19 and we do not expect any in 2022.

At the end of May 2022 we were advised that our application for three year funding under the SSNO scheme 2022-2025 was successful.

### **Looking to a Post Covid-19 World**

The world will not go back to the way it was. Homeworking, online consultations, and, of most relevance to our work, online support, will flourish. The latter is largely accessible, more environmentally friendly and may indeed suit the needs of a wider group of family carers.

Our data supports the contention that pre-Covid-19, there was a large pool of family carers who were underserved by existing and traditional supports. Such family carers will continue to want to participate in a range of online supports, and will benefit from same. We are delivering on this.

We look forward to the relevant government support and philanthropy to support our innovative projects into the future.

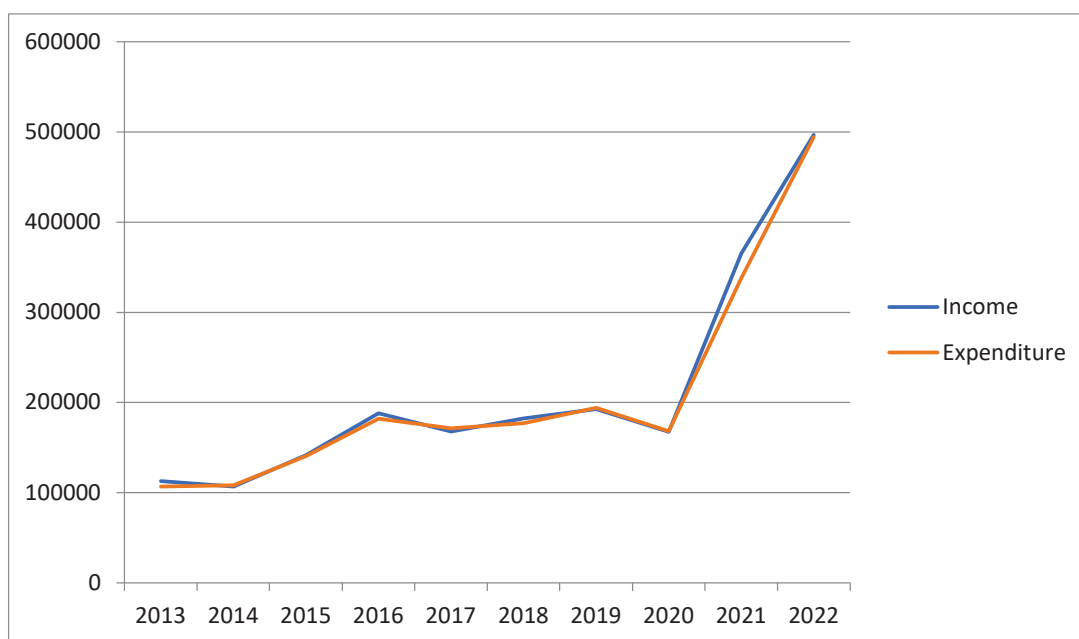
## **Financial Review**

The results for the year show a net operating surplus of €27,405 for 2021 (for 2020 there was a €478 deficit).

Our organisation's income for 2021 was €365,678 and our expenditure was €338,273.

A year-end variance to final approved budget of –€7,694 (minus €7,694) income is explained by the delay in delivery of some of the project activities. This was balanced out by higher income (€14k) on a project confirmed in October 2021. Miscellaneous income was nearly €6k higher than budgeted. This is accounted for donations €4k, and other unexpected income of approximately €2k. In summary, income was therefore in the region of €14k (c. 4%) over budget. Wages and salaries were approximately €4k over budget, due to the employment of an additional staff member from October 2021. In summary, expenditure was within +3% (€8k) of budget.

We conservatively expect a further 35% increase in income and a similar increase in expenditure in 2022. A modest surplus for 2022 has been approved by the Board.



### ***Ten-year Financial Summary – Income and Expenditure 2013–2021, and 2022 projections***

2022 will represent the continued successful diversification of our income streams. Our three biggest funders in 2021 were the Health Service Executive (34%), the Department of Social Protection (31%) and the Department of Rural and Community Development (24%). Other sources of income in 2021 included the Community Foundation of Ireland, National Lottery Grants, Carers Week partner contributions, consulting fees, donations and membership fees. On the expenditure side, staff salaries were the biggest outlay (57%), followed by project expenditure (27%).

### **Risk Management**

The Board recognises and regularly reviews the major risks to which we could be exposed. A comprehensive risk matrix was reviewed and approved by the Board in November 2021. One of the risks identified through 2021 is the risk of loss of multi-year funding contracts. This risk is mitigated in a number of ways, namely: timely and comprehensive reporting to funders, delivery of agreed Work Plan, relationship development, as well as successful income diversification. More broadly risks are assessed under a number of categories: Personnel, Finances, Projects, Membership, Governance, Operations/IT and Legal. Relevant actions

were taken to mitigate but not eliminate these risks. The Directors are satisfied that a comprehensive set of policies and procedures are in place to mitigate exposure to major risks. Using a risk classification and matrix based on likelihood and impact, high, medium and low risks were identified. Actions undertaken or proposed to ameliorate risks are included in the risk register.

### **Reserves Policy**

The Board of Directors has set a reserves policy that reserves be maintained at four months' expenditure based on the previous year's audited accounts. Care Alliance had reserves of €66,560 at 31st December 2021, of this amount €62,311 is unrestricted, and this was insufficient to meet the four months' expenditure requirement of its reserves policy. The Directors note that while the current level of reserves (two-and-a-half months) is not in keeping with the official policy, the policy itself remains adequate. The organisation is committed to continuing to build up the reserves over the coming years by securing a modest level of additional unrestricted funding from a range of sources. Restrictions placed by many funders make this a real challenge.

### **Investment Policy**

The Board's policy is to keep significant surplus cash on short-term deposit providing a market rate of interest. The ongoing historically low interest rates for deposit accounts has continued to result in minimal investment income. The Board does not consider it prudent to place its surplus funds in other asset classes.

