



'Guiding support for family carers'

## **Care Alliance Ireland**

A Company Limited by Guarantee and not having a Share Capital

Directors' Annual Report and Financial Statements

for the year ended 31 December 2020

[www.carealliance.ie](http://www.carealliance.ie)

@CareAllianceIrl

**Registered Company Number:** 461315

**CHY Number:** 14644

**Charity Registration No.:** 20048303

**Auditors:** Duignan Carthy O'Neill Limited

Chartered Accountants

Registered Auditors

84 Northumberland Road

Ballsbridge, Dublin 4

## **Care Alliance Ireland**

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# Legal and Administrative Details

The Directors who served during the year were as follows:

Donal McKenna

Fergus O'Rourke (resigned 11th February 2020)

Deirdre Shanagher (resigned 15th September 2020)

Rosemary Daynes (resigned 15th September 2020)

Ann Walsh (resigned 15th September 2020)

Erika Ring (appointed 15th September 2020)

Mary Shovlin (appointed 15th September 2020)

Phil Dunne

Hazel Mulligan

Barbara Barrett

Martin Ryan

Laura Reid

Talent Nyamakope (appointed 15th January 2020)

**COMPANY SECRETARY** Barbara Barrett

**REGISTERED OFFICE** Care Alliance Ireland  
Coleraine House  
Coleraine Street  
Dublin 7

**EXECUTIVE DIRECTOR** Liam O'Sullivan

**BOARD COMMITTEES**

Fergus O'Rourke (Chair, Audit and Risk Committee, resigned 11th February 2020)

Donal McKenna (Audit and Risk Committee)

Hazel Mulligan (Audit and Risk Committee)

Martin Ryan (Audit and Risk Committee, appointed Chair 11th February 2020)

Deirdre Shanagher (Chair, Research Committee, resigned 15th September 2020)

Laura Reid (Research Committee)

Phil Dunne (Research Committee, Appointed Chair, 15th September 2020)

**REGISTERED COMPANY NUMBER** 461315

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**INDEPENDENT AUDITORS**

Duignan Carthy O'Neill Chartered Accountants  
Registered Auditors  
84 Northumberland Road  
Dublin 4

**PRINCIPAL BANKERS**

Allied Irish Bank  
Capel Street  
Dublin 1

**SOLICITORS**

None Appointed

## **Chairperson's Statement**

It's been five years since I took on the role of Chair in Care Alliance, but 2020 has seen some of the biggest challenges that family carers have faced in these times. These difficulties are continuing to cause hardship, and Care Alliance staff have been proactive in supporting family carers in their role of looking after their loved ones.

Let me first acknowledge our superb Board of Directors and the support and encouragement that come from them. They are always there as individual voices of reason to help with decisions that are made by the collective. During 2020, some of our Directors came to the end of their terms and we said goodbye to Fergus, Deirdre, Rosemary and Anne. We wish them well in their future endeavours and we thank them sincerely for the years they gave to Care Alliance.

We also welcomed Erika, Mary and Talent to the Board. Each will bring their unique set of skills to help steer the organisation into the future alongside our fantastic existing Directors.

2020 was a year never seen in my living memory, but the wonderful staff of Care Alliance rose to the occasion. Meetings became remote, and they also utilised the often-maligned social media to create a platform to bring isolated carers together in a safe, sharing environment. The Family Carer Support Group Ireland, by the end of 2020, had almost 2,000 people registered and regularly communicating. This was all moderated and managed by volunteers and staff of Care Alliance. Continuing throughout the year, this support has expanded to include a book club and monthly online quizzes.

In February, we published our updated Infographic, titled 'Family Carers in Ireland'. This publication is a marvellous snapshot of caring within the family and some of the challenges faced by those who do the caring. Among the takeaway points are some statistics on the mental and physical health of carers, with 88% of them disclosing feeling stressed trying to balance caring with other family and work responsibilities.

In September, Care Alliance published its discussion document entitled 'Covid-19 and the Impact on Family Carers'. This was a brief overview of recent research on the key issues that have been emerging as causing concern to carers. Among the

key takeaway points was a call to “service providers, policy makers and health and social care professionals to listen to the issues and concerns of family carers, and to solve those problems by making the necessary adjustments to the health and social system”. These concerns continue into 2021 with no progress on the issue of prioritising a vaccination schedule for family carers, who continue to shield their vulnerable family members. Many of these family members are not scheduled for vaccination until later in the year because of their age and it is our view that a real opportunity to acknowledge family carers was missed here.

On a more positive note, in May, our Policy and Research work got back on track with submissions to Healthy Ireland and a submission to the Law Reform Commission on the subject of adult safeguarding. Carers Week in June also had to be modified and go to an online setting. Nevertheless, it was deemed a success, with virtual gatherings and meals together being replaced by deliveries of hampers.

Governance continues to be central to the operations of the Board of Care Alliance and we were shortlisted in the Good Governance Awards in October. We will continue to strive toward excellence and will provide guidance to our established members, plus the 12 organisations who joined our alliance this year.

We continue now into 2021 with challenges and opportunities. A substantial grant has enabled us to establish a support mechanism for carers returning to the workforce and to formalise a more long-term role in supporting the online family carers group.

Donal Mckenna

April 2021

# Directors' Report

The Directors present their annual report together with the audited financial statements of Care Alliance Ireland for the year ended 31st December 2020. The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2014 and FRS 102. Although not obliged to comply with the Charities SORP, the charity has implemented its recommendations where relevant in these accounts. The main activities of the charity are charitable.

The content of the Directors' Report is set out under the following headings:

- Our Origins
- Our Stakeholders and Service Users
- The Context for Family Carers in Ireland in 2020
- Why We Exist
- Year in Review – Goals and Achievements
- Our Covid-19 Response
- A Call for a Focus on Outcomes Not Outputs
- Our Objectives, With Reference to the Five Priorities Outlined in Our Strategic Plan 2019–2024
- Our Staff
- Financial Review
- Structure, Governance and Management
- Future Developments and Plans for the Future

## Our Origins

Care Alliance Ireland was set up in 1995 by a small number of organisations who felt that the voice of the family carer was insufficiently articulated by existing condition-specific organisations. Over the years we have carved out our niche, increased our membership, and pioneered a number of initiatives in the area of research, online carer support and carer awareness events. We are now a go-to organisation for many government departments, researchers and not-for-profit organisations interested in family carer issues.

## **Our Stakeholders and Service Users**

Our primary audience is our 95 member organisations. In addition, we seek to inform and influence researchers, policy makers and the general public. Success for us is when our member organisations excel at supporting family carers; when statutory health and social care agencies do the same; when carer support interventions are accessible, of high quality and impactful; when carer support practice is informed by robust research evidence; and when family carers are supported financially and otherwise as partners in care.



# The Context for Family Carers in Ireland in 2020



Guiding support for family carers

## Family Carers in Ireland

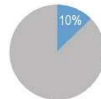
### Who Is a Carer?

Someone who provides regular, unpaid personal help for a friend or family member with a long-term illness, health problem or disability (CSO, 2016)



### Who Cares?

**391,000** or **10%** of the adult population (CSO, 2016a. Updated per 2019 population figures)



### What's the Kinship?

**86%** of family carers are family members. Most are caring for an ageing parent or a child with high support needs (CSO, 2017)

### How Much Care Is Provided?

Average of **44.6 hours** of care provided per week (CSO, 2017)



### How Do We Financially Support Full-time Family Carers?

**80,000** carers receive the Carers Allowance  
Over **116,000** receive the Annual Carer Support Grant (DEASP, 2019)



### Is the Role Challenging?

**88%** of carers feel stressed trying to balance caring with other family and work responsibilities (FOL RCPH & UCD SHAMS, 2019)



### What Is the Health Impact?

**68%** of carers feel their health has suffered as a result of caring

**48%** of family carers have been diagnosed with mental ill health

**70%** increase in the number of carers diagnosed with depression from 2009 to 2019 (FOL RCPH & UCD SHAMS, 2019)

### Ethnic Background

**10%** of family carers in Ireland are from an ethnic background other than 'white Irish' (CSO, 2017)



### What's the Gender Mix?

Women account for the majority of family carers in Ireland; however, the number of male carers is increasing - currently nearly **40%** of all carers are male (CSO, 2017)



### Do Children Provide Family Care?

**11%** of school-age children report providing care (Callaghan et al., 2018)



### How Many Home Support Service hours Are Provided Each Year?

**18.2m** in 2019 (HSE, 2018)



### What Share of the Social Welfare Pie Do Family Carers Get?

**6.2%** Percentage of overall Dept of Employment Affairs and Social Protection Budget spent on income supports for family carers (DEASP, 2019)



### Are There More Older Carers Now?

The number of older carers has increased by over **50%** since 2006 (CSO, 2017)



### What Are Sandwich Carers?

Usually people caring for children and parents at the same time. The highest concentration of caring in our population is in the 40-55 age group (CSO, 2017)



### What Is the Financial Contribution of Family Carers?

**€10bn** per year (FOL 2017)



### Can Family Carers Combine Working and Caring?

**50%** of family carers combine paid work and family care (CSO, 2017)



#### Sources of Information

- Care Alliance Ireland (2017) Trends in Family Caring in Ireland in 2017: Review of Awareness, Self-Identification, Official Surveys and Income Supports.
- Department of Employment Affairs and Social Protection (2019) Annual Report 2018.
- Callaghan, M., Keane, E. & Molcho, M. (2016) Short Report – HBSC Ireland: Young Carers in the 2014 HBSC Study.
- Central Statistics Office (2017) Census 2016 Chapter 9: Health, Disability and Caring.
- Central Statistics Office (2016) Full Census 2016 Questionnaire.
- Department of Public Expenditure and Reform (2019) Budget 2020 Expenditure Report.
- Family Carers Ireland, College of Psychiatrists of Ireland & University College Dublin School of Nursing, Midwifery & Health Systems (2019). Paying the Price - The Physical, Mental and Psychological Impact of Caring.
- Central Statistics Office (2016a) Irish Health Survey 2015.
- Family Carers Ireland (2017) 2018 Pre-Budget Submission.
- Health Service Executive (2018) National Service Plan 2019.



info@carealliance.ie  
www.carealliance.ie  
@CareAllianceIrl

## Why We Exist

**Vision:** That the role of Family Carers is fully recognised and valued by society in Ireland.

**Mission Statement:** Care Alliance Ireland exists to enhance the quality of life for Family Carers. We achieve this by supporting our member organisations in their direct work with Family Carers through the provision of information, developing research and policy, sharing resources, and instigating opportunities for collaboration.

**Values:** Professionalism, transparency, collaboration and integrity

## Year in Review – Goals and Achievements

2020 was a strange year to put it mildly.

Traditionally our annual goals are informed by a few key considerations, most significantly, the level of resources available and our Strategic Plan. Sometimes additional resourcing becomes available during the year in the form of a successful grant or research application and our annual goals are then re-evaluated. Key Performance Indicators (KPIs) have a use, but overreliance on them risks missing the bigger picture, that is outcomes – outcomes being a change that we can reasonably attribute to our organisation's activities. Our organisation is in the business primarily of effecting change. We are less interested in delivering outputs, although unfortunately funders and others sometimes seem to be more interested in outputs than outcomes.

Our original 2020 KPIs and outputs focussed around delivering certain quantities of high-quality publications, submissions and newsletters together with securing new members and delivering our annual Carers Week (see Table 1).

