

**Care Alliance Ireland**  
**A Company Limited by Guarantee**  
**and not having a Share Capital**  
**Directors' Report and Financial Statements**  
**for the year ended 31 December 2016**

**84 Northumberland Road**  
**Ballsbridge**  
**Dublin 4**

**Duignan Carthy O'Neill**  
**Chartered Accountants**  
**Registered Auditors**

## **Care Alliance Ireland**

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## **Care Alliance Ireland**

### **1. Legal and Administration Details**

<b>BOARD OF DIRECTORS</b>	Donal McKenna	(Chairperson, Appointed 15 March 2016)
	Avril Dooley	(Resigned 20 September 2016)
	Clare Duffy	
	Dermot Maguire	(Resigned 16 February 2017)
	Gerard McCaffrey	(Resigned 20 September 2016)
	Fergus O'Rourke	
	Deirdre Shanagher	
	Jimmy Duggan	(Resigned 16 February 2017)
	Rosemary Daynes	
	Ann Walsh	
	Phil Dunne	(Appointed 8 April 2016)
	Hazel Mulligan	(Appointed 15 July 2016)
<b>SECRETARY</b>	Avril Dooley	(Resigned 20 September 2016)
	Rosemary Daynes	(Appointed 20 September 2016)
<b>REGISTERED OFFICE</b>	Care Alliance Ireland Coleraine House Coleraine Street Dublin 7	
<b>EXECUTIVE DIRECTOR</b>	Liam O'Sullivan	
<b>BOARD COMMITTEES</b>	Dermot Maguire	(Audit and Risk Committee)
	Fergus O'Rourke	(Chair, Audit and Risk Committee)
	Clare Duffy	(Research Committee)
	Deirdre Shanagher	(Chair, Research Committee)

## 1. Legal and Administration Details (Contd...)

**REGISTERED COMPANY  
NUMBER** 461315

**CHY NUMBER** 14644

**CHARITY  
REGISTRATION NO:** 20048303

**AUDITORS** Duignan Carthy O'Neill  
Chartered Accountants  
Registered Auditors  
84 Northumberland Road  
Dublin 4

**PRINCIPAL BANKERS** Allied Irish Bank  
Capel Street  
Dublin 2

## **Directors' Report**

The Directors present their annual report together with the audited financial statements of Care Alliance Ireland for the year ended 31 December 2016. The Directors confirm that the annual report and financial statements comply with the current statutory requirements, the requirements of our governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102).

### **Chairperson's Statement**

On behalf of the Board of Directors it gives me great pleasure to present this Chairperson's Statement. 2016 saw the continued growth of Care Alliance Ireland, which enabled us to work with more organisations in their support of Family Carers. We continue to assist our member organisations, researchers, students, the media and the general public with queries in relation to Family Carers. Our websites are increasingly used for information, research and policy purposes and our newsletters had 14,036 downloads, which is an increase of 62% on the previous year.

Good governance is one of the keys to the success of any organisation and Care Alliance was honored in October 2016 to be the recipient, in our category, of the award in the Inaugural Good Governance Awards. The Board acknowledges the enormous work carried out by our Executive Director Liam O'Sullivan and the staff of Care Alliance in this great achievement. Our continued work in policy, research and training saw an increase in our public funding and we were awarded €45,000 in new funding from Pobal/Department of Social Protection for Family Carer Training. We were also delighted to receive three-year funding under the Scheme to Support National Community and Voluntary Organisations. This overall increase in funding will allow us to continue delivering real impact and outcomes.

Going forward we will build on the successes of 2016 and look forward to serving the needs of Family Carers and the organisations that support them in the value they create in our communities and for our loved ones.

**Donal McKenna, Chairperson**

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

#### **Objectives, Activities, Achievements and Performance**

The main objective of Care Alliance Ireland as set out in its Memorandum of Association is to provide for the relief of poverty and distress through the provision of support, education, training and research, and the dissemination of information, to Family Carers and Family Carer organisations throughout Ireland.

The Memorandum of Association also sets out a number of supporting objectives which are used to attain our main objective, and any income generated from the achievement of its supporting objectives can only be applied for the main objective. The supporting objectives are to ensure that the role of Family Carers is fully recognised and valued by society in Ireland; to enhance the quality of life for Family Carers.

We achieve this by supporting our charitable member organisations in their direct work with Family Carers through the provision of information, development of research and policy, sharing of resources, and instigation of opportunities for collaboration.

We endeavor to reflect the core values of professionalism, collaboration and integrity in all our activities. We pay particular attention to the quality of our publications and how we communicate externally to our stakeholders, and are committed to full transparency in our operations and governance.

#### **Achievements and Performance in 2016 in Meeting Objectives**

Care Alliance Ireland is the National Network of Voluntary Organisations supporting Family Carers. Our vision is that the role of Family Carers is fully recognised and valued by Irish society. Care Alliance exists to enhance the quality of life for Family Carers. There are approximately 360,000 Family Carers in the Republic of Ireland. Family Carer support is provided by a number of organisations, including those dedicated solely to carer support and others who support Carers as part of their response to individuals with specific conditions. We support our member organisations and other agencies in their

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

work with Family Carers. Our legitimacy derives from our membership base, which includes all the carer organisations and virtually all the disease/disability-specific organisations currently providing services to Ireland's Family Carers. Our membership is comprised of large and small organisations which have regional and/or national remits.

Family Caring is a key tenet of social capital. With an ageing population profile together with increased life expectancy and medical advances the need for Family Carers and for organisations that support them will continue to increase into the future.

2016 was another highly successful and impactful year for Care Alliance Ireland. Our activities and annual work plan are informed by our Strategic Plan (2014–2017), and during 2016 we continued its implementation. A work plan is prepared annually and approved by the Board. 80% (20/25) of organisational KPIs were met or exceeded in 2016. We exceeded our goals in the areas of collaboration, submissions, seminars, downloads from our websites, activity of our family carer research group, funding diversity and international work. We did not reach some of our goals in the areas of membership, research bids, peer-reviewed publications and levels of reserves.

Collaboration can be difficult to do well. It can be difficult for stakeholders to see tangible benefits. Invitations to collaborate can be perceived as a threat, as something that is time consuming and that risks challenging other organisations' hegemony in a particular area of interest. Care Alliance Ireland believes passionately in meaningful collaboration and will continue to engage with a range of stakeholders. In 2016 for example we successfully secured resources for staffing in a collaborative health research project, through a funding stream that traditionally exclusively funded university-based staff.

We seek to engage with partners by focusing on relationship and trust building and by seeking to demonstrate added value in all that we do.

Measuring the impact of an organisation's activities is difficult. Organisations can be busy doing numerous things, but translating these into real impact and outcomes is notoriously difficult. We continuously seek to have a greater focus

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

on demonstrable impacts rather than simply on activities or numbers. For example in 2016 the Family Carer Training project used baseline and follow-up surveys in an attempt to capture the impact of the project. Whilst causal attribution is elusive, we can say that in all three key outcome measurables, respondents reported a significant increase of at least 20% in their knowledge, confidence and perceived competence in the area.

Key events in 2016 were:

- a number of new publications, including three discussion documents on various topics, a journal article and one briefing document on home care;
- the winning of the inaugural Good Governance award in October;
- a successful tenth National Carers Week in June;
- delivery of the year-long Family Carer Training project for professionals supporting family carers;
- the appointment of two new staff to deliver projects relating to resilience of carers of people with dementia and professionals supporting young carers.

We now report on how we achieved our objectives, with reference to our priorities as outlined in our 2014–2017 Strategic Plan.

The plan prioritises the following six areas of action:

- Providing a united voice for, and strengthening the impact and relevance of, family caring organisations in Ireland.
- Providing up-to-date, relevant information to our members in a timely and accessible manner.
- Supporting primary and applied research on family caring and the role of Family Carers.
- Building the profile and raising awareness of Care Alliance Ireland.
- Ensuring we have the capacity and resources to progress strategic priorities.
- Supporting member organisations and international alliances.



## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

#### *1. Providing a united voice for, and strengthening the impact and relevance of, family caring organisations in Ireland*

- To ensure that we are seen as a significant representative voice for the Family Carer sector.
- To coordinate policy submissions on issues of relevance to Family Carers and our member organisations.
- To provide opportunities for our members to interact, network and share learning by coordinating meetings, events and workshops.

We continued to deliver on our representative function in a number of ways in 2016, most significantly through our pre-budget submissions to government, participation in a number of representative fora (for example the HSE National Patients Forum) and our policy-related submissions (for example the Oireachtas Committee on the Future of Healthcare).

Through our co-ordination of the tenth National Carers Week, we facilitated collaborative events for Family Carers throughout Ireland. Details are provided later in this report.

Operationalising two new projects and creating and disseminating new publications, whilst continuing to deliver on existing projects and commitments, were our primary focus this year.

Implementation of the 2012 National Carers Strategy by government agencies and other support organisations is continuing. We continued to work on a monitoring group led by Family Carers Ireland.

We engaged in ongoing collaborative work with a range of not-for-profit federations and alliances, including the Carmichael Centre for Voluntary Groups, the Disability Federation of Ireland and the Wheel.

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

#### *2. Providing up-to-date, relevant information to our members in a timely and accessible manner*

- To produce information, including policy and research briefings, that will inform member organisations on issues of relevance.
- To disseminate the latest national and international policy, research and practice initiatives.

We continue to assist researchers, students, the media and the general public with queries in relation to Family Carers, both by email and telephone. We receive occasional calls from individual Family Carers and we advise and redirect as appropriate. All member organisations and over 600 other organisations and individuals involved in supporting Family Carers received regular communications from us, primarily in electronic format, on issues relating to support, practice, policy and research. Our database of contacts continued to grow in 2016.

We use a range of electronic communications and social media fora in a measured and focused way to ensure that communication is relevant to members and stakeholders.

We continued to work closely with the HSE and others in their progression of the Single Assessment Tool and, in particular, in the creation of a Carer Assessment supplement to the InterRAI. The full international pilot involving over 600 families took place throughout 2016 and we look forward to further progress in this in 2017.

We also undertook regular reviews of new Family Carer research, policy and practice resources internationally and disseminated these as appropriate.

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

The [www.carealliance.ie](http://www.carealliance.ie) website is increasingly viewed as a portal for Family Carer research and policy. The website reach in 2016 was the highest yet, with in excess of 119,000 downloads, 45% up on 2015. We also have significant reach with the two other websites that we manage [www.carersweek.ie](http://www.carersweek.ie) and [www.familycarertraining.ie](http://www.familycarertraining.ie)

The number of downloads of our newsletters alone reached 14,036 – an increase of 62% year on year. The most popular other downloads from our main website in 2016 were (in order): Family Caring in Ireland Overview Report, Home Care Briefing Paper, Defining Carers (Discussion Document), Online Supports for Carers (Discussion Document), Literature Review on the Relationship between Family Carers and Paid Care Workers.

We undertook an analysis of Budget 2016 within two days of the Budget regarding the developments affecting Family Carers. This was shared widely.

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

#### *3. Supporting primary and applied research on family caring and the role of Family Carers*

- To communicate and support carer-specific research that informs and progresses policy and service development for Family Carers.
- To influence the Family Carer research agenda by collaborating with third-level institutions, statutory bodies and other relevant agencies, both nationally and internationally.

We supported a number of government departments in the areas of evidence-informed policy formation, research analysis and exploration of practice-development initiatives.

In the Autumn of 2016, we increased our involvement in the Health Research Board-funded primary research with UCD and others on resilience in caregivers of people with dementia, with the recruitment of a research assistant. Part of her focus is to assist with the dissemination aspect of the project.

Our Policy and Research Officer continued to be active in a range of areas, most noticeably in the preparation and publication of a number of discussion documents. A discussion paper on the topic of intellectual disability and family care was published in the *Irish Social Work* journal in March 2016.

Other key areas were the preparation of five submissions and the expert facilitation of the Family Carer Research Group, which met three times in 2016.

We continue to be key leaders in the sector in considering and addressing research gaps. We continue to have ongoing contact with senior academics regarding their Family Carer research proposals and projects.

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

#### *4. Building the profile and raising awareness of Care Alliance Ireland*

- To expand our membership by 25% over the period 2014–2017.
- To increase active engagement and participation of member organisations in the work of our alliance.
- To continue leading and developing National Carers Week as the primary annual awareness-raising event for Family Carers in Ireland, and to organise at least one other annual event/seminar that generates significant publicity and media interest.
- To increase awareness and understanding of our activities using different channels, including social media.

We welcomed two organisations (Shine and Western Alzheimers Foundation) to our alliance in 2016. The merger in 2016 of the Carers Association and Caring for Carers (into Family Carers Ireland) together with an early 2017 membership-updating exercise has resulted in a reduction in the number of organisations considered to be members as 2017 progresses.

Our collaborative pre-Budget media event with other national federations resulted in considerable national media attention being drawn to Family Carers. Material income gains were secured in Budget 2017 for full-time Family Carers, and income (both state and other) for a number of our member organisations appears to be increasing again. This should result in better supports for Family Carers.

The tenth National Carers Week (2016) took place from June 13 - 19 and was quite successful. Whilst events took place in every county, the overall number of events was down. Media coverage was less extensive in 2016. However, there were a number of new developments in 2016 including:

- A video celebrating 10 Years of National Carers Week in Ireland;
- The Spire of St. Patricks' Cathedral "Lit up Blue" during the week to highlight the work of Family Carers;
- Livestreaming of the National Launch of Carers Week via Facebook;
- Two Family Carers taking part in an "Ask Me Anything" feature on Boards.ie, allowing members of the public to ask direct questions to Family Carers.

## **Care Alliance Ireland**

### **Directors' Report**

#### **For the year ended 31 December 2016**

As part of the week, our social media activities remained strong, primarily through the NationalCarersWeek Facebook page that we manage. Twitter also became more relevant for the project this year. The Facebook page currently has over 14,400 "likes", and in the run-up to the week, became one of the most active Facebook pages within the NGO sector in Ireland. The page reached over 138,000 users in the week before Carers Week and secured 6,392 engagements over the week.

A full review of the week was undertaken and we were successful in a National Lottery funding application to support the project for 2017.

Throughout the year we continued to manage a large and growing Facebook following on our NationalCarersWeek Facebook page. We constantly review this activity to ensure that it is in keeping with our core principles. We are increasingly using our Twitter account (@CareAllianceIrl) to reach and engage with a wide range of stakeholders.

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

#### *5. Ensuring we have the capacity and resources to progress strategic priorities*

- To secure the resources required to successfully implement our vision, mission and objectives;
- To develop and implement exemplary operational and governance structures, and to promote this philosophy and practice among our members;
- To support the ongoing development of our staff, volunteers and Board of Directors.

We were delighted to receive three-year funding (2016 - 2019) under the Scheme to Support National Community and Voluntary organisations (SSNO). This funding is key to our organisation. Together with modest funding from the HSE, 2016 was again a year when we could focus less on securing funds and more on delivering real impact and outcomes. Continued funding from these two sources is crucial to our continued work.

Governance matters to our organisation. Over the years we have striven to excel in this area. This work was rewarded in October when we were category winners of the Inaugural Good Governance awards.

Both staff and board members availed of appropriate training opportunities that arose during the year. Specifically, our Executive Director is undertaking a post-graduate course in Implementation Science (TCD, 2016 - 2017). A number of our board members took part in governance training throughout 2016. In addition to our board of directors, all of whom are volunteers, we were supported by other volunteers, including Family Carer advocates and a social work student.