### **Donations and Legacy Income**

It is our view that we are unlikely to receive legacy income. For this reason, we do not currently have a legacy income policy.

### **Donated Facilities/Goods/Services Policy**

It is our view that the level of such services is small overall, and as such does not warrant a policy. We will keep this under review as one of our projects does currently involve intensive volunteering by a large number of people.

## **Deferred Income Policy**

The charity recognised deferred income, where the terms and conditions have not been met or uncertainty exists as to whether the charity can meet the terms or conditions otherwise within its control. Income is then deferred as a liability until it is probable that the terms and conditions imposed can be met. Some of the grants received are subject to performance-related conditions or time periods. When these performance-related or other conditions are met, the deferred income is released to income in the Statement of Financial Activities.

## **Membership Fees**

These are recognised in the Statement of Financial Activities of the year in which they are receivable.

## **Appointment of Solicitors**

In light of the small size of the organisation and its low risk profile, the Board has taken the view that there is no need to have named solicitors appointed at this stage. Should there be a need in the future, the Board will appoint appropriate solicitors accordingly.

## **Structure, Governance and Management**

We are registered as a charitable company limited by guarantee. We are a public benefit entity. In the event of Care Alliance being wound up, the liability in respect of the guarantee is limited to €1 per member. Care Alliance has a constitution and is a registered charity (CHY 14644, Charity Registration No: 20048303). Care Alliance's goals and approaches are guided by its charitable objectives as laid out in these documents.

Our Board of Directors met through Zoom throughout 2021, five times in total, Our AGM in September was again held virtually, with high attendance levels.

The Board of Directors, elected and co-opted under the terms detailed in the *Company Governance Handbook*, has overall responsibility for strategic development, in close liaison with the Executive Director. Donal McKenna is the Board Chair, Fergus O'Rourke is the Board Treasurer and Barbara Barrett is the

Company Secretary. Liam O’Sullivan, the Executive Director, manages the operations and is not a member of the Board. The Board is responsible for providing leadership, setting strategy and ensuring control. It comprises ten non-executive Directors. Currently, five of the Directors have been nominated to the Board by our member organisations. Others have been recruited through Boardmatch Ireland and through other recommendations. The Board’s Directors are drawn from diverse backgrounds in not-for-profit organisations, business and the professions. They bring to board deliberations the significant business and decision-making skills developed in their respective fields, together with a broad range of experience and views. Our new Directors appointed in early 2022 bring with them an additional range of skills.

Biographies of all our Directors are available on our website. The majority have experience as family carers.



Donal McKenna -  
Chairperson



Phil Dunne



Hazel Mulligan



Barbara Barrett



Martin Ryan



Laura Reid



Talent Nyamakope



Mary Shovlin



Fergus O'Rourke -  
Treasurer



Laura O'Philbin

### ***Our ten volunteer Directors.***

Suitable potential Directors are identified in three ways: first, by member organisations, secondly, through Boardmatch Ireland, and thirdly, through professional contacts. The Chair manages this process, which includes review of CVs, interviews and follow-up of references.

The role of Chairperson and Executive Director are separate. The Directors are committed to maintaining the highest standard of corporate governance and they believe that this is a key element in ensuring the proper operation of Care Alliance’s activities. Conflicts of interest and loyalty are considered through statements of interests, and through standing items at board meetings. All Directors are required

to sign a Conflict of Interests Compliance Statement in which they state that they are aware of their obligations as a member of the Board of Directors of Care Alliance Ireland.

They also undertake to furnish to the Company Secretary full particulars of their interests, which include their employment, all business interests and community involvement, including voluntary work for charities that might involve a conflict of interest or might materially influence them in relation to the performance of their functions as a member of the Board or their partiality. They also undertake to notify the Company Secretary of any changes to these interests.

In November 2020 the Board confirmed our organisation's full compliance with the new Charities Regulator Governance Code. It is intended that following a thorough assessment, full compliance will be re-confirmed in mid-2022.

There is clear division of responsibility between the Board and the Executive Director, with the Board retaining control of major decisions under a formal Schedule of Matters Reserved to the Board for Decision, while the Executive Director is responsible for devising strategy and policy within the authority delegated to him by the Board. For example, the Board considers applications for membership of Care Alliance, using five criteria. Care Alliance has a comprehensive process for reporting management information to the Board. While the focus at board meetings is on stewardship, governance, financial reporting and risk, the Board also invites speakers to present on occasions.

On appointment to the Board, Directors receive a formal induction programme and are provided with comprehensive briefing documents designed to familiarise them with Care Alliance's operations, management and governance structures. Our *Corporate Governance Handbook* stipulates that at the AGM those Directors who have served a three-year term shall retire from office. It also stipulates that all retiring Directors shall be eligible for re-election, provided that no Director shall serve more than two consecutive terms of three years.

There was one appointment to the Board in 2021. Three of our Directors will have served for six years in 2022, one in 2023, two in 2025, and three in 2026. Board attendance averaged 79% over the course of 2021 (2020 was 80%).



A self-assessment process was undertaken by the Board in 2020 and a score of 262/272 was reported (2018, 258/272). This suggests that the Board continues to perform well.

In 2022 an active Chair succession plan is in place that includes recruitment, training and shadowing.

<b>Name</b>	<b>Joined the Board</b>	<b>Feb</b>	<b>April</b>	<b>June</b>	<b>Sept.</b>	<b>Nov.</b>	<b>Total</b>	<b>Max. poss.</b>	<b>Attend. Rate (%)</b>
Hazel Mulligan	July 2016	1	1	1	1	1	5	5	100%
Phil Dunne	April 2016	1	1	1	0	1	4	5	80%
Donal McKenna	March 2016	1	1	1	1	1	5	5	100%
Barbara Barrett	June 2017	1	1	1	0	1	4	5	80%
Martin Ryan	Sept. 2019	1	1	1	0	0	3	5	60%
Laura Reid*	Sept. 2019	0	0	0	0	0	0	5	0%
Talent Nyamakope	Jan. 2020	1	1	1	1	1	5	5	100%
Mary Shovlin	Sept. 2020	1	1	1	0	1	4	5	80%
Moira Knowles	May 2021	n/a	n/a	1	1	n/a	2	2	100%
Erika Ring	Sept. 2020	1	1	1	1	1	5	5	100%
							37	47	79% Ave.
Total		8	8	9	5	7			
*On long-term sick leave.									