However, we believe that our activities taken collectively contributed to the following in 2020:

- A commitment to an extra 5 million home care hours in the 2021 budget (a 25% increase)
- A commitment to a review of the National Carers Strategy in the 2020 Programme for Government
- Support for up to 2,000 family carers and the corresponding reduction in isolation through their participation in the Online Family Carer Support Group.

**Table 1: Selected outputs – per original 2020 Work Plan**

Area of Work	Key Actions	Outputs	Target	Delivered	Explanation
<b>Advocacy</b>	Coordinate National Carers Week in June 2020	Events for family carers	80	50	Covid-19 necessitated exclusively online delivery
		Partners for the Week	12	11	One partner pulled out
		National print/radio/TV articles/stories	4	>8	
<b>Advocacy</b>	Represent the sector at relevant fora	Fora	4	3	Opportunities did not present themselves for appropriate representation
		Attendance at meetings	90%	82%	Org. focus on Covid-19 response

<b>Research and Policy Development</b>	Produce relevant, evidence-informed and analytically rigorous discussion/briefing papers	Publications	2	1	Org. focus on Covid-19 response
<b>Research and Policy Development</b>	Make considered and comprehensive submissions to various government departments and statutory agencies involving member inputs		10	13	
<b>Networking</b>	Coordinate Family Carer Research Group	Meetings	3	1	Org. focus on Covid-19 response
		Participants	15	25	
		New participants	5	3	Org. focus on Covid-19 response
		Presentations per meeting	1	1	
<b>Networking</b>	Membership	New members	12	12	
<b>Specialist Supports</b>	Provision of expert advice to member organisations and	Consultations	8	>30	Regular email and phone call enquiries

	others, including state bodies				
<b>Information Provision</b>	Produce and disseminate appealing newsletters (Care Alliance Exchange)	Editions	3	3	
		Recipients	700	695	
		Open Rate	20%	17%	
	Update and publish key resource	<i>The Way Ahead</i> booklet for former family carers	1	1	

**Table 2: Additional outputs – not in original 2020 Work Plan**

Area of Work	Key Actions	Outputs
<b>Direct Family Carer Supports</b>	Establishment of Online Family Carer Support Group	1,928 members (as of 31st Dec 2020)
		1,942 posts
		28,190 comments
		750 bespoke care hampers/presents delivered

		6 online quizzes
		6 educative video inputs
<b>Communication</b>	Publication of new infographic	'Caring in Ireland' infographic
<b>Research and Policy Development</b>	Deliver CarerEngage seminar in collaboration with UCC	45 participants, report, 3 presentations, 2 video recordings

## Our Covid-19 Response

As Covid-19 emerged in early 2020, and as supports for family carers disappeared overnight, it was clear that we needed to respond and respond quickly. Many family carers are socially isolated and there is no doubt that the curtailment of carer support services during Covid-19 exacerbated this situation significantly. We responded urgently by establishing on 16th March 2021 a moderated Online Family Carer Support Group, using the private group function on Facebook: <https://www.facebook.com/groups/FamilyCarerOnlineSupportGroupIreland>



***Image 1: Logo of Online Family Carer Support Group***

With the support of the Board of Directors, along with two dedicated and tech-savvy staff, this group grew rapidly in the early weeks and by year end was supporting almost 2,000 family carers from every large town in Ireland. Its scope evolved and as the year progressed it became more of a project than a simple group, with regular online quizzes, a book club, a gardening club and other targeted activities.

Our agency's nimbleness was a key reason for the success of this project and the extensive feedback we received is evidence of the impact and meaning the group has for so many (see selected feedback, Figure 1).

95% (1,928/2,038) of those who joined the group since March 2020 remained involved by year end, a retention level that has not changed materially as of April 2021 (94%, 2,132/2,271) This is a truly impressive retention figure. A four-year funded PhD in the University of Limerick will support better understanding of the

meaning participants place on their involvement and with the overall project evaluation.

*Amazing group. It has helped me in so many ways. I can't thank you enough. It has literally been life changing for me personally. (MJ)*

*Best thing I did for myself when lockdown came. It's my world, I have more in common with so many of ye than I have in my "real" life. It's a great feeling to know that we are all here for each other and ourselves. (EB)*

*Love this group so much, it has helped me through so much this last year. Thank you for all the lovely friends I have made too, don't know where I would be without you. (FD)*

*I get great comfort from the group often I don't have to ask a question. It's there. 🌹🌹🌹🌹 (FA)*

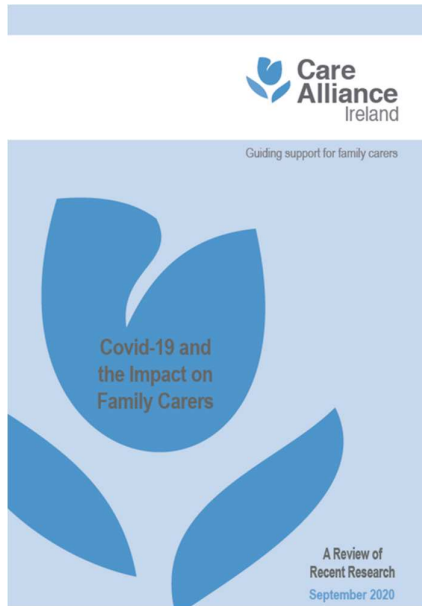
*I think the support group is amazing and has been for [a long time now]. And I feel it's very important. As it really does support anyone caring or needing care but unable to get out. Plus with the leaders and the carers as a whole group. Anytime of day or night there is someone, a person you don't really know but is in a similar caring situation as yourself to talk to. As I know from experience I got chatting at or til 1am on here and felt like I had a great time. When caring it's a 24/7 job sometimes so any half hour you [have] to yourself could be very late. But I bet someone else too will be awake same time as yourself. (LC)*

*Got good advice, support, fun quizzes, clubs, talks, great courses and laughs so thanks for an amazing group. (LP)*

**Figure 1: Selected feedback on the Online Family Carer Support Group**



We also actively fed into a number of Covid-19-related policy documents (e.g., the early iterations of the Cocooning document published by the HSE/HPSC), and in September we published a summary of the emerging research around the impact of Covid-19 on family carers (see Image 2).

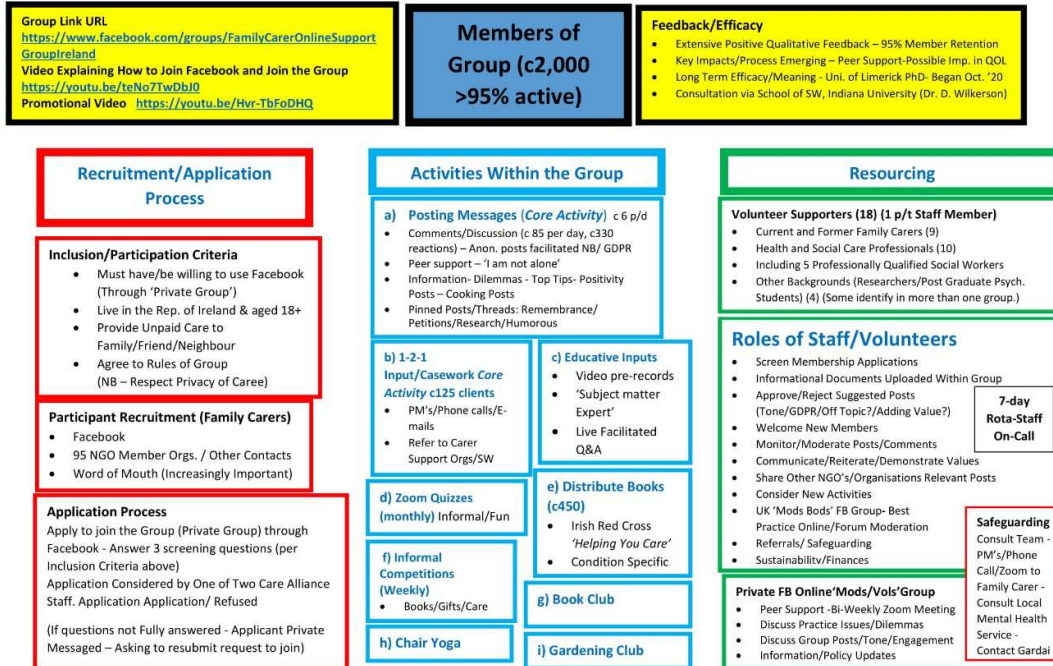


***Image 2: Covid-19 and the Impact on Family Carers***

By Q4 2020 our two staff had returned in the main to a pre-Covid-19 focus in terms of their work. This was possible thanks to a team of 17 committed volunteers who increasingly took on the various tasks associated with delivering a suite of supports (see Image 3) through the Online Family Carer Support Group. As an organisation, collaboration is central to our work and this is evidenced by the continued key role played by our volunteers on this project, many of whom are also family carers.

We wish to thank our two key funders, the Department of Rural and Community Development and the HSE, for their understanding and flexibility in facilitating the response of our organisation to the emergence of Covid-19. We also wish to thank the Community Foundation of Ireland for providing significant financial support to the Online Family Carer Support Group, which has enabled us to appoint a part-time project worker from early 2021. It is now more a project than a stand-alone group.

### Family Carer Online Support Group - Operations – January 2021



### Image 3: Operations of the Online Family Carer Support Project

We report a very modest deficit in 2020 of €478. 2020 was not the year to accumulate reserves; it was the year to respond to the true crisis that unfolded due to Covid-19. We allocated an additional €10,000 or 6% of our total expenditure to supporting the work of the emerging online carer support project. Thankfully expenditure was a little lower in other areas, such as publications, and thus there was only a modest year-end budget overspend.

As we have articulated in previous years' annual reports, for an organisation that does not seek public donations, the accumulation of significant reserves is difficult.

In 2021, we will continue to support large numbers of family carers through our online mediums. We will also deliver a significant new project to support family carers who are considering returning to the paid workforce. We look forward to responding to opportunities afforded us to influence the development of a new National Carers Strategy and to progress our agenda through submissions, discussion papers and new collaborations.

## **A Call for a Focus on Outcomes, Impact and Value, not just Outputs**

What gets measured gets managed. But up until now, the metrics in use by organisations have been mostly input and output metrics. We are calling for a more nuanced and meaningful way of measuring the actual impact of an organisation.

In 2020 we joined Social Value Ireland, an embryonic collaboration that seeks to put more of a focus on outcomes, impact and social value rather than just outputs. By actively engaging with our stakeholders, especially those we are supposed to be serving, and by asking them what matters most to them, we can begin to move towards outcomes that are meaningful and that also seek to account for deadweight, displacement, drop-off and attribution. We can then legitimately claim outcomes – not just superficially important outputs. In the same way that a business plan contains much more information than the financial projections, Social Return on Investment (SROI) is much more than just a number. It is a story about change, which includes qualitative and quantitative information, and on which organisational decisions should be based. In Q1 2021 one of our staff members took part in an SROI practitioner course and we are now considering how best to drive this forward in this year and beyond.

## **Our Objectives, With Reference to the Five Priorities Outlined in Our Strategic Plan 2019–2024**

We now report in greater detail on how we achieved our objectives, with reference to our five priorities as outlined in our Strategic Plan (2019–2024).