All staff undertake performance appraisals and are provided with regular staff supervision. Salary increments are not part of any staff employment contracts and any changes to remuneration are based on funds available, performance and sectoral norms.



## Care Alliance Ireland

### Directors' Report For the year ended 31 December 2016

#### *6. Supporting member organisations and international alliances*

- To support the development of member organisations through the provision of services and supports that will strengthen their organisational effectiveness and corporate governance structures;
- To share with members details of funding opportunities relevant to their work with Family Carers;
- To develop international links and to participate in international networks to facilitate the transfer of good practice and policies.

Our comprehensive approach to communicating with our members gives expression to our efforts to enhance their own individual and organisational response to supporting Family Carers. We respect the independence of our member organisations, yet actively encourage them to deliver higher-quality supports for Family Carers. We have shared a number of our policy templates with some member organisations at their request.

In collaboration with the Carmichael Centre, we delivered two governance training seminars in Dublin and Limerick to more than 50 individuals from over 30 organisations. In November at a Crosscare seminar, we presented to a group of Family Carers on the topic of Online Supports for Family Carers. We also presented on Family Carer issues to staff groups in both BT Ireland and VHI Kilkenny.

Throughout 2016 we delivered high-quality training to 86 people involved in Family Carer Training. Using funds awarded under the Dormant Account Funds (Carer Training Measure), we were able to bring to Ireland a number of experts in the field, as well as to welcome some participants from Eastern Europe thanks to support from Eurocarers. Other outputs included a Family Carer training website [www.familycarertraining.ie](http://www.familycarertraining.ie) and a resource/good practice booklet.

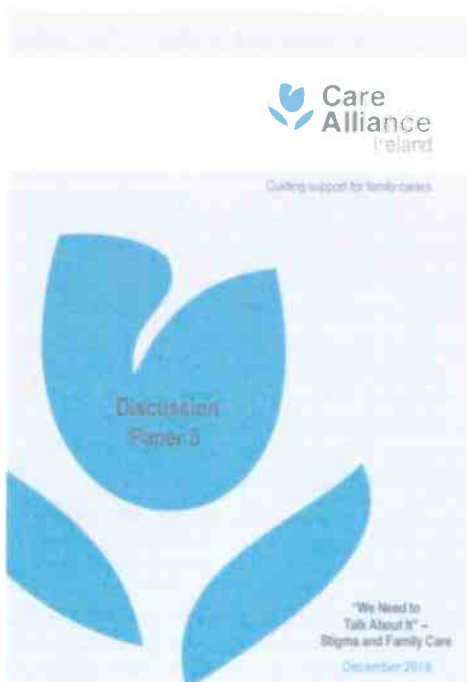
We scan for funding opportunities and regularly share these details with our member organisations. In 2016 we continued to be active in the international sphere, with participation in the International Alliance of Caregiver Organisations (IACO) as well as in Eurocarers. In particular we have been active in the Eurocarers Research Working Group.



Care Alliance Ireland

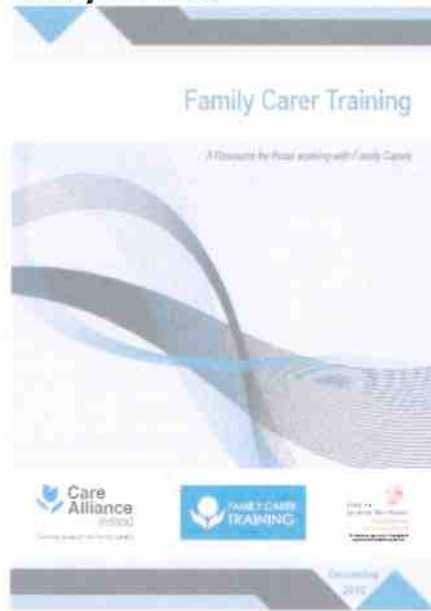
Directors' Report  
For the year ended 31 December 2016

2016 in Publications



# Care Alliance Ireland

## Directors' Report For the year ended 31 December 2016



## Care Alliance Ireland

### Directors' Report For the year ended 31 December 2016

## 2016 in Images



*We collaborated with 16 other NGO's in pursuit of better home care supports.*



# Care Alliance Ireland

## Directors' Report

### For the year ended 31 December 2016



Presentation at Crosscare Carers Seminar, November

Show Table: Table 16 Percentage of all persons aged 15 years and over providing care, and average number of hours per week spent caring, 2015

Table 16 Percentage of all persons aged 15 years and over providing care<sup>1</sup>, and average number of hours per week spent caring, 2015.

	Providing care at the moment	Providing care to a family member	Average hours per week spent providing care
State	95	95	44.7
Sex			
Male	8	87	37.7
Female	13	95	48.7
Age Group			
15-24	4	88	20.3
25-34	6	83	46.7
35-44	9	98	42.8
45-54	18	98	36.3
55-64	15	84	43.1
65-74	30	72	62.3
75+	8	84	57.7

CSO Data released in November 2016



[www.FamilyCarerTraining.ie](http://www.FamilyCarerTraining.ie) website, launched in November 2016



## National Carers Week June 13 - 19 2016



Young Carers supporting the photoshoot for National Carers Week 2016



*"Disability and caring is not our issue, it's society's issue"*  
said Senator John Dolan at the launch of National Carers Week.

## Care Alliance Ireland

### Directors' Report For the year ended 31 December 2016



Nuala Carey supporting National Carers Week



St. Patrick's Cathedral Lit Up in Blue as part of the 10<sup>th</sup> National Carers Week

## Care Alliance Ireland

### Directors' Report For the year ended 31 December 2016



Opinion Article by Zoe Hughes, Policy and Research Officer, Care Alliance Ireland in the *Irish Independent*, 30 September 2016



Pictured at the Good Governance Awards in October 2016, L-R: Liam O'Sullivan (Executive Dir.), Donal McKenna (Chair), Zoe Hughes (Policy & Research Officer), Diarmaid O'Corrbui (The Carmichael Centre), Dr Gerry McCaffrey (Outgoing Chair)

## Care Alliance Ireland

### Directors' Report

For the year ended 31 December 2016

## 2016 in Figures

1,576	Downloads of one Discussion Document in 2016
119,288	Number of documents downloaded from <a href="http://www.carealliance.ie">www.carealliance.ie</a>
14,017	National Carers Week Facebook followers on 31 December 2016
85	Entrants in Good Governance Awards
5	Policy submissions made
8	Number of policies reviewed by the Board
6	Number of meetings of the Board of Directors
2,516	Unique users of <a href="http://www.FamilyCarerTraining.ie">www.FamilyCarerTraining.ie</a> website



## Care Alliance Ireland

### Directors' Report

For the year ended 31 December 2016

## 2016 by Dates

23 February	Annual carer organisations' forum with government departments
22 March	First planning meeting for tenth National Carers Week
26 April	Directors approve 2015 Annual Report and Audited Financial Statements
1 June	Launch of Discussion Document: <i>Online supports for Family Carers</i>
20 September	AGM and Presentation on Home Care
1 October	Project Executive joins Care Alliance to deliver European Young Carers Project
11 October	Budget 2017 delivers income support gains for full-time Family Carers
18 October	Winning of Good Governance Award
7 November	Research Assistant begins work with Care Alliance Ireland
16 November	CSO data suggests in the region of 360,000 people are providing informal care
13 December	Launch of guidebook for Family Carer Training

**Care Alliance Ireland**  
**Directors' Report**  
**For the year ended 31 December 2016**  
**2016 by Feedback**

Below is a selection of comments and feedback from members and allied organisations that have interacted with Care Alliance Ireland in 2016.

Quotes printed as received.