### ***Board attendance rates 2021***

### **Committees of the Board**

We have two standing board committees, namely the Audit and Risk Committee and the Research Committee. Both have clear terms of reference and their respective chairpersons report at each board meeting.

The role of the Audit and Risk Committee is to oversee the efficient financial and risk management of Care Alliance, including the raising, collection, investment,

borrowing and outlay of all monies. The committee met formally once in 2021 and operated via regular email discussions. It is Chaired by the Treasurer, and has two other members, as well as the Chairperson of the organisation being an ex-officio member.

The role of the Research Committee is to support Care Alliance Ireland's strategic priority 'Supporting primary and applied research on family caring and the role of family carers'. The Research Committee, with a membership of three directors, is consulted regularly by the Executive Director on matters within its terms of reference. In 2021, the committee considered five substantial topics, all of which were managed by the Chair of the committee using email correspondence and phone conversations as necessary. A report on the Research Committee's activities is presented at each board meeting. Any items that the Chair judged to require further full board consideration were considered at the next board meeting. The Board believes this method of operation for this committee is appropriate.

### **Directors' Responsibilities Statement**

The Directors (who are also Directors of Care Alliance Ireland for the purposes of company law) are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and Irish/UK Accounting Standards (Irish/UK Generally Accepted Accounting Practice).

Irish company law requires the Directors to prepare financial statements for each financial year. Under the law the Directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and accounting standards issued by the Financial Reporting Council, and promulgated by Chartered Accountants Ireland, including FRS 102, the Financial Reporting Standard applicable in the UK and Ireland (Generally Accepted Accounting Practice in Ireland). Under company law, the Directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the charitable company as at the financial year-end date, and of the surplus or deficit of the charitable company for the

financial year, and that they otherwise comply with the Companies Act 2014. In preparing these financial statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect of and reasons for any material departure from those standards.
- Prepare the financial statements on the going-concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Directors are responsible for ensuring that the charitable company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the charitable company; enable at any time the assets, liabilities, financial position and profit or loss of the charitable company to be determined with reasonable accuracy; enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014; and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Declaration of Interests**

All members of the Board declare relevant interests on an annual basis. At the beginning of each board meeting, all Directors are invited to declare any conflicts of interest or loyalty in respect of agenda items.

### **Thanks**

We are very grateful to all our funders for both new and continued support. The following organisations and supporters provided grants and/or contracts that contributed to our success in the last year: the Department of Rural and Community Development, the Health Service Executive, the Department of Social

Protection, the Community Foundation of Ireland, and the National Lottery. We also thank Carmichael Ireland for their continued support and specifically for the provision of mentoring and shared premises.

### **Independent Auditor**

The auditors, Duignan Carthy O'Neill, Chartered Accountants and Statutory Audit Firm, have expressed their willingness to continue in office in accordance with the Companies Act 2014.

### **Accounting Records**

The measures taken by the Directors to secure compliance with the requirements of sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records are the implementation of necessary policies and procedures for recording transactions, the employment of appropriately qualified accounting personnel with appropriate expertise, the provision of adequate resources to the financial function and the maintenance of computerised accounting systems. The company's accounting records are maintained at the company's registered office at Coleraine House, Coleraine Street, Dublin 7.

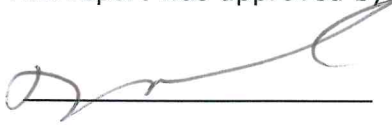
### **Statement on Relevant Audit Information**

In the case of each of the persons who is a Director at the time this report is approved in accordance with section 332 of the Companies Act 2014:

- so far as each Director is aware, there is no relevant audit information of which the company's statutory auditors are unaware, and
- each Director has taken all of the steps that he or she ought to have taken as a Director in order to make himself or herself aware of any relevant audit

information and to establish that the company's statutory auditors are aware of that information.

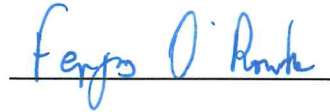
This report was approved by the Directors:

A handwritten signature in black ink, appearing to be 'Donal McKenna', written over a horizontal line.

**Donal McKenna**

Director

Date: 21st June 2022

A handwritten signature in blue ink, appearing to be 'Fergus O'Rourke', written over a horizontal line.

**Fergus O'Rourke**

Director

Date: 21st June 2022

## **Independent Auditors' Report to the members of Care Alliance Ireland**

### **Opinion**

We have audited the financial statements on pages 50 to 74 of Care Alliance Ireland for the year ended 31 December 2021 which comprise the Statement of Financial Activities, the Balance Sheet, Statement of Changes in Funds, Statement of Cashflows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

This report is made solely to the company's members as a body in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters that we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the Company as at 31st December 2021 and of its result for the year then ended;
- have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' ; and
- have been prepared in accordance with the requirements of the Companies Act 2014

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs(Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## **Independent Auditors' Report to the members of Care Alliance Ireland**

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

### **Other information**

The directors are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the financial statements does not cover the information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.



## **Independent Auditors' Report to the members of Care Alliance Ireland**

### **Opinion on other matters prescribed by the Companies Act 2014**

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with the applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited, and financial statements are in agreement with the accounting records.

### **Matters on which we are required to report by exception**

Based on the knowledge and understanding of the Company and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

### **Respective responsibilities**

#### **Respective responsibilities of directors for the financial statements**

As explained more fully in the Directors' Responsibilities Statement on pages 43 - 44, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.