### **1. Work with member organisations and other stakeholders**

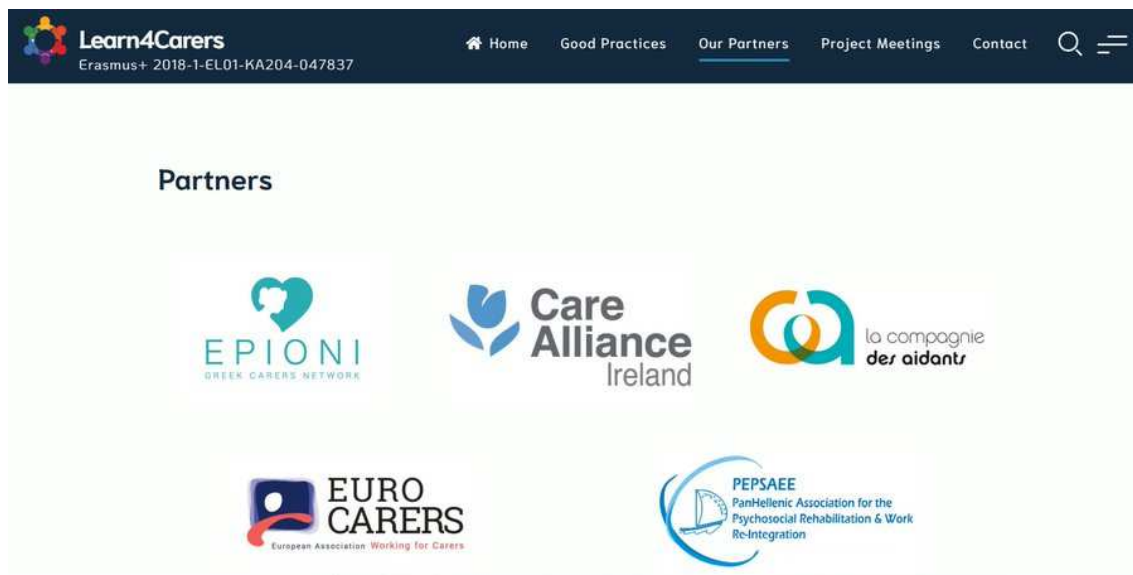
Following a membership development initiative early in the year, we welcomed 12 new members.



**Image 4: Members who joined in 2020**

In 2020 we continued to collaborate with a range of organisations, both existing members and new members, and other organisations who operate in the not-for-profit and/or statutory world of health and social care, and family carer support more specifically. Collaboration can take many forms and is most visible in joint projects, for example Carers Week, CarerEngage, PPI Ignite, all of which are detailed later in this report. Collaboration can also be more nebulous in nature, but no less impactful. It can be simply a phone conversation with a colleague who shares the same objectives around advancing the cause of family carers.

In 2020 we remained active internationally, most significantly through our Executive Director's role as Honorary Treasurer with the International Alliance of Carer Organizations (IACO, based in the US), which will emerge in 2021 as IACO 2.0, based in a different country. We also took part in virtual meetings of Eurocarers and in discussions and consultation with Irish MEPs who demonstrate a real commitment to advancing the cause of family carers at EU institution level. Our modest Erasmus Project (Learn4Carers) came to an end in November and reflected our commitment to supporting emerging carers organisations in other countries.



***Image 5: The Learn4Carers partners***

The inaugural European Carers day took place on 6th October 2020. The initiative is coordinated by Eurocarers, and brought together the leading carer advocacy organisations across Europe. Care Alliance engaged in a social media campaign where the focus was on the essential role played by family carers.

## **2. Bring cohesion to the family carer sector**

There were few new national policy documents published in 2020. Little if any progress was made in developing a new National Carers Strategy, in spite of it being a clear commitment in the new Programme for Government. We took the initiative in late 2020 by commissioning primary research seeking the views of family carers and others on the current relevance of the existing 42 actions from the 2012 Carer Strategy.

While family carers reported feeling left behind and forgotten during Covid-19, we are heartened by the high level of public coverage that carer stories get across the media. We play a modest role in this by encouraging and supporting a number of articulate carer advocates to voice their experiences in the media and at other fora. We are grateful for the effort and time they as volunteers put into this important work.

We continued to deliver on our representative function in a number of ways in 2020, most significantly through our pre-Budget submissions to government, participation in a number of representative fora (for example, the HSE-led National Patients Forum) and policy-related submissions (for example, Healthy Ireland, Law Reform Commission (on the subject of adult safeguarding), the Citizens Assembly, Impact of Covid-19 on Disability Services, Open Disclosure, Dept of Health Strategy Consultation).

Active engagement by our members on our submissions and policy documents has improved but remains low. Funders are extremely reluctant to resource policy and research personnel, preferring to fund direct services to clients.



**Image 6: Carers Week 2020 partners**



***Image 7: Carers Week 2020 merchandise***

The 14th National Carers Week (2020) took place from 8th to 14th June and, notwithstanding Covid-19, scores of online events were delivered. Complimentary merchandise was distributed to hundreds of family carers across Ireland. There were high levels of social media engagement and extensive national and local print media coverage.

Many partners held online events for the families they work with and organised local gift deliveries. Others organised celebrity video endorsements and ensured that carer supports and services were prominent on their organisations' homepage/website. Others arranged for their CEOs to create short videos promoting the week and acknowledging the role of family carers. Other activities included online carer videos/testimonials, the launch of a new bereavement service, and the highlighting of – and signposting to – carer supports, resources and publications.



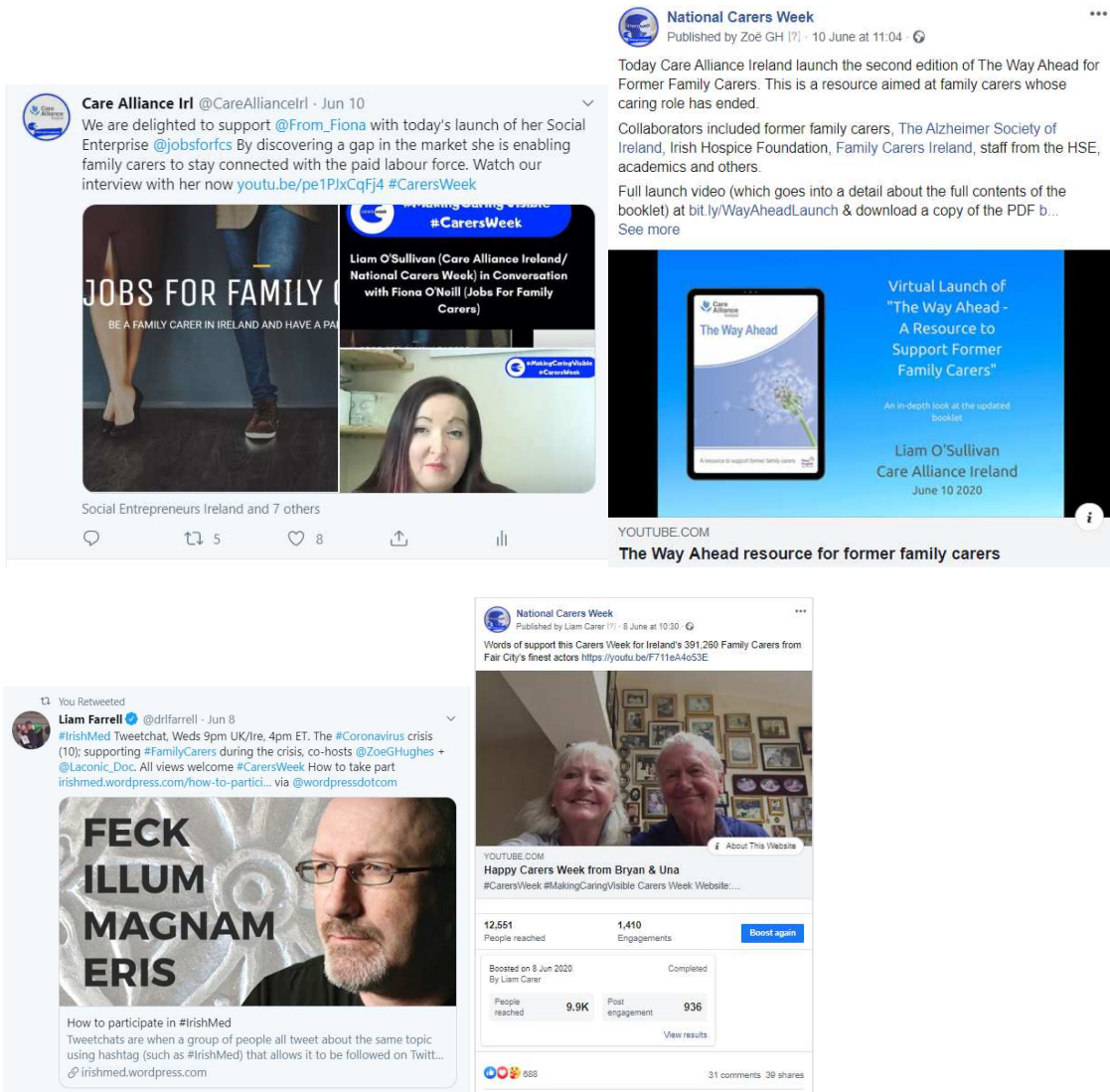


## Image 8: Carers Week 2020

Care Alliance delivered a number of online events including a Carers Café, which had extensive reach and engagement. We also published a video of an interview with a social entrepreneur (Jobs for Family Carers), delivered a #IrishMed Twitter Chat, and organised two Zoom quizzes/carers chats. We also did a virtual launch of the updated *The Way Ahead* booklet for former family carers. We took the decision to keep back some of the Carolan Research Trust donation for Carers Week 2021.

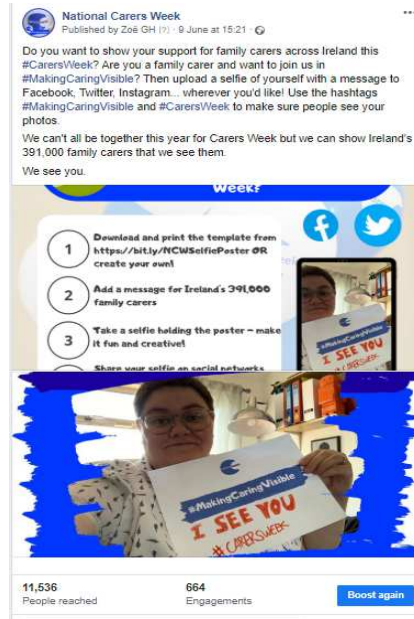


In our evaluation of this year's Carers Week, 77% of respondents reported that they did not take part in a specific event. The main reasons reported for not doing so were not being aware of events and not having time/care cover. We will reflect on this finding as we plan for Carers Week 2021.



**Image 9: Care Alliance online**

Extensive online signage was developed this year, focussing on the theme #MakingCaringVisible. In addition, a Facebook Frame was developed, which was utilised by many family carers, further creating visibility for carers across platforms.



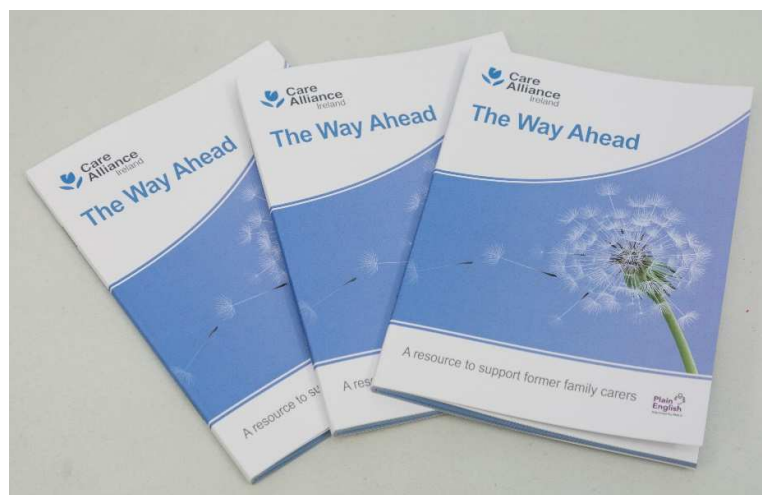
**Image 10: Carers Week and #MakingCaringVisible**

By late June we had surpassed 21,700 followers on the NationalCarersWeek Facebook page, gaining approximately 1,000 new followers in the build-up to the week. Over the 28-day period from mid-May to mid-June, the page had over 16,000 engagements and a reach of over 207,000 – similar to 2019. Video reach went from a low base to reach 27k over that period.