*"I have always found your organisation to be a useful port of contact down through the years and ... [one that] has always been of assistance to us here in SBHI. I look forward to working with you again in the near future."*

Manager, Family Support Services,  
Spina Bifida Hydrocephalus Ireland

*"On behalf of students and staff here – many thanks for taking the time to reply to these questions."*

Lecturer, Third Level Institution

*"Congratulations on the Family Carer Training website, which will be a really useful resource for Carers – especially those new to caring."*

Co-ordinator, Regional Carer  
Support Group

*"This is an excellent initiative [Family Carer Training website/booklet] - well done! I have shared it with the members of the Dementia Carers Campaign Network."*

Advocacy Officer, Member  
Organisation

*"Congrats on launching such a great resource. [Family Carer Training website/booklet]. Have shared on Social Media."*

Practice Development Officer,  
Dementia Elevator Project

**Care Alliance Ireland**  
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**On winning the Good Governance Awards**

*"Congratulations for this award! Strong work and excellent team really makes the difference, Continue this journey and continue to make the difference in peoples' life, Thank you for everything and for always being available to help others"*

Researcher in Family Carer Issues,  
Portugal

*"Congratulations on winning the Good Governance Award. It is a great testament to the work you and your colleagues have done in supporting the family carer community."*

Practice Development Officer, Dementia  
Elevator Project

**Feedback on Family Carer Training Conference**

*"I also do hope that overall you got a great evaluation of the training event by the participants, which I personally believe that you deserve...Closing one more BIG THANKS and CONGRATULATIONS for planning, organizing and giving out such a great training experience. I surely enjoyed every minute of it!"*

Smaragda Fanouraki, KINAPSI (Siblings of People  
with Mental Health Problems in Greece)

*"Many thanks for the conference earlier this week. It was great. I'm already using aspects of Emma's work in my practice - what a great concept - starting at the end and working and shaping the service to get to that point. I'll be letting the group know about the learning platforms on Tuesday night ...(all said, a very productive conference for me re practice and motivation). Thank you sincerely for all the work in getting the funding and putting it together. I am eagerly awaiting rounds two and three!!!"*

## Care Alliance Ireland

### Directors' Report For the year ended 31 December 2016

*"All of the topics covered provided me with practical knowledge that I will start implementing immediately. Additionally, it made me reflect in a deeper level about the role of our organisation"*

*"I wasn't sure I was going to gain anything beforehand but I am delighted to have been part of this and the chance to network and meet so many people working in such diverse areas."*

*"Loved meeting colleagues, sharing experiences, frustrations and learning what services and resources are available nationwide for carers. It was a truly diverse group and I feel privileged to have been part of it."*

*"Excellent couple of days. Great opportunity to meet others delivering carers supports/ training and very useful presentations. Thought provoking ideas that will challenge (in a good way) some of our current procedures."*

*"I am moving on from ABI Ireland this week and & just want to send a note of thanks so much for your constant help and support over the past years – I really appreciated it "*

Christine Flynn, Project Manager,  
Acquired Brain Injury Ireland

*"I just wanted to let you know how interesting and useful I found your discussion paper on carer terminology. This is a huge issue for us in Denmark, so I have already shared the paper with several others - and I hope to use the spring meeting of our national network of carer organisations and researchers to start a debate on how we in Denmark can accurately and sensitively refer to carers in our own language. So thank you for an inspirational paper!"*

Marie, Founder and Chair, Carers Denmark

## Care Alliance Ireland

### Directors' Report

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## 2016 in Quotes

*"Family Carers experience being both patient and patient advocate on a regular basis, as many of those they care for require considerable and regular medical attention whether in acute or community settings. If Family Carers are indeed to be valued as 'Key Partners in Care' their voices must be heard at every opportunity. We hope to bring the experiences of our member organisations to the attention of the Forum, and keep them informed of changes which may impact those they support."*

*Zoe Hughes, Policy and Research Officer,  
Care Alliance Ireland  
(Speaking about her expectations  
for the HSE Patient Forum)*

*"Carers are the backbone of care provision in this country. In 2012, the first ever Carers' Strategy was published. We are committed to implementing it in full. We wish to see greater involvement of family carers in the preparation of care plans, aiding the provision of care, together with more accessible training and respite care, to facilitate full support. We also support an increase in Carer's Allowance and Carer's Benefit as well as improved access to counselling supports for carers."*

*Programme for Government, May 2016*

*"As a membership-based organisation we believe that our ongoing emphasis on good governance both reassures and encourages our 100 member organisations, who all support Family Carers in different ways. With a strong governance structure in place delivered by our Board, staff and volunteers we will continue to be well placed to support the wider Family Carer community."*

*Donal McKenna, Chair, Director of Care Alliance Ireland*

*"Our ageing population requires a significant annual increase in home care support. The cuts to home care provision over the years have not been restored to the levels required to keep pace with the significant ageing demographics. Provision needs to increase by 4% per year to merely keep pace with these pressures. Research from Care Alliance Ireland suggests an ongoing deficit of 1.6m home care hours in 2016."*

*Press release issues on 27 Sept. 2016 from 17 NGO's*

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**For the year ended 31 December 2016**

## **Financial Review**

The results for the year as set out on page 39 show net operating surplus of €6,305 for 2016 (2015 – €1,148 surplus).

We are significantly reliant on receipt of funds under the Scheme to Support National Organisations (SSNO) and have a three-year grant agreement in place until June 2019.

Our organisation's income for 2016 was €188,300 and our expenditure was €182,083. The results were significantly better than budgeted for in comparison with the budget approved by the Board in November 2015. Somewhat lower than budgeted SSNO income (€5k) for the year was more than offset by two project grants (€54,000) and Lottery Funding (€5k), none of which were included in the original budget for 2016.

We anticipate that in 2017 our overall income may reduce somewhat, depending on the success or otherwise of a number of research and project proposals. A moderate budget deficit for 2017 has been approved by the Board. Traditionally, any such deficit reduces as the year progresses and we see no reason why this will not be the case in 2017.

We continue to seek ways to diversify our income streams. Our three biggest funders in 2016 were the Department of the Environment, Community and Local Government (46%), Dormant Accounts (Carers Measure) (23%) and the Health Service Executive (13%). Other notable income in 2016 included Young Carer Project, National Lottery Grants, Carers Week partner contributions, Consulting fees and Membership fees. On the expenditure side, staff salaries were the biggest outlay (55%), followed by project expenditure (26%).

## **Risk Management**

The Board recognises and regularly reviews the major risks to which we could be exposed. We consider risk not only in terms of safety and security of staff but equally in terms of financial, operational, reputational, governance and other risks that might affect our ability to deliver a quality service for our stakeholders and the public. The Directors are satisfied that

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

policies and procedures are in place to mitigate exposure to major risks. In 2016, the risk register was reviewed and updated. Using a risk classification and matrix based on likelihood and impact, high, medium and low risk were identified. Actions undertaken or proposed to ameliorate risks are included in the risk register. In late 2016 a workstation assessment was undertaken, with recommendations implemented in recent months.

#### **Reserves Policy**

The Board of Directors has set a reserves policy that reserves be maintained at four months' expenditure based on the previous year's audited accounts. Care Alliance had reserves of €42,115 at 31 December 2016 and this was insufficient to meet the four months' expenditure requirement of its reserves policy. The Directors note that while the current level of reserves (three months) is not strictly in keeping with the official policy, the policy itself remains adequate.

#### **Investment Policy**

The Board's policy is to keep significant surplus cash on short-term deposit providing a market rate of interest. The current historically low interest rates for deposit accounts have resulted in lower investment income. The Board does not consider it prudent to place its surplus funds in other asset classes.

#### **Future Developments**

Our 2014–2017 Strategic Plan was developed following extensive consultation with key stakeholders. The resources available for its implementation will directly influence the scope and reach of the plan. As 2017 progresses we plan to undertake a review of the current Strategic Plan and to begin to consider a new one.