In preparing the financial statements, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

## **Independent Auditors' Report to the members of Care Alliance Ireland**

### **Auditors' responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: <https://www.iaasa.ie/Publications/Auditing-standards>. The description forms part of our Auditor's Report.

  
.....

**Elizabeth Murphy**

for and on behalf of  
**Duignan Carthy O'Neill Limited**  
Chartered Accountants  
Registered Auditors  
84 Northumberland Road  
Dublin 4

Date: 21 June 2022

## Care Alliance Ireland

### Statement of Financial Activities (Including Income & Expenditure) for the year ended 31 December 2021

#### Income and Expenditure

		<b>Restricted Funds 2021 €</b>	<b>Unrestricted Funds 2021 €</b>	<b>Total Funds 2021 €</b>	<b>Restricted Funds 2020 €</b>	<b>Unrestricted Funds 2020 €</b>	<b>Total Funds 2020 €</b>
<b>Incoming Resources</b>	<b>Note</b>						
<b>Donations and Legacies</b>							
Donations and fundraising Income	<b>14</b>	-	-	-	5,702	-	5,702
<b>Incoming resources from charitable activities</b>							
Revenue Funding Grants	<b>2.12</b>	213,976	-	213,976	113,976	-	113,976
Projects	<b>2.12</b>	139,759	-	139,759	35,284	-	35,284
Other Income		-	11,943	11,943	-	12,583	12,583
<b>Total Incoming Resources</b>		<b>353,735</b>	<b>11,943</b>	<b>365,678</b>	<b>154,962</b>	<b>12,583</b>	<b>167,545</b>
<b>Resources Expended</b>							
Expenditure on Charitable Activities	<b>3</b>	334,583	3,690	338,273	164,335	3,690	168,025
<b>Total Resources Expended</b>		<b>(334,583)</b>	<b>(3,690)</b>	<b>(338,273)</b>	<b>(164,335)</b>	<b>(3,690)</b>	<b>(168,025)</b>
<b>Surplus/(Deficit) on ordinary activities before interest</b>		19,152	8,253	27,405	(9,373)	8,893	(480)

**Care Alliance Ireland**

**Statement of Financial Activities**  
**(Including Income & Expenditure)**  
**for the year ended 31 December 2021**

**Income and Expenditure (continued)**

		<b>Restricted Funds 2021 €</b>	<b>Unrestricted Funds 2021 €</b>	<b>Total Funds 2021 €</b>	<b>Restricted Funds 2020 €</b>	<b>Unrestricted Funds 2020 €</b>	<b>Total Funds 2020 €</b>
	<b>Note</b>						
<b>Surplus/(Deficit) on ordinary activities before interest</b>		19,152	8,253	27,405	(9,373)	8,893	(480)
Interest receivable and similar income		-	-	-	-	2	2
<b>Net Income/(Expenditure) for the year</b>		<u>19,152</u>	<u>8,253</u>	<u>27,405</u>	<u>(9,373)</u>	<u>8,895</u>	<u>(478)</u>
		<u><u>19,152</u></u>	<u><u>8,253</u></u>	<u><u>27,405</u></u>	<u><u>(9,373)</u></u>	<u><u>8,895</u></u>	<u><u>(478)</u></u>
<b>Net movement in funds</b>		19,152	8,253	27,405	(9,373)	8,895	(478)
<b>Reconciliation of funds</b>							
Total funds brought forward		(14,903)	30,058	15,155	(5,530)	21,163	15,633
Contingency fund		-	24,000	24,000	-	24,000	24,000
<b>Total funds carried forward</b>	13	<u><u>4,249</u></u>	<u><u>62,311</u></u>	<u><u>66,560</u></u>	<u><u>(14,903)</u></u>	<u><u>54,058</u></u>	<u><u>39,155</u></u>

**Care Alliance Ireland**  
**Statement of Financial Activities**  
**(Including Income & Expenditure)**  
**for the year ended 31 December 2021**

**Income and Expenditure (continued)**

All activities are in respect of continuing operations.

There are no recognised gains or losses other than the results for the above two financial years.

The financial statements were approved by the Board of Directors on 21 June 2022 and signed on its behalf by:



**Donal McKenna**  
Director



**Fergus O'Rourke**  
Director

**Care Alliance Ireland**

**A Company Limited by Guarantee and not having a Share Capital**

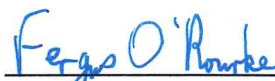
**Balance Sheet  
as at 31 December 2021**

	Notes	2021 €	2020 €
<b>Fixed Assets</b>			
Tangible assets	7	2,737	870
		<u>2,737</u>	<u>870</u>
<b>Current Assets</b>			
Debtors	8	2,715	14,051
Cash at bank and in hand	9	214,067	79,704
		<u>216,782</u>	<u>93,755</u>
<b>Creditors: amounts falling due within one year</b>	10	(152,959)	(55,470)
<b>Net Current Assets</b>		<u>63,823</u>	<u>38,285</u>
<b>Total Assets Less Current Liabilities</b>		<u>66,560</u>	<u>39,155</u>
<b>Reserves</b>			
Reserves	12	66,560	39,155
<b>Funds</b>	13	<u>66,560</u>	<u>39,155</u>

The financial statements were approved by the Board of Directors on 21 June 2022 and signed on its behalf by:



**Donal McKenna**  
Director



**Fergus O'Rourke**  
Director

# Care Alliance Ireland

## Statement of Changes in Funds for the year ended 31 December 2021

	<b>Funds account €</b>	<b>Total Funds €</b>
<b>At 1 January 2021</b>	39,155	39,155
Retained surplus for the year	27,405	27,405
<b>At 31 December 2021</b>	<u>66,560</u>	<u>66,560</u>

In respect of prior year:

	<b>Funds account €</b>	<b>Total Funds €</b>
<b>At 1 January 2020</b>	39,633	39,633
Retained deficit for the year	(478)	(478)
<b>At 31 December 2020</b>	<u>39,155</u>	<u>39,155</u>

## Care Alliance Ireland

### Statement of Cash Flows for the year ended 31 December 2021

	2021 €	2020 €
<b>Cash flows from operating activities</b>		
Net income/(expenditure) for the year	27,405	(480)
Depreciation	1,286	497
(Increase)/Decrease in debtors	11,336	(13,418)
Increase/(Decrease) in creditors	97,489	(6,244)
Interest during the year	-	-
<b>Net cash flows from operating activities</b>	<u>137,516</u>	<u>(19,645)</u>
<b>Cash flows from investing activities</b>		
Interest received	-	2
Capital Expenditure	3,153	-
<b>Net cash flows from investing activities</b>	<u>(3,153)</u>	<u>2</u>
<b>Net (Decrease)/ Increase in cash and cash equivalents</b>	<u>134,363</u>	<u>(19,643)</u>
<b>Reconciliation of net cash flow to movement in net funds (Note 24)</b>		
<b>(Decrease)/ Increase in cash and cash equivalents in the year</b>	134,363	(19,643)
<b>Net Cash at 1 January 2021</b>	<u>79,704</u>	<u>99,347</u>
<b>Net Cash at 31 December 2021</b>	<u>214,067</u>	<u>79,704</u>



## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2021**

#### **1. Statement of Compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', Charities SORP (FRS 102) and the Companies Act 2014.

#### **2. Accounting Policies**

##### **2.1. Basis of preparation of financial statements**

The financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish statute comprising the Companies Act 2014, and the Charities SORP (FRS 102). Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Financial Reporting Council.

Care Alliance Ireland is constituted under Irish company law as a company limited by guarantee and is a registered charity and has adopted and reported its performance in accordance with the format provided for in the Charities SORP and in particular reports its performance for the financial year in the format of the SORP's Statement of Financial Activities (SOFA).

Companies Act 2014 which became effective in law on 1 June 2015 and from that date applied the format and content of financial statements requirements appropriate for a company trading for the profit of its members to a company that is a not for profit organisation. In order to provide information relevant to understanding the stewardship of the directors and the performance and financial position of the charity, Care Alliance Ireland has prepared its financial statements in accordance with the formats provided for in the Charities SORP (FRS 102) consistent with the prior year.

The directors consider the adoption of the SORP requirements is the most appropriate accounting to properly reflect and disclose the activities of the organisation. Had the Companies Act format and content of financial statements requirements suitable for a company trading for the profit of its members been presented instead, a profit and loss account with related notes showing items such as Turnover and Cost of Sales would have been reported along with a "profit" on ordinary activities before taxation.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2021**

..... continued

#### **2.2. Judgments and key sources of estimation uncertainty**

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The company makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

The directors have prepared budgets and cash flows for a period of at least twelve months from the date of the approval of the financial statements which demonstrate that there is no material uncertainty regarding the company's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the directors consider it appropriate to prepare the financial statements on a going concern basis. Accordingly, these financial statements do not include any adjustments to the carrying amounts and classification of assets and liabilities that may arise if the company was unable to continue as a going concern.

#### **2.3. Company name**

The company received approval under section 1180(1) of the Companies Act 2014 to omit the word 'Company Limited by Guarantee' from its name.

#### **2.4. Functional and presentation currency**

Items included in the financial statements of the company are measured using the currency of the primary economic environment in which the company operates ("the functional currency"). The financial statements are presented in euro, which is the company's functional and presentation currency and is denoted by the symbol "€".

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

#### **2.5. Tangible fixed assets and depreciation**

Tangible fixed assets under the cost model are stated at cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

The company adds to the carrying amount of an item of fixed assets the cost of replacing part of such an item when that cost is incurred, if the replacement part is expected to provide incremental future benefits to the company. The carrying value amount of the replacement part is derecognised. Repairs and maintenance are charged to income or expenditure during the period in which they are incurred.

Depreciation is provided on all tangible fixed assets at the following annual rates calculated to write off the cost less residual value of each asset over its expected useful life on the straight line basis, as follows:

Office Equipment	-	20% Straight Line
Computer Equipment	-	25% Straight Line

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised within 'other operating income' in the Statement of Financial Activities.

#### **2.6. Going concern**

Care Alliance Ireland is reliant on continuing support from Government Bodies in the form of Grant Assistance and Corporate Support to ensure that the Company remains in operation for the foreseeable future.

Noting Covid-19, the directors have prepared budgets for the upcoming 12 months which show that the company will continue as a going concern.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2021**

..... continued

#### **2.7. Trade and other creditors**

Trade and other creditors are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

#### **2.8. Financial instruments**

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

The company only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable.

Debt instruments like accounts receivable and payable are initially measured at present value of the future payments and subsequently at amortised cost using effective interest method. Debt instruments that are payable or receivable within one year, typically trade payables and receivables, are measured, initially and subsequently, at the undiscounted amount of the cash or other consideration expected to be paid or received.

Cash consists of cash on hand and demand deposits. Cash equivalents consist of short-term highly liquid investments that are readily convertible to known amounts of cash that are subject to an insignificant risk of change in value.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2021**

..... continued

#### **2.9. Provisions**

Provisions are recognised when the company has a present legal or constructive obligation as a result of past events; it is probable that an outflow of resources will be required to settle the obligation; and the amount of the obligation can be estimated reliably.

Where there are a number of similar obligations, the likelihood that an outflow will be required in settlement is determined by considering the class of obligations as a whole. A provision is recognised even if the likelihood of an outflow with respect to any one item included in the same class of obligations may be small.

Provisions are measured at the present value of the expenditures expected to be required to settle the obligation using a pre-tax rate that reflects current market assessments of the time value of money and the risks specific to the obligation. The increase in the provision due to passage of time is recognised as a finance cost.