This year, we used the Care Alliance Ireland Twitter account more intensively as part of Carers Week (#carersweek), with 111k impressions (up c. 50% on 2019) over a 37-day period, between 15th May and 20th June. Overall engagement rates were also higher.

### 3. Provide up-to-date relevant information

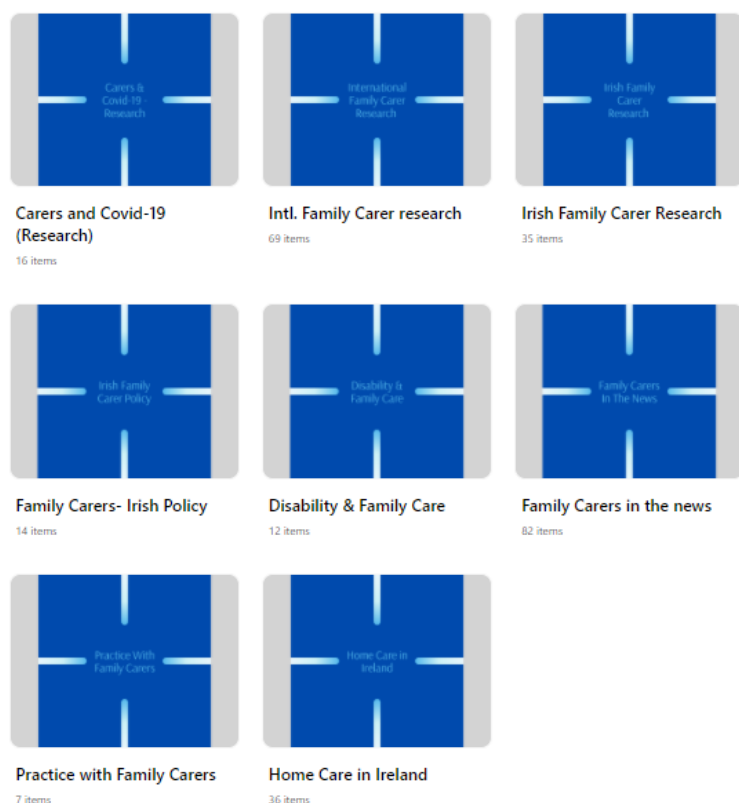


**Image 11: Updated resource for former family carers**

An estimated 67,000 people become former family carers annually in Ireland. Family caring ends generally following the death of a loved one or their admission into long-term care. In June, we published a new edition of *The Way Ahead – A resource for former carers*. A group of former family carers together with health and social care professionals worked intensively in early 2020 to review and update the 2018 edition.

Official CSO family carer data published in December suggests that 1 in 8 adults are family carers, or nearly 500,000. This is over twice the figure reported in the 2016 census.

We continued to update our research depository through the Wakelet platform, which now has over 270 items. <https://wakelet.com/@careallianceireland>



**Image 12: Wakelet Care Alliance Ireland Repository**

In 2020, our staff published in one peer-reviewed journal, the *International Journal of Care and Caring*.

We notice that our organisation's publications are being increasingly referenced. We are also increasingly being invited to consult on various policy initiatives and reviews.

The number of downloads from our websites remained high in 2020.

Throughout the year we continued to manage a large and growing Facebook following on our NationalCarersWeek Facebook page. This following has grown from approximately 4,500 in early 2014 to over 22,000 currently.

We have an active Twitter account (@CareAllianceIrl); we have tweeted over 6,000 times, and have over 2,800 followers. The account is continuing to be a useful way to engage internationally with academics and others with an interest in improving the delivery of supports for family carers.

#### 4. Drive the research agenda on family caring



In 2020 we partnered with the Institute of Social Science in the 21st Century UCC (ISS21) to facilitate and deliver three national workshops addressing three key research and policy areas identified by CAI. Building on our commitment to engaged research and family carer involvement in research that affects them, the CARERENGAGE project has an overall aim of coproducing in-depth, practically oriented knowledge and evidence-based research impacting family carers in Ireland. The first of these workshops took place in virtual form on Tuesday 13th October, on the topic of PPI (Public and Patient Involvement) in research. Two more will take place in 2021.



## Introduction to PPI Research - Dr. Jon Salsberg

### ***Image 13: Virtual workshop***

We continue to assist researchers, students, the media and the general public with queries in relation to family carers, both by email and telephone. We receive occasional calls from individual family carers and we advise and redirect as appropriate. All member organisations and over 695 other organisations and individuals involved in supporting family carers received regular communications from us, primarily in electronic format, on issues relating to support, practice, policy and research.

Our Policy and Research Officer continued to be active in a range of areas, even as some usual activities were curtailed by the onset of Covid-19. As always, requests from students for advice and support on family carer-related research topics at both undergrad and postgrad level continued throughout the year. It's always inspiring to see the work that students put in, and we encourage the creativity of these students and their interest in finding ways to centre family carers not just in topics within health and social care but also in technology, design and others.

Ensuring that our members and other stakeholders have access to relevant and accessible research regarding family carers is a top priority, and so publishing the

overview paper on research relating to family carers during Covid-19 was a key output for 2020.

Our organisation is also represented on the Social Policy Network – a group of NGOs that meets quarterly. The Family Carer Research Group met just once 2020 and looks forward to a busier schedule in 2021.

Care Alliance continues to be a key leader in the sector in considering and addressing research gaps. We have ongoing contact with senior academics across a number of third-level institutions regarding their family carer research proposals and projects. During 2020 we undertook regular reviews of new family carer research, policy and practice resources internationally and disseminated these as appropriate.

Within a few days of Budget Day we undertook a thorough analysis of Budget 2021 regarding the developments affecting family carers. This was shared widely. We continued in 2020 to publish briefs analysing quarterly HSE Performance Data Reports (where available).

We engaged in ongoing collaborative work with a range of not-for-profit federations and alliances, including the HomeCareCoalition, Carmichael Ireland, the Disability Federation of Ireland and the Wheel. We also collaborated with a number of HSE personnel from a range of departments/areas.





We continued our work on the HRB-funded Public and Patient Involvement (PPI) Ignite Research Award with the University of Limerick and others and look forward to that collaboration continuing.

The family carer research space looks bright, with UCC announcing a major new initiative in the caring area (ISS21-Care21) thanks to funding from the Carolan Research Institute. The University of Limerick has also appointed a PhD student to work with us on evaluating online carer support groups.

## **5. Resourcing and governance**

The Scheme to Support National Organisations 2019–2022 provides three-year core funding and is key to our operations. Multi-annual funding enables us to plan, to offer a level of security to staff and to be ambitious in our activities. Funding from the HSE remains very modest, and remains 12.5% below that received in 2008, over 13 years ago. As 2020 progressed we successfully secured €45k from the Community Foundation of Ireland and €163k under the Dormant Accounts Funders – Carers Measure. These funds, once-off in nature and the majority of which will be spent in 2021, will result in a 75% increase in our turnover in 2021. Three additional project staff have been appointed on fixed term contracts.



We continue to operate to demanding governance standards. Our goal of reviewing each policy every two years was not achieved in 2020 and it may be that a three-year review will be sufficient into the future. Our *Corporate Governance Handbook* is central to our governance and was updated twice in 2020. In 2020 we also adopted and declared full compliance with the Charity Regulator's new governance code. In November we were delighted to be shortlisted for the small charity category of the Good Governance Awards, having won the award in 2016, 2017 and 2018.

In 2020 we welcomed three new board members, Erika Ring (The Irish Hospice Foundation), Mary Shovlin (Donegal Carers) and Talent Nyamakope (Spina Bifida Hydrocephalus Ireland). We thank Deirdre Shanagher, Ann Walsh, Rosemary Daynes and Fergus O'Rourke, who all completed their six-year term of office in 2020.

Regulatory and funder requirements place demands on our organisation, but not at a level that we believe to be overly burdensome. We make regular reports to funders on lobbying activities and complaints, as well as activity reports.

## **Our Staff**



Liam O'Sullivan



Zoe Hughes



Tara O'Connor



Lisa Dunne



Aisling Harmon

Staff and board members availed of appropriate training opportunities that arose during the year. Specifically, our Policy and Research Officer continued with her part-time Doctorate in Social Science (UCC). Our chairperson recently completed the Diploma in Corporate Governance (IMI) while one other Director took part in specific governance training. In addition to our Board of Directors, all of whom are volunteers, Care Alliance was supported by other volunteers, including current and former family carers. These volunteers support our work through their participation in our Online Family Carer Support Group, occasional working groups, publicity events and other fora.

Our staff are highly qualified and skilled at delivering on our objectives. Their skills include project management, analysis, communication, report writing, online

moderation, and the facilitation of collaboration. Several have extensive and ongoing family caring experience. Two of our staff have professional qualifications in Social Work. Other qualifications within the team include Social Science, Science, Osteopathy, Community Development, Social Research, Implementation Science and Social Policy. All staff positions, roles and biographies are published on our website. Collectively our staff have demonstrated an ongoing openness to learning and continued professional development. A culture of sharing and mentoring is encouraged by the leadership of the organisation. This is even more important as our team grows from 2 to 5 in 2021.

All staff undertake performance appraisals and are provided with regular staff support and supervision. Salary increments are not part of any staff employment contracts and changes to remuneration are based on funds available, performance and sectoral norms.

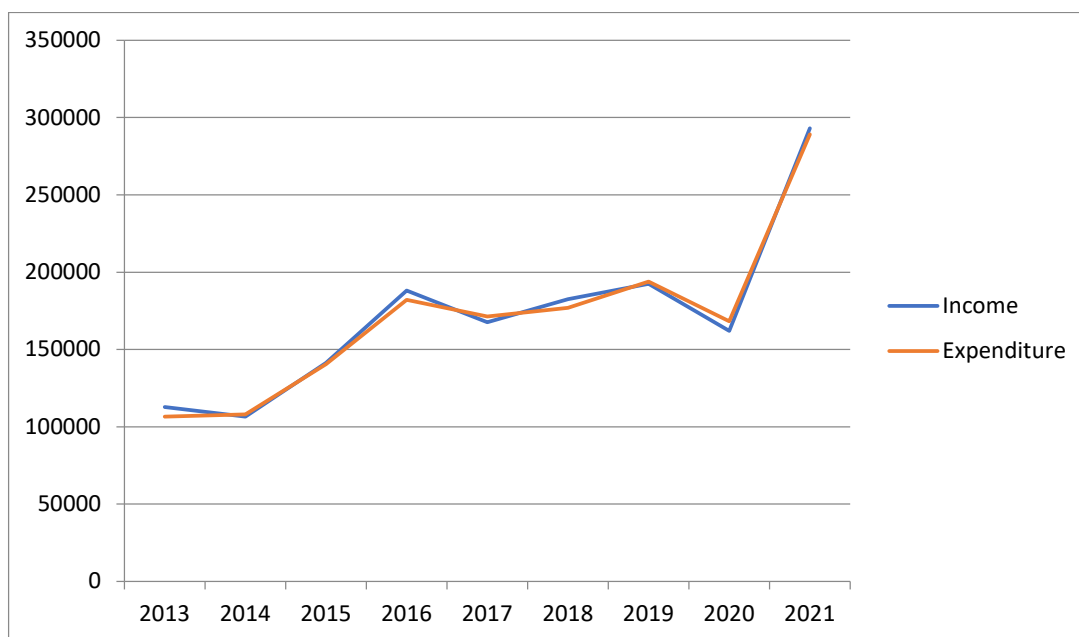
## **Financial Review**

The results for the year show a net operating deficit of €478 for 2020 (for 2019 – €4,400 deficit).