## **Care Alliance Ireland**

### **Directors' Report**

**For the year ended 31 December 2016**

#### **Events since the End of the Year**

We are now three quarters way through our 2014–2017 Strategic Plan. Activities through January–April 2016 advanced the targets established in that plan and we are confident of exceeding our original KPIs on most fronts. Details of all our activities and projects continue to be communicated through our website/newsletter/social media channels, and reported to our funders at required intervals. With the recent appointment of two additional staff in late 2016, we have been able to expand our reach and participate in both practice and academic research activities, in a way not previously possible.

#### **Structure, Governance and Management**

We are registered as a charitable company limited by guarantee. In the event of Care Alliance being wound up, the liability in respect of the guarantee is limited to €1 per member. Care Alliance is constituted under a Memorandum and Articles of Association and is a registered charity (CHY 14644, Charity Registration No: 20048303). Care Alliance's goals and approaches are guided by its charitable objectives as laid out in these documents.

The Board of Directors, elected and co-opted under the terms of the Articles of Association, has overall responsibility for strategic development, in close liaison with the Executive Director. Donal McKenna is the Board Chairperson, Fergus O'Rourke is the Board Treasurer and Rosemary Daynes is the Company Secretary. Liam O'Sullivan, the Executive Director, manages the operations. The Board is responsible for providing leadership, setting strategy and ensuring control. It comprises nine non-executive Directors. The Board's Directors are drawn from diverse backgrounds in not-for-profit organisations, business and other professions. They bring to Board deliberations the significant business and decision-making skills developed in their respective fields, together with a broad range of experience and views. Suitable potential directors are identified in three ways: firstly by member organisations, secondly through Boardmatch Ireland and thirdly through professional contacts. The Chair manages this process' which includes review of CV's, interviews and follow up of references.

The role of Chairperson and Executive Director are separate. The Directors are committed to maintaining the highest standard of corporate governance



## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

and they believe that this is a key element in ensuring the proper operation of Care Alliance's activities. Conflicts of interest and loyalty are considered through statements of interests, and through standing items at Board meetings.

At its April 2017 meeting, the Board formally reiterated our full compliance with the Governance Code for Community, Voluntary and Charitable Organisations.

In line with the compliance requirements of the Governance Code, the Directors wish to make the following confirming statement:

*We comply with the Governance Code for Community, Voluntary and Charitable Organisations in Ireland. We confirm that a review of our organisation's compliance with the principles in the Code was conducted in March 2017. This review was based on an assessment of our organisational practice against the recommended actions for each principle. The review sets out actions and completion dates for any issues that the assessment identifies as needing to be addressed.*

There is clear division of responsibility, with the Board retaining control of major decisions under a formal schedule of matters reserved to the Board for decision, while the Executive Director is responsible for devising strategy and policy within the authority delegated to him by the Board. Care Alliance has a comprehensive process for reporting management information to the Board. The Board meets regularly, as required, and met six times during 2016. On appointment, Directors receive a formal induction programme and are provided with comprehensive briefing documents designed to familiarise them with Care Alliance's operations, management and governance structures. All Directors are appointed for a six-year term and a proportion offer themselves for re-election by rotation at the AGM annually.

## Care Alliance Ireland

### Directors' Report For the year ended 31 December 2016

There were two resignations from the Board in 2016. Dr Gerry McCaffrey and Avril Dooley both resigned, having served six years as directors. There were three appointments in 2016; Phil Dunne, Donal McKenna and Hazel Mulligan were all co-opted during 2016 and formally elected at the AGM in September. We anticipate that there will be new appointments made in 2017. Board attendance averaged 75% (2015 - 64%) over the course of 2016.

## Board Attendance Rates 2016

Name	Feb 2016	April 2016	July 2016	Sept A 2016	Sept B 2016	Nov 2016	Total	Max Poss.	% Attend Rate
Hazel Mulligan				1	1	1	3	3	100%
Phil Dunne		1	1	0	0	1	3	5	60%
Donal McKenna		1	1	1	1	1	5	5	100%
Ann Walsh	1	1	0	1	1	0	4	6	67%
Deirdre Shanagher	1	0	1	0	0	1	3	6	50%
Rosemary Daynes	0	1	1	1	1	1	5	6	83%
Clare Duffy	1	0	1	1	0	1	4	6	67%
Fergus O'Rourke	0	1	1	1	1	1	5	6	83%
Dermot Maguire	1	0	1	1	1	0	4	6	67%
Jimmy Duggan	1	1	0	1	1	0	4	6	67%
Gerry McCaffrey	1	1	1	1			4	4	100%
Avril Dooley (Easton)	1	1	1	0			3	4	75%
							47	63	75% Ave.

## **Care Alliance Ireland**

### **Directors' Report**

**For the year ended 31 December 2016**

#### **Committees of the Board**

We have two Board committees, namely the Audit and Risk Committee and the Research Committee. The role of the Audit and Risk Committee is to oversee the efficient financial and risk management of Care Alliance, including the raising, collection, investment, borrowing and outlay of all monies required. The terms of reference of the Audit and Risk Committee are approved by the Board. The committee met once in 2016.

The role of the Research Committee is to support Care Alliance Ireland's strategic priority "Supporting primary and applied research on family caring and the role of Family Carers". The research sub-committee is consulted regularly by the Executive Director on matters within its terms of reference. In 2016, there were 9 substantial topics that the sub-committee considered, all managed by the Chair using email correspondence. Any items that the Chair of the sub-committee judged to require further full-Board consideration were considered at the subsequent Board meeting. The Board believes this method of operation for this sub-committee is acceptable.

#### **Directors' Responsibilities Statement**

The Directors (who are also Directors of Care Alliance Ireland for the purposes of company law) are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and Irish/UK Accounting Standards (Irish/UK Generally Accepted Accounting Practice).

Irish company law requires the Directors to prepare financial statements for each financial year. Under the law the Directors have elected to prepare the financial statements in accordance with Companies Act 2014 and accounting standards issued by the Financial Reporting Council, and promulgated by Chartered Accountants Ireland, including FRS 102, the Financial Reporting Standard applicable in the UK and Ireland (Generally Accepted Accounting Practice in Ireland). Under company law, the Directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the charitable company as at the

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

financial year end date, and of the surplus or deficit of the charitable company for the financial year, and otherwise comply with the Companies Act 2014. In preparing these financial statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect of and reasons for any material departure from those standards.
- Prepare the financial statements on the going-concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Directors are responsible for ensuring that the charitable company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the charitable company; enable at any time the assets, liabilities, financial position and profit or loss of the charitable company to be determined with reasonable accuracy; enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014; and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Declaration of Interests**

All members of the Board declare relevant interests on an annual basis. At the beginning of each board meeting, all Directors are invited to declare any conflicts of interests in respect of agenda items.

### **Thanks**

We are very grateful to all our donors for both new and continued support. The following organisations and supporters provided grants and/or contracts that contributed to our success in the last year: the Department of the Environment, Community and Local Government,

## **Care Alliance Ireland**

### **Directors' Report For the year ended 31 December 2016**

the Department of Social Protection, the Health Service Executive, the National Lottery, the European Commission, the Health Research Board. We also thank the Carmichael Centre for their continued support and specifically for the provision of mentoring and shared premises.

#### **Independent Auditor**

In accordance with section 383 (2) of the Companies Act 2014, the auditors, Duignan Carthy O'Neill, Chartered Accountants, have indicated their willingness to continue in office.

#### **Accounting Records**

The measures taken by the Directors to ensure compliance with the requirements of Sections 281 to 285 of the Companies Act 2014 regarding adequate accounting records are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel with appropriate expertise, and the provision of adequate resources to the financial function. The accounting records are maintained at Coleraine House, Coleraine Street, Dublin 7.