#### **2.10. Government grants**

Grants are accounted for under the performance model as permitted by FRS 102. Grants under this model are recognised in income as follows:

- (a) A grant that does not impose specified future performance conditions on the recipient is recognised in income when the grant proceeds are receivable.
- (b) A grant that imposes specified future performance conditions on the recipient is recognised in income only when the performance conditions are met.
- (c) Grants received before the revenue recognition criteria are satisfied are recognised as a Liability and usually referred to as deferred income.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2021**

..... continued

#### **2.11.Pensions**

Pension benefits for employees are met by payments to defined contribution executive pensions.

The regular cost of providing retirement pensions and related benefits is charged to the Statement of Financial Activities over the employees' service lives on the basis of a constant percentage of earnings. The benefits made are into a defined contribution plan. The assets of the fund are held separately from the company in independently administered funds.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

#### 2.12.Incoming resources

Income represents the total of grants, donations and fundraising activities related to the year.

Income is received by way of donations, gifts, grants and fund-raising events and are included in full in the Statement of Financial Activities as soon as they are received. Income collected from fund-raising events is included in the Statement of Financial Activities as soon as it is credited in the bank. Donations, legacies and gifts are shown as other income in the Statement of Financial Activities.

Bank interest received is included in the Statement of Financial Activities as soon as it is credited to the bank account.

All income arose in Ireland.

Grant Funding	2021 €	2020 €
Annual HSE Grant Aid Agreement - Section 39 - Older Persons Services	123,976	23,976
Pobal - Scheme to Support National Organisations (SSNO)	90,000	90,000
	<u>213,976</u>	<u>113,976</u>

The HSE grant is an annual recurring grant for the delivery of specific services (information, representation, research support, submissions, collaboration) detailed in a grant aid agreement.

€100,000 in new funding was awarded in 2021 by the HSE to support the work of the Online Carer Support Project (Carers Guarantee). This has become part of a formal Grant Aid Agreement in 2022.

The Pobal grant is a three year (2019-2022) grant for the delivery of specific services (advocacy, research and policy development, networking, specialist support, information provision) detailed in a grant agreement.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

Projects	2021 €	2020 €
CFI - Online Carers Support	4,900	10,000
DAF - Family Carer Training	98,087	-
DAF - ICT RET	13,857	-
Carers Week	16,213	7,235
National Lottery (Various Publications)	-	5,900
Carers Engage	2,000	5,262
Research Seminar	4,169	-
University of Limerick	533	4,350
Erasmus (Caring4Carers)	-	2,537
	<u>139,759</u>	<u>35,284</u>

Membership Fees, contained in other income, are recognised in the Statement of Financial Activities of the year in which they are receivable

#### Expenditure

All expenditure is charged in the period to which it relates.

#### 2.13.Taxation

The company is exempt from taxation due to its charitable status, charity number 20048303 (CHY number 14644).

#### 2.14.Reserves

Best practice requires that the company make a provision for a contingency fund. The Board of Directors has set a reserves policy which aims for reserves be maintained at a minimum of 4 months' expenditure based on the previous year's audited accounts.

#### 2.15 Deferred Income Policy/ Income Recognition

The charity recognised deferred income where the terms and conditions have not been met or uncertainty exists as to whether the charity can meet the terms or conditions otherwise within its control, income is then deferred as a liability until it is probable that the terms and conditions imposed can be met. Some of the grants received are subject to performance related conditions or time periods. When these performance related or other conditions are met the deferred income is released to and recognised as income in the statement of financial activities.



## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2021**

..... continued

#### **2.16 Investment Policy**

The Board's policy is to keep significant surplus cash on short-term deposit providing a market rate of interest. The ongoing historically low interest rates for deposit accounts has continued to result in minimal investment income. The Board does not consider it prudent to place its surplus funds in other asset classes.

#### **2.17 Research and Development**

For the purposes of reporting, no material research and development, as understood under accounting rules, has taken place in 2021.

#### **2.18 Other matters**

No political donations were either made or received in 2021. No financial or other fiduciary transactions with directors took place in 2021.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

#### 3. Resources Expended

This includes:

	<b>2021</b>	<b>2020</b>
	<b>€</b>	<b>€</b>
<b>Project Expenditure</b>		
Carers Week	15,511	6,415
CFI - Online Carers Support	43,867	21,757
Carers Engage	2,520	2,000
DAF - Family Carer Training	40,789	-
DAF - ICT RET	6,536	-
Newsletters	124	195
Seminars & Conferences	10	-
Publications	383	4,272
Learning4Carers Project	-	388
UL/PPI Project	360	148
Research & Evaluation	255	870
Other Event Expenses	70	-
<b>Total Project Expenditure</b>	<u>110,425</u>	<u>36,045</u>

#### Legal, Professional, Administration & Employment Costs

Wages & Salaries	174,690	92,264
Employer's PRSI Contributions	19,219	10,167
Staff Pension Costs	6,337	5,057
Board Development & Governance	306	194
Meetings	285	549
Rent	6,872	6,013
Insurance	1,403	1,296
HR Partnership Programme	1,206	1,231
Printing, Postage & Stationery	352	457
Telephone & Fax	899	772
Computer Costs	652	1,545
Travelling and subsistence	336	31
Accountancy & Payroll Fees	4,877	4,225
Audit & other professional fees	3,690	3,690
Bank Charges	231	118
Staff Development	4,298	2,867
Sundry Expenses	89	6
Subscriptions	998	1,001
Depreciation	1,286	497
	<u>227,848</u>	<u>131,980</u>

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

#### 3. Resources Expended (continued)

<b>Total Resources Expended</b>	<u>338,273</u>	<u>168,025</u>
---------------------------------	----------------	----------------

Due to the small size of the organisation it is not considered necessary or practical to detail support and or governance costs. As the organisation grows the board of directors will reconsider this approach.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

#### 4. Employees

##### Number of employees

The average monthly numbers of employees  
(excluding the directors) during the year were:

	<b>2021</b>	<b>2020</b>
	<b>Number</b>	<b>Number</b>
All employees	<u>5</u>	<u>2</u>

##### Employment costs

	<b>2021</b>	<b>2020</b>
	<b>€</b>	<b>€</b>
Wages and salaries	174,690	92,264
Employers social insurance contributions	19,219	10,167
Pension costs	6,337	5,057
	<u>200,246</u>	<u>107,488</u>

Board Director's salary for 2021 was €Nil (2020 : €Nil).