Our organisation's income for 2020 was €167,547 and our expenditure was €168,025.

The results were marginally different to the budget approved by the Board in April 2020. Our overall income was approximately €4k (2%) over budget, and our expenditure was approximately €5k (2%) over budget.

We conservatively expect a 75% increase in income and a similar increase in expenditure in 2021. A modest surplus for 2021 has been approved by the Board.



### ***Nine-year Financial Summary – Income and Expenditure 2013–2020, and 2021 projections***

2021 will represent a successful diversification of our income streams. Our two biggest funders in 2020 were the Department of Rural and Community Development (54%) and the Health Service Executive (14%). Other sources of income in 2020 included the Community Foundation of Ireland, the European Commission, National Lottery Grants, Carers Week partner contributions, consulting fees, the Irish Research Council and membership fees. On the expenditure side, staff salaries were the biggest outlay (64%), followed by project expenditure (18%).

### **Risk Management**

The Board recognises and regularly reviews the major risks to which we could be exposed. A comprehensive risk matrix was reviewed by the Board in April 2020. Key risks identified through 2020 include Covid-19, with ongoing limited access to the office. This impact was minimal as staff are willing and able to work from home productively. A remote-working risk assessment was also undertaken, with support from Adare HRM. Additional contents insurance (all risks) was also secured. Risks are assessed under a number of categories: Personnel, Finances, Projects, Membership, Governance, Operations/IT and Legal. Relevant actions were taken to mitigate but not eliminate these risks. The Directors are satisfied

that a comprehensive set of policies and procedures are in place to mitigate exposure to major risks. Using a risk classification and matrix based on likelihood and impact, high, medium and low risks were identified. Actions undertaken or proposed to ameliorate risks are included in the risk register.

A level of risk associated with coordinating the new Online Family Carer Support Group was also considered. Specific actions have been taken to mitigate this risk including clear group membership rules with respect to privacy, a comprehensive set of protocols, and a strong active moderation system including prompt removal of posts/individual members as necessary.

#### Reserves Policy

The Board of Directors has set a reserves policy that reserves be maintained at four months' expenditure based on the previous year's audited accounts. Care Alliance had reserves of €39,155 at 31st December 2020 and this was insufficient to meet the four months' expenditure requirement of its reserves policy. The Directors note that while the current level of reserves (two-and-a-half months) is not in keeping with the official policy, the policy itself remains adequate. The organisation is committed to attempting to gradually build up the reserves over the coming years by securing a modest level of additional unrestricted funding from a range of sources. Restrictions placed by many funders make this a real challenge.

#### Investment Policy

The Board's policy is to keep significant surplus cash on short-term deposit providing a market rate of interest. The ongoing historically low interest rates for deposit accounts has continued to result in minimal investment income. The Board does not consider it prudent to place its surplus funds in other asset classes.

#### Donations and Legacy Income

It is our view that we are unlikely to receive legacy income. For this reason, we do not currently have a legacy income policy. We did receive a significant donation from the Carolan Research Trust in 2019 and this has prompted the Board to consider preparing a donations policy in 2021.

#### Donated Facilities/Goods/Services Policy

It is our view that the level of such services is small overall, and as such does not warrant a policy. We will keep this under review as one of our projects does currently involve intensive volunteering by a large number of people.

#### Deferred Income Policy

The charity recognised deferred income where the terms and conditions have not been met or uncertainty exists as to whether the charity can meet the terms or conditions otherwise within its control, income is then deferred as a liability until it is probable that the terms and conditions imposed can be met. Some of the grants received are subject to performance-related conditions or time periods. When these performance-related or other conditions are met, the deferred income is released to income in the Statement of Financial Activities.

#### Membership Fees

These are recognised in the Statement of Financial Activities of the year in which they are receivable.

#### Appointment of Solicitors

In light of the small size of the organisation and its low risk profile, the Board has taken the view that there is no need to have named solicitors appointed at this stage. Should there be a need in the future, the Board will appoint appropriate solicitors accordingly.

### **Future Developments and Plans for the Future**

Our Strategic Plan 2019–2024 was developed following extensive consultation with key stakeholders. The resources available for its implementation have and will directly influence the scope, reach and likely impact of the plan. Specific collaborative research projects will continue; our focus on maximising the use of information and communications technology (ICT) and social media will also remain. We will do better in engaging with our members. We will continue to produce evidence-informed and analytically rigorous policy and research briefings, discussion documents and overview reports. We will also continue to create opportunities for successful collaboration and engagement in research across the

academic, statutory and not-for-profit sectors, both nationally and internationally. The new Strategic Plan is also clearer on how we will know we are making progress in our key strategic priorities. We will put more effort into capturing outcomes.

In 2020 and into 2021, thanks to new funding streams, we will be delivering more direct services and supports to family carers. This is a change to previous years when the majority of our work focussed on indirect support to family carers. In 2021 our Board will give careful consideration to this change and will consult with our member organisations and other stakeholders.

### **Events Since the End of the Year**

Activities from January to April 2021 advanced the targets established in our 2021 work plan and we are confident of meeting the majority of our goals.

In the context of the resources available, we are continuing to implement the Strategic Plan 2019–2024. Details of all our activities and projects continue to be communicated through our website/newsletter/social media channels, and reported to our funders at required intervals.

It is now well over a year since the emergence of Covid-19. We know that this pandemic has been particularly hard for family carers as they sought to protect those they care for from exposure to this potentially deadly virus. As is evident from our expected income in 2021, Care Alliance Ireland is well positioned to emerge strong when the Covid-19 pandemic ends. Our reserves are less than we would like, but based on multi-year and annual rolling funding agreements as well as successful securing of project funds over the past 12 months, the Board are of the view that the organisation will continue to be able to operate into the coming years. No financial impairments emerged in 2020 in light of Covid-19 and we do not expect any in 2021. However, should the economy not bounce back quickly as 2021 progresses, the wider funding environment will undoubtedly become more difficult.

### **Looking to a Post Covid-19 World**

We believe that the world will not go back to the way it was. Homeworking, online consultations, and, of most relevance to our work, online support, will flourish.

The latter is largely accessible, more environmentally friendly and may indeed suit the needs of a wider group of family carers.

It is of note that 91% of those who responded to a question asked of members of the Family Carer Online Support Group (432/474) reported that prior to Covid-19 they were not involved in face-to-face support groups. This supports the contention that pre-Covid-19, there was a large pool of family carers who were underserved by existing and traditional supports. This also suggests that, as we begin to move past Covid-19, such family carers will continue to want to participate in a range of online supports, and will benefit from same.

We look forward to the relevant government support and philanthropy to support our innovative project into the future. This project is something we are very proud of.

## **Structure, Governance and Management**

We are registered as a charitable company limited by guarantee. We are a public benefit entity. In the event of Care Alliance being wound up, the liability in respect of the guarantee is limited to €1 per member. Care Alliance has a constitution and is a registered charity (CHY 14644, Charity Registration No: 20048303). Care Alliance's goals and approaches are guided by its charitable objectives as laid out in these documents.

Our Board of Directors met through Zoom throughout 2020, five times in total, once in person (February) and four times virtually. Our AGM in September was also held virtually, with the best attendance yet.

The Board of Directors, elected and co-opted under the terms detailed in the *Company Governance Handbook*, has overall responsibility for strategic development, in close liaison with the Executive Director. Donal McKenna is the Board Chair, Martin Ryan is the Board Treasurer and Barbara Barrett is the Company Secretary. Liam O'Sullivan, the Executive Director, manages the operations and is not a member of the Board. The Board is responsible for providing leadership, setting strategy and ensuring control. It comprises nine non-executive Directors. Currently, five of the Directors have been nominated to the Board by our member organisations. Others have been recruited through Boardmatch Ireland and through other recommendations. The Board's Directors

are drawn from diverse backgrounds in not-for-profit organisations, business and the professions. They bring to board deliberations the significant business and decision-making skills developed in their respective fields, together with a broad range of experience and views. Our three new Directors appointed in 2020 bring with them a range of skills. Erika Ring is an experienced physiotherapist with extensive project management experience. Mary Shovlin is a retired bank official with experience in home care provision and family caring and is also a long-standing volunteer with a local carer support group. Talent Nyamakope has a strong background in healthcare and advocacy.

Biographies of all our Directors are available on our website. The majority have experience as family carers.



Donal McKenna -  
Chairperson



Phil Dunne



Hazel Mulligan



Barbara Barrett



Martin Ryan



Laura Reid



Talent Nyamakope



Mary Shovlin



Erika Ring

### ***Our nine volunteer Directors, March 2021***

Suitable potential Directors are identified in three ways: first, by member organisations, secondly, through Boardmatch Ireland, and thirdly, through professional contacts. The Chair manages this process, which includes review of CVs, interviews and follow-up of references.

The role of Chairperson and Executive Director are separate. The Directors are committed to maintaining the highest standard of corporate governance and they believe that this is a key element in ensuring the proper operation of Care Alliance's activities. Conflicts of interest and loyalty are considered through statements of interests, and through standing items at board meetings. All Directors are required to sign a Conflict of Interests Compliance Statement in which they state that they



are aware of their obligations as a member of the Board of Directors of Care Alliance Ireland.

They also undertake to furnish to the Company Secretary full particulars of their interests, which include their employment, all business interests and community involvement, including voluntary work for charities that might involve a conflict of interest or might materially influence them in relation to the performance of their functions as a member of the Board or their partiality. They also undertake to notify the Company Secretary of any changes to these interests.

Following a review in early 2020, the Board confirmed our organisation's full compliance with the new Charities Regulator Code.

There is clear division of responsibility between the Board and the Executive Director, with the Board retaining control of major decisions under a formal Schedule of Matters Reserved to the Board for Decision, while the Executive Director is responsible for devising strategy and policy within the authority delegated to him by the Board. For example, the Board considers applications for membership of Care Alliance, using five criteria. Care Alliance has a comprehensive process for reporting management information to the Board. While the focus at board meetings is on stewardship, governance, financial reporting and risk, the Board also invites speakers to present on occasions.

On appointment to the Board, Directors receive a formal induction programme and are provided with comprehensive briefing documents designed to familiarise them with Care Alliance's operations, management and governance structures. Our *Corporate Governance Handbook*, approved in September 2018, stipulates that at the AGM those Directors who have served a three-year term shall retire from office. It also stipulates that all retiring Directors shall be eligible for re-election, provided that no Director shall serve more than two consecutive terms of three years.

There were four resignations and three appointments to the Board in 2020. Three of our Directors will have served for six years in 2022, one in 2023, two in 2025, and three in 2026. Board attendance averaged 80% over the course of 2020 (2019 was 85%).