#### **Statement on relevant audit information**

Each of the persons who is a Director at the time when this Directors' Report is approved has confirmed that:

- so far as the Director is aware, there is no relevant audit information of which the Company's auditors are unaware, and
- the Director has taken all the steps that ought to have been taken as a director in order to be aware of any relevant audit information and to establish that the Company's auditors are aware of that information.

**This report was approved by the Directors:**

**Donal McKenna**

Director

**Date: 25 April 2017**

**Fergus O'Rourke**

Director

## **Independent Auditors' Report to the members of Care Alliance Ireland**

We have audited the financial statements of Care Alliance Ireland for the year ended 31 December 2016 on pages 39 to 57, which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and the related notes. These financial statements have been prepared under the accounting policies set out on pages 43 - 48. The financial reporting framework that has been applied in their preparation is Irish law and accounting standards issued by the Financial Reporting Council and promulgated by Chartered Accountants Ireland (Generally Accepted Accounting Practice in Ireland).

This report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

### **Respective responsibilities of directors and auditors**

As explained more fully in the Directors' Responsibilities Statement the directors are responsible for the preparation of financial statements giving a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). These standards require us to comply with the Auditing Practice Board's (APB's) Ethical Standards for Auditors.

### **Scope of the audit of the financial statements**

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the directors' report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

**Independent Auditors' Report to the members of  
Care Alliance Ireland Continued...**

**Opinion**

In our opinion, the financial statements:

- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 31 December 2016 and of its surplus for the year then ended: and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

**Matters on which we are required to report by the Companies Act 2014**

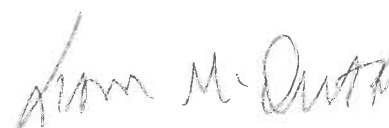
- We have obtained all the information and explanations which we consider necessary for the purposes of our audit.
- In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited.
- The financial statements are in agreement with the accounting records.
- In our opinion, the information given in the directors' report is consistent with the financial statements.

**Matters on which we are required to report by exception**

We have nothing to report in respect of our obligation under the Companies Act 2014 to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by sections 305 to 312 of the Act are not made.

**84 Northumberland Road  
Dublin 4  
Ireland**

**Date: 25 April 2017**



**Liam McQuaid  
for and on behalf of  
Duignan Carthy O'Neill  
Chartered Accountants  
Registered Auditors**



## Care Alliance Ireland

### Statement of Financial Activities for the year ended 31 December 2016

#### Income and Expenditure

Incoming Resources	Note	Restricted Funds 2016 €	Unrestricted Funds 2016 €	Designated Funds 2016 €	Total Funds 2016 €	Total Funds 2015 €
Corporation & Grant Funding	2.11	110,143	-	-	110,143	114,853
Membership Fees		-	1,350	-	1,350	1,875
Projects	2.11	74,762	-	-	74,762	20,599
Other Income		-	2,045	-	2,045	4,044
<b>Total Incoming Resources</b>		<b>184,905</b>	<b>3,395</b>	<b>-</b>	<b>188,300</b>	<b>141,371</b>
<b>Resources Expended</b>						
Projects	3	46,694	-	-	46,694	23,416
Depreciation		-	-	-	-	-
Legal, Professional, Administration & Employment Costs	3	129,598	2,768	-	132,366	114,340
Research & Evaluation		3,023	-	-	3,023	2,700
<b>Total Resources Expended</b>		<b>(179,315)</b>	<b>(2,768)</b>	<b>-</b>	<b>(182,083)</b>	<b>(140,456)</b>
<b>Surplus on ordinary activities before interest</b>		5,590	627	-	6,217	915
Interest receivable and similar income		-	88	-	88	233
<b>Net Income/(Expenditure) for the year</b>	13	5,590	715	-	6,305	1,148

All activities are in respect of continuing operations.

There are no recognised gains or losses other than the results for the above two financial years.

The financial statements were approved by the Board of Directors on 25 April 2017 and signed on its behalf by:

**Donal McKenna**  
Director

**Fergus O'Rourke**  
Director



# Care Alliance Ireland

## A Company Limited by Guarantee and not having a Share Capital

### Balance Sheet as at 31 December 2016

	Notes	2016 €	2015 €
<b>Fixed Assets</b>			
Tangible assets	7	-	-
		<hr/>	<hr/>
		-	-
<b>Current Assets</b>			
Debtors	8	4,805	3,615
Cash at bank and in hand	9	73,646	38,509
		<hr/>	<hr/>
		78,451	42,124
<b>Creditors: amounts falling due within one year</b>	10	(36,336)	(6,314)
		<hr/>	<hr/>
<b>Net Current Assets</b>		42,115	35,810
		<hr/>	<hr/>
<b>Total Assets Less Current Liabilities</b>		42,115	35,810
		<hr/>	<hr/>
<b>Capital and Reserves</b>			
Reserves	12	42,115	35,810
		<hr/>	<hr/>
<b>Funds</b>	13	42,115	35,810
		<hr/>	<hr/>

The financial statements were approved by the Board of Directors on 25 April 2017 and signed on its behalf by:

**Donal McKenna**  
Director

**Fergus O'Rourke**  
Director

## Care Alliance Ireland

### Statement of Changes in Funds for the year ended 31 December 2016

	Funds account €	Total Funds €
<b>At 1 January 2016</b>	35,810	35,810
Retained surplus for the year	6,305	6,305
<b>At 31 December 2016</b>	<u>42,115</u>	<u>42,115</u>

In respect of prior year:

	Funds account €	Total Funds €
<b>At 1 January 2015</b>	34,662	34,662
Retained deficit for the year	1,148	1,148
<b>At 31 December 2015</b>	<u>35,810</u>	<u>35,810</u>

## Care Alliance Ireland

### Statement of Cash Flows for the year ended 31 December 2016

	2016 €	2015 €
<b>Cash flows from operating activities</b>		
Operating Surplus	6,217	915
(Increase) in debtors	(1,190)	(71)
Increase/ (Decrease) in creditors	30,022	(2,727)
<b>Net cash flows from operating activities</b>	<u>35,049</u>	<u>(1,883)</u>
<b>Cash flows from investing activities</b>		
Interest received	88	233
<b>Net cash flows from investing activities</b>	<u>88</u>	<u>233</u>
<b>Net Increase/ (Decrease) in cash and cash equivalents</b>	<u>35,137</u>	<u>(1,650)</u>
<b>Reconciliation of net cash flow to movement in net funds (Note 19)</b>		
<b>Increase/ (Decrease) in cash and cash equivalents in the year</b>	35,137	(1,650)
<b>Net Cash at 1 January 2016</b>	38,509	40,159
<b>Net Cash at 31 December 2016</b>	<u>73,646</u>	<u>38,509</u>

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2016**

#### **1. Statement of Compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', Charities SORP (FRS 102) and the Companies Act 2014.

#### **2. Accounting Policies**

##### **2.1. Basis of preparation of financial statements**

The financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish statute comprising the Companies Act 2014, and the Charities SORP (FRS 102). Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Financial Reporting Council.

##### **2.2. Judgments and key sources of estimation uncertainty**

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The company makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

The directors have prepared budgets and cash flows for a period of at least twelve months from the date of the approval of the financial statements which demonstrate that there is no material uncertainty regarding the company's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the directors consider it appropriate to prepare the financial statements on a going concern basis. Accordingly, these financial statements do not include any adjustments to the carrying amounts and classification of assets and liabilities that may arise if the company was unable to continue as a going concern.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2016

..... continued

#### **2.3. Company name**

The company received approval under section 1180(1) of the Companies Act 2014 to omit the word 'Company Limited by Guarantee' from its name.

#### **2.4. Functional and presentation currency**

Items included in the financial statements of the company are measured using the currency of the primary economic environment in which the company operates ("the functional currency"). The financial statements are presented in euro, which is the company's functional and presentation currency and is denoted by the symbol "€".