The Board of Director's expenses for 2021 was €Nil (2020: €59)

The most senior staff member is the Executive Director. He was paid a whole-time equivalent salary of €69,678 (€55,743 based on four day per week employment in 2021) His total remuneration including Salary and Pension in 2021 was €59,087.

There were no employees whose salary was in excess of €70,000 and during the year no employee received total employee benefits, excluding employer pension, exceeding €70,000.

#### 5. Auditors Remuneration

	<b>2021</b>	<b>2020</b>
	<b>€</b>	<b>€</b>
Statutory audit	<u>3,690</u>	<u>3,690</u>

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

#### 6. Pension costs

Pension benefits for employees are met by payments to individual defined contribution Executive Pensions. Pension costs amounted to €6,337 (2020 - €5,057). The assets of the fund are held separately from the company in independently administered funds.

#### 7. Tangible assets

	Fixtures, Furniture & Fittings €	Office Equipment €	Computer Equipment €	Total €
<b>Cost</b>				
At 1 January 2021	896	89	4,241	5,226
Additions	-	-	3,153	3,153
At 31 December 2021	896	89	7,394	8,379
<b>Depreciation</b>				
At 1 January 2021	896	89	3,371	4,356
Charge for the year	-	-	1,286	1,286
At 31 December 2021	896	89	4,657	3,070
<b>Net book values</b>				
At 31 December 2021	-	-	2,737	2,737
At 31 December 2020	-	-	870	870

# Care Alliance Ireland

## Notes to the Financial Statements for the year ended 31 December 2021

..... continued

### 8. Debtors: amounts falling due within one year

	2021 €	2020 €
Income Receivable	-	7,662
Prepayments	2,715	6,389
	<u>2,715</u>	<u>14,051</u>

Income receivable and prepayments have been stated at their recoverable amount.

### 9. Cash at Bank and in Hand

	2021 €	2020 €
Current Account	195,764	61,401
Deposit Accounts	18,303	18,303
	<u>214,067</u>	<u>79,704</u>

### 10. Creditors: amounts falling due within one year

	2021 €	2020 €
Pension	1,190	679
Other taxes and social security costs	7,878	3,007
Accruals	4,981	6,649
Deferred Income (a)	138,910	45,135
	<u>152,959</u>	<u>55,470</u>
Other taxes and social security costs include:		
PAYE & PRSI	<u>7,878</u>	<u>3,007</u>

(a) The above deferred income comprise of monies received in respect of specific projects where the performance related tasks have not been completed at year end. See breakdown on note 16.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

<b>11. Financial Instruments</b>	<b>2021</b>	<b>2020</b>
	<b>€</b>	<b>€</b>
<b>Financial Assets</b>		
Financial assets that are debt instruments measured at amortised cost	-	7,662
	<u>-</u>	<u>7,662</u>
	<u>-</u>	<u>(7,662)</u>
<b>Financial Liabilities</b>		
Financial liabilities measured at amortised cost	(143,891)	(51,784)
At 31 December 2021	<u>(143,891)</u>	<u>(51,784)</u>

Financial assets measured at amortised cost comprise accrued income.

Financial liabilities measured at amortised cost comprise accruals and deferred income.

No transaction costs have been deducted.

## 12. Reserves

The Board of Directors has set a reserves policy that reserves be maintained at four months' expenditure based on the previous year's audited accounts. Care Alliance had reserves of €66,560 at 31 December 2021 and this was insufficient to meet the four months' expenditure requirement of its reserves policy.

The Directors note that while the current level of reserves (two-and-a-half months) is not in keeping with the official policy, the policy itself remains adequate. The organisation is committed to attempting to gradually build up the reserves over the coming years by securing a modest level of additional unrestricted funding from a range of sources and by budgeting for a modest surplus for three years. Restrictions placed by many funders make this a real challenge.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

#### 13. Reconciliation of movements in funds

Closing Reserves allocated as follows:

	<b>Opening Surplus 01/01/21 €</b>	<b>2021 €</b>	<b>Closing Surplus 31/12/21 €</b>
Restricted Funds	(14,903)	19,152	4,249
Unrestricted Funds	54,058	8,253	62,311
	<u>39,155</u>	<u>27,405</u>	<u>66,560</u>

	<b>Opening Surplus 01/01/20 €</b>	<b>2020 €</b>	<b>Closing Surplus 31/12/20 €</b>
Restricted Funds	(5,530)	(9,373)	(14,903)
Unrestricted Funds	45,163	8,895	54,058
	<u>39,633</u>	<u>(478)</u>	<u>39,155</u>

#### 14. Donations and Legacy Income

It is our view that we are unlikely to receive legacy income. For this reason, we do not currently have a legacy income policy. We did receive a significant donation from the Carolan Research Trust in 2019 and this has prompted the Board to consider preparing a donations policy in 2022.

#### 15. Donated Facilities/Goods/Services Policy

It is our view that the level of such services is small overall, and as such does not warrant a policy. We will keep this under review as one of our projects does currently involve intensive volunteering by a large number of people.



## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

#### 16 Deferred Income

This includes:

	2021	2020
Carers week	-	10,000
Community Foundation of Ireland	33,135	33,135
Miscellaneous Income	-	2,000
HSE W grant	2,500	-
DAF - ICT RET	94,235	-
HSE	9,040	-
	<u>138,910</u>	<u>45,135</u>

Deferred income at year end comprises of €33,135 received from the Community Foundation of Ireland in 2020 for use in 2022 for the family carers online support project; €9,040 received from the National Lottery (HSE) for the same project, and €94,235 received from Pobal for the Return Ready/DAF project.