A self-assessment process was undertaken by the Board in 2020 and a score of 262/272 was reported (2018, 258/272). This suggests that the Board continues to perform well.

Name	Feb	April	June	Sept.	Nov.	Total	Max. poss.	Attend. Rate (%)
Hazel Mulligan	1	1	1	1	1	5	5	100%
Phil Dunne	1	1	1	0	1	4	5	80%
Donal McKenna	1	1	1	1	1	5	5	100%
Ann Walsh	1	0	1	1	n/a	3	4	75%
Deirdre Shanagher	1	0	0	1	n/a	2	4	50%
Rosemary Daynes	0	0	1	1	n/a	2	4	50%
Fergus O'Rourke	1	n/a	n/a	n/a	n/a	1	1	100%
Barbara Barrett	1	1	1	1	1	5	5	100%
Martin Ryan	1	1	1	1	1	5	5	100%
Laura Reid	1	1	1	0	0	3	5	60%
Talent Nyamakope	1	1	1	1	0	4	5	80%
Mary Shovlin	n/a	n/a	n/a	n/a	0	0	1	0%
Erika Ring	n/a	n/a	n/a	n/a	1	1	1	100%
						40	50	80% Ave.
Total	10	7	9	8	6			

***Board attendance rates 2020***

## Committees of the Board

We have two standing board committees, namely the Audit and Risk Committee and the Research Committee. The role of the Audit and Risk Committee is to oversee the efficient financial and risk management of Care Alliance, including the raising, collection, investment, borrowing and outlay of all monies. The committee met once in 2020.

The role of the Research Committee is to support Care Alliance Ireland's strategic priority 'Supporting primary and applied research on family caring and the role of family carers'. The Research Committee is consulted regularly by the Executive Director on matters within its terms of reference. In 2020, the committee considered seven substantial topics, all of which were managed by the Chair of the committee using email correspondence and phone conversations as necessary. A report on the Research Committee's activities is presented at each board meeting. Any items that the Chair judged to require further full board consideration were considered at the next board meeting. The Board believes this method of operation for this committee is appropriate.

## Directors' Responsibilities Statement

The Directors (who are also Directors of Care Alliance Ireland for the purposes of company law) are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and Irish/UK Accounting Standards (Irish/UK Generally Accepted Accounting Practice).

Irish company law requires the Directors to prepare financial statements for each financial year. Under the law the Directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and accounting standards issued by the Financial Reporting Council, and promulgated by Chartered Accountants Ireland, including FRS 102, the Financial Reporting Standard applicable in the UK and Ireland (Generally Accepted Accounting Practice in Ireland). Under company law, the Directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the charitable company as at the financial year-end date, and of the surplus or deficit of the charitable company for the

financial year, and that they otherwise comply with the Companies Act 2014. In preparing these financial statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect of and reasons for any material departure from those standards.
- Prepare the financial statements on the going-concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Directors are responsible for ensuring that the charitable company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the charitable company; enable at any time the assets, liabilities, financial position and profit or loss of the charitable company to be determined with reasonable accuracy; enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014; and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### Declaration of Interests

All members of the Board declare relevant interests on an annual basis. At the beginning of each board meeting, all Directors are invited to declare any conflicts of interest or loyalty in respect of agenda items.

#### Thanks

We are very grateful to all our funders for both new and continued support. The following organisations and supporters provided grants and/or contracts that contributed to our success in the last year: the Department of Rural and Community Development, the Community Foundation of Ireland, the Health Service Executive, the Department of Social Protection, the Health Research

Board, the National Lottery, the European Commission. We also thank Carmichael Ireland for their continued support and specifically for the provision of mentoring and shared premises.

#### Independent Auditor

The auditors, Duignan Carthy O'Neill, Chartered Accountants and Statutory Audit Firm, have expressed their willingness to continue in office in accordance with Section 383(2) of the Companies Act 2014.

#### Accounting Records

The measures taken by the Directors to secure compliance with the requirements of sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records are the implementation of necessary policies and procedures for recording transactions, the employment of appropriately qualified accounting personnel with appropriate expertise, the provision of adequate resources to the financial function and the maintenance of computerised accounting systems. The Company's accounting records are maintained at the Company's registered office at Coleraine House, Coleraine Street, Dublin 7.

#### Statement on Relevant Audit Information

In the case of each of the persons who is a Director at the time this report is approved in accordance with section 332 of the Companies Act 2014:

- so far as each Director is aware, there is no relevant audit information of which the Company's statutory auditors are unaware, and
- each Director has taken all of the steps that he or she ought to have taken as a Director in order to make himself or herself aware of any relevant audit information and to establish that the Company's statutory auditors are aware of that information.

This report was approved by the Directors:

\_\_\_\_\_  
**Donal McKenna**

Director

Date:

\_\_\_\_\_  
**Martin Ryan**

Director

Date:

## **Independent Auditors' Report to the members of Care Alliance Ireland**

### **Opinion**

We have audited the financial statements on pages 51 to 76 of Care Alliance Ireland for the year ended 31 December 2020 which comprise the Statement of Financial Activities, the Balance Sheet, Statement of Changes in Funds, Statement of Cashflows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

This report is made solely to the company's members as a body in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters that we are required to state to them in the audit report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company or the company's members as a body for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the Company's affairs as at 31st December 2020 and of its result for the year then ended;
- have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' ; and
- have been prepared in accordance with the requirements of the Companies Act 2014

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs(Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.



## **Independent Auditors' Report to the members of Care Alliance Ireland**

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

### **Other information**

The directors are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the financial statements does not cover the information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report this fact.

We have nothing to report in this regard.

## **Independent Auditors' Report to the members of Care Alliance Ireland**

### **Opinion on other matters prescribed by the Companies Act 2014**

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with the applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited, and financial statements are in agreement with the accounting records.

### **Matters on which we are required to report by exception**

Based on the knowledge and understanding of the Company and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

### **Respective responsibilities**

#### **Respective responsibilities of directors for the financial statements**

As explained more fully in the Directors' Responsibilities Statement on pages 43 - 44, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

## **Independent Auditors' Report to the members of Care Alliance Ireland**

### **Auditors' responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: <https://www.iaasa.ie/Publications/Auditing-standards>. The description forms part of our Auditor's Report.

.....

for and on behalf of

**Duignan Carthy O'Neill Limited**

Chartered Accountants

Registered Auditors

84 Northumberland Road

Dublin 4

Date:

## Care Alliance Ireland

### Statement of Financial Activities (Including Income & Expenditure) for the year ended 31 December 2020

#### Income and Expenditure

		Restricted Funds 2020 €	Unrestricted Funds 2020 €	Total Funds 2020 €	Restricted Funds 2019 €	Unrestricted Funds 2019 €	Total Funds 2019 €
Incoming Resources	Note						
<b>Donations and Legacies</b>							
Donations and fundraising Income	14	5,702	-	5,702	-	-	-
<b>Incoming resources from charitable activities</b>							
Revenue Funding Grants	2.12	113,976	-	113,976	111,865	-	111,865
Projects	2.12	35,284	-	35,284	74,419	-	74,419
Other Income		-	12,583	12,583	-	6,455	6,455
<b>Total Incoming Resources</b>		<b>154,962</b>	<b>12,583</b>	<b>167,545</b>	<b>186,284</b>	<b>6,455</b>	<b>192,739</b>
<b>Resources Expended</b>							
Expenditure on Charitable Activities	3	164,335	3,690	168,025	193,466	3,690	197,156
<b>Total Resources Expended</b>		<b>(164,335)</b>	<b>(3,690)</b>	<b>(168,025)</b>	<b>(193,466)</b>	<b>(3,690)</b>	<b>(197,156)</b>
<b>Deficit on ordinary activities before interest</b>		(9,373)	8,893	(480)	(7,182)	2,765	(4,417)

# Care Alliance Ireland

## Statement of Financial Activities (Including Income & Expenditure) for the year ended 31 December 2020

### Income and Expenditure (continued)

		Restricted Funds 2020 €	Unrestricted Funds 2020 €	Total Funds 2020 €	Restricted Funds 2019 €	Unrestricted Funds 2019 €	Total Funds 2019 €
	Note						
<b>Deficit on ordinary activities before interest</b>		(9,373)	8,893	(480)	(7,182)	2,765	(4,417)
Interest receivable and similar income		-	2	2	-	17	17
<b>Net (Expenditure)/Income for the year</b>		<u>(9,373)</u>	<u>8,895</u>	<u>(478)</u>	<u>(7,182)</u>	<u>2,782</u>	<u>(4,400)</u>
<b>Net movement in funds</b>		(9,373)	8,895	(478)	(7,182)	2,782	(4,400)
<b>Reconciliation of funds</b>							
Total funds brought forward		(5,530)	21,163	15,633	1,652	18,381	20,033
Contingency fund		-	24,000	24,000	-	24,000	24,000
<b>Total funds carried forward</b>	13	<u>(14,903)</u>	<u>54,058</u>	<u>39,155</u>	<u>(5,530)</u>	<u>45,163</u>	<u>39,633</u>

**Care Alliance Ireland**  
**Statement of Financial Activities**  
**(Including Income & Expenditure)**  
**for the year ended 31 December 2020**

**Income and Expenditure (continued)**

All activities are in respect of continuing operations.

There are no recognised gains or losses other than the results for the above two financial years.

The financial statements were approved by the Board of Directors on ..... and signed on its behalf by:

---

**Donal McKenna**  
Director

---

**Martin Ryan**  
Director

# Care Alliance Ireland

## A Company Limited by Guarantee and not having a Share Capital

### Balance Sheet as at 31 December 2020

	Notes	2020 €	2019 €
<b>Fixed Assets</b>			
Tangible assets	7	870	1,367
		<u>870</u>	<u>1,367</u>
<b>Current Assets</b>			
Debtors	8	14,051	633
Cash at bank and in hand	9	79,704	99,347
		<u>93,755</u>	<u>99,980</u>
<b>Creditors: amounts falling due within one year</b>	10	(55,470)	(61,714)
<b>Net Current Assets</b>		<u>38,285</u>	<u>38,266</u>
<b>Total Assets Less Current Liabilities</b>		<u>39,155</u>	<u>39,633</u>
<b>Reserves</b>			
Reserves	12	39,155	39,633
<b>Funds</b>	13	<u>39,155</u>	<u>39,633</u>

The financial statements were approved by the Board of Directors on .....  
and signed on its behalf by:

\_\_\_\_\_  
**Donal McKenna**  
Director

\_\_\_\_\_  
**Martin Ryan**  
Director

# Care Alliance Ireland

## Statement of Changes in Funds for the year ended 31 December 2020

	<b>Funds account €</b>	<b>Total Funds €</b>
<b>At 1 January 2020</b>	39,633	39,633
Retained deficit for the year	(478)	(478)
<b>At 31 December 2020</b>	<u>39,155</u>	<u>39,155</u>

In respect of prior year:

	<b>Funds account €</b>	<b>Total Funds €</b>
<b>At 1 January 2019</b>	44,033	44,033
Retained deficit for the year	(4,400)	(4,400)
<b>At 31 December 2019</b>	<u>39,633</u>	<u>39,633</u>



## Care Alliance Ireland

### Statement of Cash Flows for the year ended 31 December 2020

	2020 €	2019 €
<b>Cash flows from operating activities</b>		
Net income/(expenditure) for the year	(480)	(4,417)
Depreciation	497	497
(Increase)/Decrease in debtors	(13,418)	(10)
Increase/(Decrease) in creditors	(6,244)	40,731
Interest during the year	-	
<b>Net cash flows from operating activities</b>	<u>(19,645)</u>	<u>36,801</u>
<b>Cash flows from investing activities</b>		
Interest received	2	17
Capital Expenditure	-	-
<b>Net cash flows from investing activities</b>	<u>2</u>	<u>17</u>
<b>Net (Decrease)/ Increase in cash and cash equivalents</b>	<u>(19,643)</u>	<u>36,818</u>
<b>Reconciliation of net cash flow to movement in net debt (Note 24)</b>		
<b>(Decrease)/ Increase in cash and cash equivalents in the year</b>	(19,643)	36,818
<b>Net Cash at 1 January 2020</b>	<u>99,347</u>	<u>62,529</u>
<b>Net Cash at 31 December 2020</b>	<u>79,704</u>	<u>99,347</u>

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2020**

#### **1. Statement of Compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', Charities SORP (FRS 102) and the Companies Act 2014.