#### **2.5. Tangible fixed assets and depreciation**

Tangible fixed assets under the cost model are stated at cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

The company adds to the carrying amount of an item of fixed assets the cost of replacing part of such an item when that cost is incurred, if the replacement part is expected to provide incremental future benefits to the company. The carrying value amount of the replacement part is derecognised. Repairs and maintenance are charged to income or expenditure during the period in which they are incurred.

Depreciation is provided on all tangible fixed assets at the following annual rates calculated to write off the cost less residual value of each asset over its expected useful life on the straight line basis, as follows:

Office Equipment                      -    20% Straight Line

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised within 'other operating income' in the Statement of Financial Activities.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2016**

..... continued

#### **2.6. Going concern**

Care Alliance Ireland is reliant on continuing support from Government Bodies in the form of Grant Assistance and Corporate Support to ensure that the Company remains in operation for the foreseeable future.

#### **2.7. Trade and other creditors**

Trade and other creditors are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

#### **2.8. Trade and other debtors**

Trade and other debtors including amounts owed to group companies are recognised initially at transaction price. Subsequently these are measured at amortised cost less any provision for impairment. A provision for impairment of trade receivables is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables. The amount of the provision is the difference between the asset's carrying amount and the present value of estimated future cash flows, discounted at the effective interest rate. All movements in the level of provision required are recognised in the profit and loss.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2016

..... continued

#### **2.9. Financial instruments**

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

The company only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable.

Debt instruments like accounts receivable and payable are initially measured at present value of the future payments and subsequently at amortised cost using effective interest method. Debt instruments that are payable or receivable within one year, typically trade payables and receivables, are measured, initially and subsequently, at the undiscounted amount of the cash or other consideration expected to be paid or received.

Cash consists of cash on hand and demand deposits. Cash equivalents consist of short-term highly liquid investments that are readily convertible to known amounts of cash that are subject to an insignificant risk of change in value.

#### **2.10. Provisions**

Provisions are recognised when the company has a present legal or constructive obligation as a result of past events; it is probable that an outflow of resources will be required to settle the obligation; and the amount of the obligation can be estimated reliably.

Where there are a number of similar obligations, the likelihood that an outflow will be required in settlement is determined by considering the class of obligations as a whole. A provision is recognised even if the likelihood of an outflow with respect to any one item included in the same class of obligations may be small.

Provisions are measured at the present value of the expenditures expected to be required to settle the obligation using a pre-tax rate that reflects current market assessments of the time value of money and the risks specific to the obligation. The increase in the provision due to passage of time is recognised as a finance cost.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2016**

..... continued

#### **2.11. Government grants**

Grants are accounted under the performance model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the Statement of Financial Activities at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the Statement of Financial Activities in the same period as the related expenditure.

#### **2.12. Pensions**

Pension benefits for employees are met by payments to defined contribution executive pensions.

The regular cost of providing retirement pensions and related benefits is charged to the Statement of Financial Activities over the employees' service lives on the basis of a constant percentage of earnings. The benefits made are into a defined contribution plan. The assets of the fund are held separately from the company in independently administered funds.



## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2016

..... continued

#### 2.13.Incoming resources

Income represents the total of grants, donations and fundraising activities related to the year.

Income is received in cash by way of donations, gifts, grants and fund-raising events. Cash donations, gifts, and grants are included in full in the Statement of Financial Activities as soon as they are received. Cash collected from fund-raising events is included in the Statement of Financial Activities as soon as it is credited in the bank.

Bank interest received is included in the Statement of Financial Activities as soon as it is credited to the bank account.

All income arose in Ireland.

<b>Corporation &amp; Grant Funding</b>	<b>2016</b>	<b>2015</b>
	<b>€</b>	<b>€</b>
HSE	23,976	23,976
Pobal - Scheme to Support National Organisations (SSNO)	86,167	90,877
	<u>110,143</u>	<u>114,853</u>

<b>Projects</b>	<b>2016</b>	<b>2015</b>
	<b>€</b>	<b>€</b>
Carers Week	13,491	8,623
National Lottery/ Young Carers Seminar	-	11,976
HRB Research	1,930	-
Governance & Training Seminars	2,065	-
Erasmus - EPYC	10,735	-
Family Carer Training	46,541	-
	<u>74,762</u>	<u>20,599</u>

#### **Expenditure**

All expenditure is charged in the period to which it relates.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2016

..... continued

#### **2.14.Taxation**

The company is exempt from taxation due to its charitable status CHY No. 14644.

#### **2.15.Research and development**

In the research phase of an internal project it is not possible to demonstrate that the project will generate future economic benefits and hence all expenditure on research shall be recognised as an expense when it is incurred. Intangible assets are recognised from the development phase of a project if and only if certain specific criteria are met in order to demonstrate the asset will generate probable future economic benefits and that its cost can be reliably measured. The capitalised development costs are subsequently amortised on a straight line basis over their useful economic lives, which range from 3 to 6 years.

If it is not possible to distinguish between the research phase and the development phase of an internal project, the expenditure is treated as if it were all incurred in the research phase only.

#### **2.16.Reserves**

Best practice requires that the company make a provision for a contingency fund. The Board of Directors has set a reserves policy which requires that reserves be maintained at a minimum of 4 months' expenditure based on the previous year's audited accounts.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2016

..... continued

#### 3. Resources Expended

This includes:	<b>2016</b>	<b>2015</b>
<b>Project Expenditure</b>	<b>€</b>	<b>€</b>
TOYAC Project	-	369
Carers Week	9,105	8,642
Eurocarers - IACO	764	-
Family Carer Training	26,918	-
HRB Project	110	-
Governance & Training Seminars	3,606	972
Newsletters	760	1,754
Publications	3,933	11,679
Project management & administration	500	-
Erasmus - EPYC	998	-
Computer Costs	-	1,453
<b>Total Project Expenditure</b>	<b>46,694</b>	<b>24,869</b>
<b>Legal, Professional, Administration &amp; Employment Costs</b>		
Wages & Salaries	86,703	74,244
Employer's PRSI Contributions	9,196	7,807
Staff Pension Costs	4,766	4,075
Staff Recruitment	86	-
Board Development & Governance	560	230
Meetings	1,806	1,773
Rent	5,892	5,892
Insurance	948	1,033
HR Partnership Programme	1,224	1,759
Printing, Postage & Stationery	3,261	2,265
Telephone & Fax	2,400	1,390
Computer Costs	1,451	1,453
Membership Development Costs	-	2,464
Travelling and subsistence	1,623	1,827
Accountancy & Payroll Fees	3,847	3,174
Audit fees	2,768	2,768
Bank Charges	343	461
Staff Development	3,485	687
Sundry Expenses	995	317
Subscriptions	1,010	721
<b>Total Legal, Professional, Administration &amp; Employment Costs</b>	<b>132,364</b>	<b>114,340</b>

# Care Alliance Ireland

## Notes to the Financial Statements for the year ended 31 December 2016

..... continued

### 4. Employees

#### Number of employees

The average monthly numbers of employees (excluding the directors) during the year were:

	2016 Number	2015 Number
All employees	3	2

#### Employment costs

	2016 €	2015 €
Wages and salaries	86,703	74,244
Social welfare costs	9,196	7,807
Pension costs (5 - 6% of salary)	4,766	4,075
	100,665	86,126

Director's salary for 2016 was €Nil (2015 : €Nil).

The most senior staff member is the Executive Director. He was paid a whole time equivalent salary of €62,064 (€41,088 based on part-time employment in 2016). His total remuneration including Salary and Pension in 2016 was €43,553. No other staff member was in receipt of a whole time equivalent salary in excess of €40,500 in 2016.

There were no employees whose salary was in excess of €65,000.