During the 2021 financial year €10,000 of the 2020 deferred income for Carers Week was spent on 2021 Carers week, while the €2,000 provision was also released into income during the financial year. €33,135 for the online carers support project was further deferred into 2022, with the funder agreement due to performance objectives not being met in 2021.

#### 17. Capital commitments

The company had no capital commitments at 31 December 2021.

#### 18. Contingent liabilities

As outlined, the company has received government grants for revenue purposes. Should these grants not be used for the purpose specified, the grants will become repayable in whole or in part.

As at the 31 December 2021 Care Alliance Ireland estimates that there is no amount due for repayment.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

#### **19. Related Party Transactions**

The company has a policy of reimbursing directors for travel and other approved and legitimate expenses incurred during the course of carrying out their duties. During the year ended 31 December 2021 the total expenses reimbursed amounted to €3,809 and this amount was reimbursed to the Executive Director of Care Alliance Ireland (2020: €487). The reason for this large increase in 2021 was due to the difficulties in using the company credit card following the introduction by the bank of SCA (Strong Customer Authentication), thus requiring the Executive Director to use his personal credit card for project related expenditure.

No other related party transactions took place during the year.

#### **20. Principal risks and uncertainties**

The ongoing effect of Covid-19 presents risks for our economy, society and by association our organisation. However, our directors have not identified any material risks to our operations and financial stability for 2022. No impairments on assets or receivables are expected. Indeed, as in 2020, during 2021 we were able to take advantage of new funding opportunities to deliver new online supports and services which have resulted in a significant increase in long-term income in over this period and into 2022 and beyond.

#### **21. Ultimate parent undertaking**

The company is controlled by its Members and the Board of Directors.

#### **22. Post Balance Sheet events**

There have been no significant events affecting the company since the year-end.

#### **23. Key management personnel compensation**

The Executive Director is considered to be Key Management. Remuneration, including pension contributions, paid to the Executive Director in 2021 amounted to €59,087 (2020: €57,782).

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2021

..... continued

#### 24. Analysis of changes in net funds

	Opening balance €	Cash flows €	Closing balance €
Cash at bank and in hand	79,704	134,363	214,067
Net funds	<u>79,704</u>	<u>134,363</u>	<u>214,067</u>

#### 25. The Department of Rural and Community Development

Care Alliance Ireland received grant funding from The Department of Rural and Community Development, for the period from 1st July 2019 to 30th June 2022. The grant is for the Scheme to Support National Organisations (SSNO). The total monies that will be awarded in respect of the grant are up to €270,000 of which €90,000 was in respect of the current year.

The grants have been awarded to assist with staffing and core overhead costs and are not capital in nature.

Care Alliance Ireland is compliant with Department of Public Expenditure and Reform Circular 13/2014.

**Care Alliance Ireland**

**Detailed Income and Expenditure Account  
for the year ended 31 December 2021**

**Supplementary information relating to the financial statements,  
not forming part of the audited financial statements**

## Care Alliance Ireland

### Detailed Trading Income and Expenditure Account for the year ended 31 December 2021

	2021 €	2021 €	2020 €	2020 €
<b>Incoming Resources</b>				
Annual HSE Grant Aid Agreement - Section 39 - Older Persons Services		123,976		23,976
Dept. of the Environment, Community & Local Government		90,000		90,000
Online Carer Support Project (HSE Funded)		4,900		10,000
DAF - Family Carer Training		98,087		-
DAF - ICT RET		13,857		-
Carers Week		16,213		7,235
National Lottery (Various Publications)		-		5,900
Research Seminar		4,169		-
Carers Engage		2,000		5,262
University of Limerick		533		4,350
Erasmus (Caring4Carers)		-		2,537
Donations		-		5,702
Membership Fees		1,650		1,400
Other Income		10,293		11,183
		<hr/> 365,678		<hr/> 167,545
<b>Resources Expended</b>				
Wages and salaries	174,690		92,264	
Employer's PRSI contributions	19,219		10,167	
Staff pension costs	6,337		5,057	
Board Development & Governance Meetings	306		194	
Rent	285		549	
Insurance	6,872		6,013	
HR Partnership Programme	1,403		1,296	
UL/PPI Project	1,206		1,231	
CFI - Online Carers Support	360		148	
DAF - Family Carer Training	43,867		21,757	
DAF - ICT RET	40,789		-	
Printing, postage and stationery	6,536		-	
Newsletters	352		457	
Seminars & Conferences	124		195	
Publications	10		-	
Telephone	383		4,272	
Computer costs	899		772	
Carers Week	652		1,545	
Travelling and subsistence	15,511		6,415	
	336		31	

## Care Alliance Ireland

### Detailed Trading Income and Expenditure Account for the year ended 31 December 2021

	<b>2021</b>	<b>2021</b>	<b>2020</b>	<b>2020</b>
	<b>€</b>	<b>€</b>	<b>€</b>	<b>€</b>
Research & Evaluation	255		870	
Learning4Carers Project	-		388	
Accountancy & Payroll fees	4,877		4,225	
Audit fees	3,690		3,690	
Bank charges	231		118	
Staff Development	4,298		2,867	
Carers Engage	2,520		2,000	
Sundry expenses	(89)		6	
Other Event Expenses	70		-	
Subscriptions	998		1,001	
Depreciation Computer Equipment	1,286		497	
	<u>          </u>		<u>          </u>	
		(338,273)		(168,025)
		<u>27,405</u>		<u>(480)</u>
 Bank deposit interest	 <u>          </u>		 <u>          </u>	
	-		2	
		<u>          </u>		<u>          </u>
		-		2
<b>Net Surplus/(Surplus/(Deficit)) for the year</b>		<u><u>27,405</u></u>		<u><u>(478)</u></u>