#### **2. Accounting Policies**

##### **2.1. Basis of preparation of financial statements**

The financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish statute comprising the Companies Act 2014, and the Charities SORP (FRS 102). Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Financial Reporting Council.

Care Alliance Ireland is constituted under Irish company law as a company limited by guarantee and is a registered charity and has adopted and reported its performance in accordance with the format provided for in the Charities SORP and in particular reports its performance for the financial year in the format of the SORP's Statement of Financial Activities (SOFA).

Companies Act 2014 which became effective in law on 1 June 2015 and from that date applied the format and content of financial statements requirements appropriate for a company trading for the profit of its members to a company that is a not for profit organisation. In order to provide information relevant to understanding the stewardship of the directors and the performance and financial position of the charity, Care Alliance Ireland has prepared its financial statements in accordance with the formats provided for in the Charities SORP (FRS 102) consistent with the prior year.

The directors consider the adoption of the SORP requirements is the most appropriate accounting to properly reflect and disclose the activities of the organisation. Had the Companies Act format and content of financial statements requirements suitable for a company trading for the profit of its members been presented instead, a profit and loss account with related notes showing items such as Turnover and Cost of Sales would have been reported along with a "profit" on ordinary activities before taxation.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2020**

..... continued

#### **2.2. Judgments and key sources of estimation uncertainty**

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The company makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

The directors have prepared budgets and cash flows for a period of at least twelve months from the date of the approval of the financial statements which demonstrate that there is no material uncertainty regarding the company's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the directors consider it appropriate to prepare the financial statements on a going concern basis. Accordingly, these financial statements do not include any adjustments to the carrying amounts and classification of assets and liabilities that may arise if the company was unable to continue as a going concern.

#### **2.3. Company name**

The company received approval under section 1180(1) of the Companies Act 2014 to omit the word 'Company Limited by Guarantee' from its name.

#### **2.4. Functional and presentation currency**

Items included in the financial statements of the company are measured using the currency of the primary economic environment in which the company operates ("the functional currency"). The financial statements are presented in euro, which is the company's functional and presentation currency and is denoted by the symbol "€".

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2020

..... continued

#### **2.5. Tangible fixed assets and depreciation**

Tangible fixed assets under the cost model are stated at cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

The company adds to the carrying amount of an item of fixed assets the cost of replacing part of such an item when that cost is incurred, if the replacement part is expected to provide incremental future benefits to the company. The carrying value amount of the replacement part is derecognised. Repairs and maintenance are charged to income or expenditure during the period in which they are incurred.

Depreciation is provided on all tangible fixed assets at the following annual rates calculated to write off the cost less residual value of each asset over its expected useful life on the straight line basis, as follows:

Office Equipment	-	20% Straight Line
Computer Equipment	-	25% Straight Line

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised within 'other operating income' in the Statement of Financial Activities.

#### **2.6. Going concern**

Care Alliance Ireland is reliant on continuing support from Government Bodies in the form of Grant Assistance and Corporate Support to ensure that the Company remains in operation for the foreseeable future.

Noting Covid-19, the directors have prepared budgets for the upcoming 12 months which show that the company will continue as a going concern.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2020**

..... continued

#### **2.7. Trade and other creditors**

Trade and other creditors are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

#### **2.8. Financial instruments**

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

The company only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable.

Debt instruments like accounts receivable and payable are initially measured at present value of the future payments and subsequently at amortised cost using effective interest method. Debt instruments that are payable or receivable within one year, typically trade payables and receivables, are measured, initially and subsequently, at the undiscounted amount of the cash or other consideration expected to be paid or received.

Cash consists of cash on hand and demand deposits. Cash equivalents consist of short-term highly liquid investments that are readily convertible to known amounts of cash that are subject to an insignificant risk of change in value.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2020**

..... continued

#### **2.9. Provisions**

Provisions are recognised when the company has a present legal or constructive obligation as a result of past events; it is probable that an outflow of resources will be required to settle the obligation; and the amount of the obligation can be estimated reliably.

Where there are a number of similar obligations, the likelihood that an outflow will be required in settlement is determined by considering the class of obligations as a whole. A provision is recognised even if the likelihood of an outflow with respect to any one item included in the same class of obligations may be small.

Provisions are measured at the present value of the expenditures expected to be required to settle the obligation using a pre-tax rate that reflects current market assessments of the time value of money and the risks specific to the obligation. The increase in the provision due to passage of time is recognised as a finance cost.

#### **2.10. Government grants**

Grants are accounted for under the performance model as permitted by FRS 102. Grants under this model are recognised in income as follows:

- (a) A grant that does not impose specified future performance conditions on the recipient is recognised in income when the grant proceeds are receivable.
- (b) A grant that imposes specified future performance conditions on the recipient is recognised in income only when the performance conditions are met.
- (c) Grants received before the revenue recognition criteria are satisfied are recognised as a Liability and usually referred to as deferred income.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2020**

..... continued

#### **2.11.Pensions**

Pension benefits for employees are met by payments to defined contribution executive pensions.

The regular cost of providing retirement pensions and related benefits is charged to the Statement of Financial Activities over the employees' service lives on the basis of a constant percentage of earnings. The benefits made are into a defined contribution plan. The assets of the fund are held separately from the company in independently administered funds.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2020

..... continued

#### 2.12.Incoming resources

Income represents the total of grants, donations and fundraising activities related to the year.

Income is received by way of donations, gifts, grants and fund-raising events and are included in full in the Statement of Financial Activities as soon as they are received. Income collected from fund-raising events is included in the Statement of Financial Activities as soon as it is credited in the bank. Donations, legacies and gifts are shown as other income in the Statement of Financial Activities.

Bank interest received is included in the Statement of Financial Activities as soon as it is credited to the bank account.

All income arose in Ireland.

<b>Grant Funding</b>	<b>2020</b>	<b>2019</b>
	<b>€</b>	<b>€</b>
Annual HSE Grant Aid Agreement - Section 39 - Older Persons Services	23,976	23,976
Pobal - Scheme to Support National Organisations (SSNO)	90,000	87,889
	<u>113,976</u>	<u>111,865</u>

The HSE grant is an annual recurring grant for the delivery of specific services (information, representation, research support, submissions, collaboration) detailed in a grant aid agreement.

The Pobal grant is a three year (2019-2022) grant for the delivery of specific services (advocacy, research and policy development, networking, specialist support, information provision) detailed in a grant aid agreement.



## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2020

..... continued

Projects	2020 €	2019 €
Carers Week	7,235	13,181
National Lottery (Various Publications)	5,900	-
HRB Research	-	5,767
Carers Engage	5,262	-
CFI - Online Carers Support	10,000	-
Research Seminar	-	5,070
University of Limerick	4,350	4,350
Erasmus (Caring4Carers)	2,537	4,910
DAF Friendsourcing Project	-	41,141
	<u>35,284</u>	<u>74,419</u>

Membership Fees, contained in other income, are recognised in the Statement of Financial Activities of the year in which they are receivable

#### Expenditure

All expenditure is charged in the period to which it relates.

#### 2.13.Taxation

The company is exempt from taxation due to its charitable status CHY No. 14644.

#### 2.14.Reserves

Best practice requires that the company make a provision for a contingency fund. The Board of Directors has set a reserves policy which aims for reserves be maintained at a minimum of 4 months' expenditure based on the previous year's audited accounts.

#### 2.15 Deferred Income Policy/ Income Recognition

The charity recognised deferred income where the terms and conditions have not been met or uncertainty exists as to whether the charity can meet the terms or conditions otherwise within its control, income is then deferred as a liability until it is probable that the terms and conditions imposed can be met. Some of the grants received are subject to performance related conditions or time periods. When these performance related or other conditions are met the deferred income is released to and recognised as income in the statement of financial activities.

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2020**

..... continued

#### **2.16 Investment Policy**

The Board's policy is to keep significant surplus cash on short-term deposit providing a market rate of interest. The ongoing historically low interest rates for deposit accounts has continued to result in minimal investment income. The Board does not consider it prudent to place its surplus funds in other asset classes.

#### **2.17 Research and Development**

For the purposes of reporting, no material research and development, as understood under accounting rules, has taken place in 2020.

#### **2.18 Other matters**

No political donations were either made or received in 2020. No financial or other fiduciary transactions with directors took place in 2020.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2020

..... continued

#### 3. Resources Expended

This includes:	<b>2020</b>	<b>2019</b>
<b>Project Expenditure</b>	<b>€</b>	<b>€</b>
Carers Week	6,415	13,083
HRB Project	-	1,582
HRB Seminar	-	969
Newsletters	195	250
Seminars & Conferences	-	557
Publications	4,272	1,322
Membership Development Costs	-	18
DAF Friendsourcing Project	-	22,880
Learning4Carers Project	388	1,501
UL/PPI Project	148	-
Carers Engage	2,000	-
Research & Evaluation	870	-
CFI - Online Carers Support	21,757	-
<b>Total Project Expenditure</b>	<b>36,045</b>	<b>42,162</b>

#### Legal, Professional, Administration & Employment Costs

Wages & Salaries	92,264	106,361
Employer's PRSI Contributions	10,167	11,525
Staff Pension Costs	5,057	4,836
Board Development & Governance	194	951
Meetings	549	1,286
Rent	6,013	6,873
Insurance	1,296	1,283
HR Partnership Programme	1,231	1,531
Printing, Postage & Stationery	457	1,686
Telephone & Fax	772	1,332
Computer Costs	1,545	2,455
Travelling and subsistence	31	3,820
Accountancy & Payroll Fees	4,225	3,436
Audit & other professional fees	3,690	3,690
Other legal and professional	-	1,082
Bank Charges	118	166
Staff Development	2,867	1,007
Sundry Expenses	6	183

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2020

..... continued

#### Legal, Professional, Administration & Employment Costs (Continued)

	2020	2019
	€	€
Subscriptions	1,001	994
Depreciation	497	497
	<u>131,980</u>	<u>154,994</u>
<b>Total</b>	<u>168,025</u>	<u>197,156</u>

Due to the small size of the organisation it is not considered necessary or practical to detail support and or governance costs. As the organisation grows the board of directors will reconsider this approach.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2020

..... continued

#### 4. Employees

##### Number of employees

The average monthly numbers of employees (excluding the directors) during the year were:

	2020 Number	2019 Number
All employees	2	3

##### Employment costs

	2020 €	2019 €
Wages and salaries	92,264	106,361
Employers social insurance contributions	10,167	11,525
Pension costs	5,057	4,836
	107,488	122,722

Board Director's salary for 2020 was €Nil (2019 : €Nil).