### 5. Auditors Remuneration

	2016 €	2015 €
Statutory audit	2,768	2,768

# Care Alliance Ireland

## Notes to the Financial Statements for the year ended 31 December 2016

..... continued

### 6. Pension costs

Pension benefits for employees are met by payments to individual defined contribution Executive Pensions. Pension costs amounted to €4,766 (2015 - €4,075). The assets of the fund are held separately from the company in independently administered funds.

### 7. Tangible assets

	Fixtures, Furniture & Fittings €	Office Equipment €	Computer Equipment €	Total €
<b>Cost</b>				
At 1 January 2016	896	89	2,252	3,237
At 31 December 2016	896	89	2,252	3,237
<b>Depreciation</b>				
At 1 January 2016	896	89	2,252	3,237
Charge for the year	-	-	-	-
At 31 December 2016	896	89	2,252	3,237
<b>Net book values</b>				
At 31 December 2016	-	-	-	-
At 31 December 2015	-	-	-	-
<b>Cost</b>				
At 1 January 2015	896	89	2,252	3,237
At 31 December 2015	896	89	2,252	3,237
<b>Depreciation</b>				
At 1 January 2015	896	89	2,252	3,237
Charge for the year	-	-	-	-
At 31 December 2015	896	89	2,252	3,237
<b>Net book values</b>				
At 31 December 2015	-	-	-	-
At 31 December 2014	-	-	-	-

# Care Alliance Ireland

## Notes to the Financial Statements for the year ended 31 December 2016

..... continued

### 8. Debtors: amounts falling due within one year

	2016 €	2015 €
Prepayments and accrued income	4,805	3,615

### 9. Cash at Bank and in Hand

	2016 €	2015 €
Current Account	55,411	20,362
Deposit Accounts	18,235	18,147
	73,646	38,509

### 10. Creditors: amounts falling due within one year

	2016 €	2015 €
Other taxes and social security costs	-	(9)
Accruals	4,120	3,002
Deferred Income (a)	32,216	3,321
	36,336	6,314
Other taxes and social security costs include:		
PAYE & PRSI	-	(9)

(a) Deferred Income relates to grants received but unused at year-end.



## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2016

..... continued

<b>11. Financial Instruments</b>	<b>2016</b>	<b>2015</b>
	<b>€</b>	<b>€</b>
<b>Financial Assets</b>		
Financial assets that are debt instruments measured at amortised cost	4,805	3,615
	<u>4,805</u>	<u>3,615</u>
<b>Financial Liabilities</b>		
Financial liabilities measured at amortised cost	(36,336)	(6,323)
At 31 December 2016	<u>(36,336)</u>	<u>(6,323)</u>

Financial assets measured at amortised cost comprise prepayments.

Financial liabilities measured at amortised cost comprise accruals and deferred income.

## **12. Reserves**

The Board of Directors have set a reserves policy which requires that reserves be maintained at a minimum of 4 months' expenditure based on the previous year's audited accounts.

The Centre had reserve of €42,115 at 31 December 2016 and this was not sufficient to meet the 4 months' expenditure requirements of its reserve policy.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2016

..... continued

#### 13. Reconciliation of movements in funds

Closing Reserves allocated as follows:

	Opening Surplus 01/01/16 €	2016 €	Closing Surplus 31/12/16 €
Restricted Funds	1,808	5,590	7,398
Unrestricted Funds	34,002	715	34,717
	<u>35,810</u>	<u>6,305</u>	<u>42,115</u>

#### 14. Capital commitments

The company had no capital commitments at 31 December 2016.

#### 15. Contingent liabilities

As outlined in note 2.9, the company has received government grants for revenue purposes. Should these grants not be used for the purpose specified, the grants will become repayable in whole or in part.

#### 16. Related Party Transactions

The company has a policy of reimbursing directors for travel expenses incurred during the course of carrying out their duties. During the year ended 31 December 2016 the total expenses reimbursed amounted to €Nil. No other related party transactions took place during the year.

#### 17. Ultimate parent undertaking

The company is controlled by its Members and the Board of Directors.

#### 18. Key management personnel compensation

There was no compensation paid to key management personnel during the year ended 31 December 2016.

Key management are considered to be the Board of Directors.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2016

..... continued

#### 19. Analysis of changes in net funds

	Opening balance €	Cash flows €	Closing balance €
Cash at bank and in hand	38,509	35,137	73,646
Net funds	<u>38,509</u>	<u>35,137</u>	<u>73,646</u>

#### 20. Pobal Grant

During the financial year, Care Alliance Ireland received a grant from Pobal, for the period from 1st July 2014 to 30th June 2016. The grant is for the Scheme to Support National Organisations (SSNO). The total monies awarded in respect of the grant are €170,394 of which €45,385 was in respect of the current year.

Also during the financial year, Care Alliance Ireland received new grant funding from Pobal, for the period from 1st July 2016 to 30th June 2019. The grant is for the Scheme to Support National Organisations (SSNO). The total monies that will be awarded in respect of the grant are up to €253,036 of which €40,782 was in respect of the current year.

These grants have been awarded to assist with staffing and core overhead costs and is not capital in nature.

Care Alliance Ireland have obtained an up to date Tax Clearance Certificate as in compliance with the relevant circulars, including circular 44/2006.

**Care Alliance Ireland**

**Notes to the Financial Statements  
for the year ended 31 December 2016**

..... continued

**21. Approval of financial statements**

The financial statements were approved by the Board of Directors on 25 April 2017 and signed on its behalf by:

**Donal McKenna**  
Director

**Fergus O'Rourke**  
Director

## Care Alliance Ireland

### Detailed Trading Income and Expenditure Account for the year ended 31 December 2016

	2016		2015
	€	€	€
<b>Incoming Resources</b>			
HSE Grant Funding	23,976		23,976
Dept. of the Enviroment, Community & Local Government	86,167		90,877
Membership Fees	1,350		1,875
National Lottery/ Young Carers Seminar	-		11,976
Family Carer Training	46,541		-
HRB Research	1,930		-
Governance & Training Seminars	2,065		-
Erasmus - EPYC	10,735		-
Carers Week	13,491		8,623
Other Income	2,045		4,044
	<u>188,300</u>		<u>141,371</u>
<b>Resources Expended</b>			
Wages and salaries	86,703	74,244	
Employer's PRSI contributions	9,196	7,807	
Staff pension costs	4,766	4,075	
Staff Recruitment	86	-	
Board Development & Governance	560	230	
Meetings	1,806	1,773	
Rent	5,892	5,892	
Insurance	948	1,033	
HR Partnership Programme	1,224	1,759	
Printing, postage and stationery	3,263	2,265	
Newsletters	760	1,754	
Publications	3,933	11,679	
Project management & administration	500	-	
Erasmus - EPYC	998	-	
Telephone	2,400	1,390	
Computer costs	1,451	1,453	
ToYAC Project	-	369	
Carers Week	9,105	8,642	
Membership Development Costs	-	2,464	
Eurocarers - IACO	764	-	
Family Carer Training	26,918	-	
HRB Project	110	-	
Governance & Training Seminars	3,606	972	
Travelling and subsistence	1,623	1,827	
Research & Evaluation	3,023	2,700	
Accountancy & Payroll fees	3,847	3,174	

## Care Alliance Ireland

### Detailed Trading Income and Expenditure Account for the year ended 31 December 2016

	2016		2015	
	€	€	€	€
Audit fees	2,768		2,768	
Bank charges	343		461	
Staff Development	3,485		687	
Sundry expenses	995		317	
Subscriptions	1,010		721	
	<u>          </u>		<u>          </u>	
		(182,083)		(140,456)
		<u>6,217</u>		<u>915</u>
 Bank deposit interest	 <u>88</u>		 <u>233</u>	
		88		233
<b>Net Surplus for the year</b>		<u><u>6,305</u></u>		<u><u>1,148</u></u>