The Board of Director's expenses for 2020 was €59 (2019 : €Nil)

The most senior staff member is the Executive Director. He was paid a whole-time equivalent salary of €67,649 (€54,119 based on four day per week employment in 2020) His total remuneration including Salary and Pension in 2020 was €57,782.

There were no employees whose salary was in excess of €70,000 and during the year no employee received total employee benefits, excluding employer pension, exceeding €70,000.

#### 5. Auditors Remuneration

	2020 €	2019 €
Statutory audit	3,690	3,690

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2020

..... continued

#### 6. Pension costs

Pension benefits for employees are met by payments to individual defined contribution Executive Pensions. Pension costs amounted to €5,057 (2019 - €4,836). The assets of the fund are held separately from the company in independently administered funds.

#### 7. Tangible assets

	<b>Fixtures, Furniture &amp; Fittings €</b>	<b>Office Equipment €</b>	<b>Computer Equipment €</b>	<b>Total €</b>
<b>Cost</b>				
At 1 January 2020	896	89	4,241	5,226
Additions	-	-	-	-
At 31 December 2020	896	89	4,241	5,226
<b>Depreciation</b>				
At 1 January 2020	896	89	2,874	3,859
Charge for the year	-	-	497	497
At 31 December 2020	896	89	3,371	3,362
<b>Net book values</b>				
At 31 December 2020	-	-	870	870
At 31 December 2019	-	-	1,367	1,367

# Care Alliance Ireland

## Notes to the Financial Statements for the year ended 31 December 2020

..... continued

### 8. Debtors: amounts falling due within one year

	2020 €	2019 €
Income Receivable	7,662	-
Prepayments	6,389	633
	<u>14,051</u>	<u>633</u>

Income receivable and prepayments have been stated at their recoverable amount.

### 9. Cash at Bank and in Hand

	2020 €	2019 €
Current Account	61,401	81,046
Deposit Accounts	18,303	18,301
	<u>79,704</u>	<u>99,347</u>

### 10. Creditors: amounts falling due within one year

	2020 €	2019 €
Pension	679	614
Other taxes and social security costs	3,007	2,991
Accruals	6,649	4,661
Deferred Income (a)	45,135	20,669
Provision - DAF Friendsourcing Project	-	32,779
	<u>55,470</u>	<u>61,714</u>

Other taxes and social security costs include:

PAYE & PRSI	<u>3,007</u>	<u>2,991</u>
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(a) The above deferred income comprise of monies received in respect of specific projects where the performance related tasks have not been completed at year end. See breakdown on note 16.

# Care Alliance Ireland

## Notes to the Financial Statements for the year ended 31 December 2020

..... continued

<b>11. Financial Instruments</b>	<b>2020</b>	<b>2019</b>
	<b>€</b>	<b>€</b>
<b>Financial Assets</b>		
Financial assets that are debt instruments measured at amortised cost	7,662	-
	<u>(7,662)</u>	<u>-</u>
<b>Financial Liabilities</b>		
Financial liabilities measured at amortised cost	(51,784)	(25,330)
At 31 December 2020	<u>(51,784)</u>	<u>(25,330)</u>

Financial assets measured at amortised cost comprise accrued income.

Financial liabilities measured at amortised cost comprise accruals and deferred income.

No transaction costs have been deducted.



## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2020**

..... continued

#### **12. Reserves**

The Board of Directors has set a reserves policy that reserves be maintained at four months' expenditure based on the previous year's audited accounts. This is to enable the organisation to be able to continue to trade for a period of time should there be a shock to key income streams as well as to enable the orderly wind down of the organisation, if necessary. The Organisation had reserves of €39,155 at 31 December 2020 and this was insufficient to meet the four months' expenditure requirement of its reserves policy

The Directors note that while the current level of reserves (two-and-a-half months) is not in keeping with the official policy, the policy itself remains adequate. The organisation is committed to attempting to gradually build up the reserves over the coming years by securing a modest level of additional unrestricted funding from a range of sources. This currently includes membership fees, consulting and management fees on once off projects. Restrictions placed by many funders make this a real challenge.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2020

..... continued

#### 13. Reconciliation of movements in funds

Closing Reserves allocated as follows:

	<b>Opening Surplus 01/01/20 €</b>	<b>2020 €</b>	<b>Closing Surplus 31/12/20 €</b>
Restricted Funds	(5,530)	(9,373)	(14,903)
Unrestricted Funds	45,163	8,895	54,058
	<u>39,633</u>	<u>(478)</u>	<u>39,155</u>

	<b>Opening Surplus 01/01/19 €</b>	<b>2019 €</b>	<b>Closing Surplus 31/12/19 €</b>
Restricted Funds	1,652	(7,182)	(5,530)
Unrestricted Funds	42,381	2,782	45,163
	<u>44,033</u>	<u>(4,400)</u>	<u>39,633</u>

#### 14. Donations and Legacy Income

As an organisation we do not engage in public fundraising. This is so as not to be competing with our member organisations, who generally have a more publicly compelling case for such donations.

It is our view that we are unlikely to receive legacy income. For this reason, we do not currently have a legacy income policy. We did receive a significant donation from the Carolan Research Trust in 2019 and this has prompted the board to consider preparing a donation policy in 2021

#### 15. Donated Facilities/Goods/Services Policy

It is our view that the level of such services is small overall, and as such does not warrant a policy. We will keep this under review as one of our projects does currently involve intensive volunteering by a large number of people.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2020

..... continued

#### 16 Deferred Income

This includes:

	2020	2019
Carers week	10,000	16,632
Community Foundation of Ireland	33,135	-
Miscellaneous Income	2,000	
HSE W grant	-	500
National Lottery - Publications	-	1,000
Erasmus + project	-	2,537
	<u>45,135</u>	<u>20,669</u>

The balance is made up of €33,135 received for the 2021 family carers online support project, €10,000 received from 2019 for Carers Week and €2,000 is deferred for providing supports to a third party.

During the financial year €6,632 of the 2019 deferred income for Carers Week was spent on preparing for the 2020 Carers week, as was the €500 received from the HSE. A further €10,000 2019 deferred income (carers week) was deferred to 2021 for use in carers week. The deferred income from the National lottery was spent on publishing the 2020 Way Ahead, while the Erasmus project income was also released into income during the financial year.

#### 17. Capital commitments

The company had no capital commitments at 31 December 2020.

#### 18. Contingent liabilities

As outlined, the company has received government grants for revenue purposes. Should these grants not be used for the purpose specified, the grants will become repayable in whole or in part.

As at the 31 December 2020 Care Alliance Ireland estimates that there is no amount due for repayment.

## Care Alliance Ireland

### Notes to the Financial Statements for the year ended 31 December 2020

..... continued

#### 19. Related Party Transactions

The company has a policy of reimbursing directors for travel and other approved and legitimate expenses incurred during the course of carrying out their duties. During the year ended 31 December 2020 the total expenses reimbursed amounted to €487 and this amount was reimbursed to 2 directors and the Executive Director of Care Alliance Ireland (2019: €1,331). No other related party transactions took place during the year.

#### 20. Principal risks and uncertainties

The ongoing effect of Covid-19 presents risks for our economy, society and by association our organisation. However, our directors have not identified any material risks to our operations and financial stability for 2021. No impairments on assets or receivables are expected. Indeed, during 2020 we were able to take advantage of new funding opportunities to deliver new online supports and services which will result in a significant increase in income in 2021/2022.

#### 21. Ultimate parent undertaking

The company is controlled by its Members and the Board of Directors.

#### 22. Post Balance Sheet events

There have been no significant events affecting the company since the year-end.

#### 23. Key management personnel compensation

There was no compensation paid to key management personnel during the year ended 31 December 2020. Key management are considered to be the Board of Directors.

#### 24. Analysis of changes in net funds

	Opening balance €	Cash flows €	Closing balance €
Cash at bank and in hand	99,347	(19,643)	79,704
Net funds	<u>99,347</u>	<u>(19,643)</u>	<u>79,704</u>

## **Care Alliance Ireland**

### **Notes to the Financial Statements for the year ended 31 December 2020**

..... continued

#### **25. The Department of Rural and Community Development**

Care Alliance Ireland received grant funding from The Department of Rural and Community Development, for the period from 1st July 2019 to 30th June 2022. The grant is for the Scheme to Support National Organisations (SSNO). The total monies that will be awarded in respect of the grant are up to €270,000 of which €90,000 was in respect of the current year.

The grants have been awarded to assist with staffing and core overhead costs and are not capital in nature.

Care Alliance Ireland have obtained an up to date Tax Clearance Certificate and are in compliance with the relevant circulars, including circular 44/2006.

**Care Alliance Ireland**

**Detailed Income and Expenditure Account  
for the year ended 31 December 2020**

**Supplementary information relating to the financial statements,  
not forming part of the audited financial statements**

## Care Alliance Ireland

### Detailed Trading Income and Expenditure Account for the year ended 31 December 2020

	2020 €	2020 €	2019 €	2019 €
<b>Incoming Resources</b>				
Annual HSE Grant Aid Agreement - Section 39 - Older Persons Services		23,976		23,976
Dept. of the Environment, Community & Local Government		90,000		87,889
Membership Fees		1,400		1,275
Donations		5,702		-
DAF Friendsourcing Project		-		41,141
National Lottery (Various Publications)		5,900		-
HRB Research		-		5,767
Research Seminar		-		5,070
Carers Engage		5,262		-
CFI - Online Carers Support		10,000		-
University of Limerick		4,350		4,350
Erasmus (Caring4Carers)		2,537		4,910
Carers Week		7,235		13,181
Other Income		11,183		5,180
		<u>167,545</u>		<u>192,739</u>
<b>Resources Expended</b>				
Wages and salaries	92,264		106,361	
Employer's PRSI contributions	10,167		11,525	
Staff pension costs	5,057		4,836	
Board Development & Governance	194		951	
Meetings	549		1,286	
Rent	6,013		6,873	
Insurance	1,296		1,283	
HR Partnership Programme	1,231		1,531	
UL/PPI Project	148		-	
CFI - Online Carers Support	21,757		-	
Printing, postage and stationery	457		1,686	
Newsletters	195		250	
Seminars & Conferences	-		557	
Publications	4,272		1,322	
Telephone	772		1,332	
Computer costs	1,545		2,455	
Carers Week	6,415		13,083	
Membership Development Costs	-		18	
HRB Project	-		1,582	
HRB Seminar	-		969	
Travelling and subsistence	31		3,820	

## Care Alliance Ireland

### Detailed Trading Income and Expenditure Account for the year ended 31 December 2020

	2020 €	2020 €	2019 €	2019 €
DAF Friendsourcing Project	-		22,880	
Research & Evaluation	870		-	
Other legal and professional	-		1,082	
Learning4Carers Project	388		1,501	
Accountancy & Payroll fees	4,225		3,436	
Audit fees	3,690		3,690	
Bank charges	118		166	
Staff Development	2,867		1,007	
Carers Engage	2,000		-	
Sundry expenses	6		183	
Subscriptions	1,001		994	
Depreciation Computer Equipment	497		497	
	<u>          </u>	<u>(168,025)</u>	<u>          </u>	<u>(197,156)</u>
		(480)		(4,417)
 Bank deposit interest	 <u>2</u>		 <u>17</u>	
		<u>2</u>		<u>17</u>
<b>Net Deficit for the year</b>		<u><u>(478)</u></u>		<u><u>(4,400)</u></u>